

November

2021 PHS

menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>This institution is an equal opportunity provider.</p>	<p>Happy National Stuffing Month</p> 			<p>Daily choices include Main dish, Hamburger, Pizza, Chick sand, grilled, hot, spicy, brd Chicken Nuggets, Burrito, Corn Dog, daily vegies & condiments</p>
<p>1. BBQ Pork Nachos Cheese Sauce Baked Beans Cole Slaw Fruit Milk</p>	<p>2. Spaghetti Mixed Green Salad Green Beans Fruit Garlic Roll Milk</p>	<p>3. Chili Frito Pie Crackers Seasoned Corn Fruit Milk</p>	<p>4. Chicken Nuggets Honey Mustard Dip Steamed Carrots Steamed Broccoli Hot Roll Fruit Milk</p>	<p>5. <u>National Chinese Take-out Day</u> Chicken Stir Fry Veggies Rice Cherry Tomatoes Spiced Apples Fortune Cookie Milk</p>
<p>8. Redskin Café' Backyard Griller Bacon Cheeseburger French Fries Lettuce/Tomato/pickle Grapes Milk</p>	<p>9. Cheesy Nachos Lettuce/Tomato Salsa Beans Fruit Milk</p>	<p>10. Meatloaf Mashed Potatoes/gravy Seasoned Corn Fruit Hot Roll Milk</p>	<p>11. Deli Sub Sandwich Carrots w/ dip Sand. Salad Cup Baked Chips Juice Milk</p>	<p>12. Chicken & Noodles Steamed Broccoli Peas & Carrots Crackers Fruit Milk</p>
<p>15 Chicken Nuggets Mashed Potatoes Gravy Steamed Broccoli Fruit Hot Roll Milk</p>	<p>16. <u>National Fast Food Day</u> Corn Dog Beans Carrot Stix w/ dip Fruit Milk</p>	<p>17. <u>Homemade Bread Day</u> Turkey & Dressing Cranberry Sauce Mashed Potatoes Green Beans Hot roll Strawberries Ice Cream Cup Milk</p>	<p>18. Chicken Philly Sandwich Sandwich Veggies French Fries Apple Slices Milk</p>	<p>19. BBQ Sandwich. Baked Chips Pickle Spears Cole Slaw Carrot Coins Fruit Milk</p>
<p>29. Pizza Romaine Salad Lite Ranch Celery Stix Fruit & Milk</p>	<p>30. Macaroni & Cheese Hot Roll California Blend Veggies Carrot stix/dip Fruit cup Milk</p>			

CHILL with crisp, cool veggies.

Monday: Cereal Bar, String cheese, juice, fruit, milk

Tuesday: Bacon, Egg, Croissant, juice, fruit, milk

Wednesday: Cinnamon Bun, juice, fruit, milk

Thursday: Waffle, ham slice, syrup, juice, fruit, milk

Friday: Sausage, gravy, Biscuit, juice, fruit, milk

Cereal, Berry Slice, Yogurt Parfait, Chicken Biscuit, Sausage Biscuit, Honeybun, Mini Donuts, Pop tart & yogurt, Cereal bar & String Cheese, juice, fruit, milk offered as daily breakfast choices

Daily Menu Subject to change due to supply chain issues.

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