

Quarantine Timelines

(subject to change at discretion of medical director as KDHE/CDC guidelines change)

Positive Case

- If asymptomatic, patient will be isolated for a minimum of 10 days from the test date.
- If symptomatic, patient will be isolated for a minimum of 10 days from the start of symptoms.
- If patient requires ICU care or is severely immunocompromised, isolation will be a minimum of 20 days from symptom start date.
- Patient must also be afebrile (without the use of a fever-reducing medicine) for at least 72 hours and must have improvement of other symptoms before release.

Non-Household Contact of a Positive Case

- Defined as someone who was within 6 feet of positive case for **15 minutes or longer** (cumulatively within a 24-hour period) without the use of masks by both parties. A positive case is considered infectious for 2 days before the onset of the first symptom or 2 days before the test date if the positive case is asymptomatic.
- Contact must quarantine per following guidelines:
 - If remains asymptomatic:
 - May test on or after day 6 for release after day 7
 - If chooses not to test, will release after day 10
 - If becomes symptomatic:
 - Recommended to test. If positive, will follow above guidelines.
 - If chooses not to test, will quarantine for 10 days from the start of symptoms.

Household Contact of a Positive Case

- Defined as someone who lives at the same address as a positive case. Staying in a separate area of the house or in the basement does **NOT** exclude a person as a household contact.
- Contact must quarantine per following guidelines:
 - Must quarantine with the household contact while he/she is in isolation (10+ days) plus:
 - If remains asymptomatic:
 - **May test on or after day 2 for release after day 3 (no sooner than day 13)**
 - **If chooses not to test, will release after day 5 (no sooner than day 15)**
 - If becomes symptomatic:
 - Recommended to test. If positive, will follow above guidelines.
 - If chooses not to test, will quarantine a minimum of 10 additional days based on symptoms and household contact symptom start date (no sooner than day 20)

Exceptions:

- PRIOR COVID INFECTION:
 - Contacts with PCR or antigen evidence of previous infection within the 6 months prior to exposure do not need to quarantine as long as asymptomatic.
 - Positive antibody testing does **NOT** count as evidence of prior infection.
 - These contacts will be advised to mask in indoor public settings for 14 days after their last exposure.
 - Vaccinated contacts will be offered testing at regular intervals as recommended by CDC/KDHE (currently 3-5 days after exposure and again at 7-10 days after exposure).
 - If contact becomes symptomatic, contact will be advised on testing/quarantining per above guidelines.

- VACCINATED INDIVIDUALS:
 - If contact has completed a vaccine series and is at least 14 days out from the last shot of the series, he/she does not need to quarantine as long as remaining asymptomatic.
 - If contact becomes symptomatic, contact will be advised on testing/quarantining per above guidelines.
 - These contacts will be advised to mask in indoor public settings for 14 days after their last exposure.
 - Vaccinated contacts will be offered testing at regular intervals as recommended by CDC/KDHE (currently 3-5 days after exposure and again at 7-10 days after exposure).
 - If contact is partially vaccinated or less than 14 days out from the last shot of the series, he/she will be required to quarantine as described above.