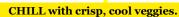
Movember

2021 PHS

menu

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.	Happy National Stuffing Month			Daily choices include Main dish, Hamburger, Pizza, Chick sand, grilled,hot,spicy,brd Chicken Nuggets, Burrito, Corn Dog, daily vegies & condiments
1.BBQ Pork Nachos Cheese Sauce Baked Beans Cole Slaw Fruit Milk	2. Spaghetti Mixed Green Salad Green Beans Fruit Garlic Roll Milk	3. Chili Frito Pie Crackers Seasoned Corn Fruit Milk	4. Chicken Nuggets Honey Mustard Dip Steamed Carrots Steamed Broccoli Hot Roll Fruit Milk	5. National Chinese Take-out Day Chicken Stir Fry Veggies Rice Cherry Tomatoes Spiced Apples Fortune Cookie Milk
8. Redskin Café' Backyard Griller Bacon Cheeseburger French Fries Lettuce/Tomato/pickle Grapes Milk	9. Cheesy Nachos Lettuce/Tomato Salsa Beans Fruit Milk	10. Meatloaf Mashed Potatoes/gravy Seasoned Corn Fruit Hot Roll Milk	11. Deli Sub Sandwich Carrots w/ dip Sand. Salad Cup Baked Chips Juice Milk	12. Chicken & Noodles Steamed Broccoli Peas & Carrots Crackers Fruit Milk
15 Chicken Nuggets Mashed Potatoes Gravy Steamed Broccoli Fruit Hot Roll Milk	16. <u>National Fast</u> <u>Food Day</u> Corn Dog Beans Carrot Stix w/ dip Fruit Milk	17. Homemade Bread <u>Day</u> Turkey & Dressing Cranberry Sauce Mashed Potatoes Green Beans Hot roll Strawberries Ice Cream Cup Milk	18. Chicken Philly Sandwich Sandwich Veggies French Fries Apple Slices Milk	19.BBQ Sandwich. Baked Chips Pickle Spears Cole Slaw Carrot Coins Fruit Milk
29. Pizza Romaine Salad Lite Ranch Celery Stix Fruit & Milk	30. Macaroni & Cheese Hot Roll California Blend Veggies Carrot stix/dip Fruit cup Milk	THANKS:	Happy Thanksgiving! To You And Your Family	grateful thankful blessed





Monday: Cereal Bar, String cheese, juice, fruit, milk Tuesday: Bacon, Egg, Croissant, juice, fruit, milk Wednesday: Cinnamon Bun, juice, fruit, milk Thursday: Waffle, ham slice, syrup, juice, fruit, milk Friday: Sausage, gravy, Biscuit, juice, fruit, milk

Cereal, Berry Slice, Yogurt Parfait, Chicken Biscuit, Sausage Biscuit, Honeybun, Mini Donuts, Pop tart & yogurt, Cereal bar & String Cheese, juice, fruit, milk offered as daily breakfast choices

Daily Menu Subject to change due to supply chain issues.

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