

2021 PJHS

menu

Monday

Tuesday

Wednesday

Thursday

Friday

This institution is an equal opportunity provider.







Daily choices include Main dish, Hamburger, Pizza, all daily vegies, fruits and condiments

5. National Chinese

1.BBQ Pork Nachos Cheese Sauce Baked Beans Cole Slaw Fruit Milk 2. Spaghetti Mixed Green Salad Green Beans Fruit Garlic Roll Milk

3. Chili Frito Pie Crackers Seasoned Corn Fruit Milk 4. Chicken Nuggets
Honey Mustard Dip
Steamed Carrots
Steamed Broccoli
Hot Roll
Fruit
Milk

Take-out Day
Chicken Stir Fry
Veggies
Rice
Cherry Tomatoes
Spiced Apples
Fortune Cookie
Milk

8. Redskin Café'
Backyard Griller
Bacon Cheeseburger
French Fries
Lettuce/Tomato/pickle
Grapes
Milk

9. Cheesy Nachos Lettuce/Tomato Salsa Beans Fruit Milk 10. Meatloaf Mashed Potatoes/gravy Seasoned Corn Fruit Hot Roll Milk 11. Deli Sub Sandwich Carrots w/ dip Sand. Salad Cup Baked Chips Juice Milk 12. Chicken &
Noodles
Steamed Broccoli
Peas & Carrots
Crackers
Fruit
Milk

15 Chicken Nuggets
Mashed Potatoes
Gravy
Steamed Broccoli
Fruit
Hot Roll
Milk

16. <u>National Fast</u>
<u>Food Day</u>
Corn Dog
Beans
Carrot Stix w/ dip
Fruit
Milk

17. Homemade Bread

<u>Day</u>
Turkey & Dressing
Cranberry Sauce
Mashed Potatoes
Green Beans
Hot roll
Strawberries
Ice Cream Cup
Milk

18. Chicken Philly Sandwich Sandwich Veggies French Fries Apple Slices Milk 19.BBQ Sandwich.
Baked Chips
Pickle Spears
Cole Slaw
Carrot Coins
Fruit
Milk

29. Pizza Romaine Salad Lite Ranch Celery Stix Fruit & Milk 30. Macaroni & Cheese Hot Roll California Blend Veggies Carrot stix/dip Fruit cup Milk







CHILL with crisp, cool veggies.



Monday: Cereal Bar, String cheese, juice, fruit, milk Tuesday: Bacon, Egg, Croissant, juice, fruit, milk Wednesday: Cinnamon Bun, juice, fruit, milk Thursday: Waffle, ham slice, syrup, juice, fruit, milk Friday: Sausage, gravy, Biscuit, juice, fruit, milk

Cereal, Yogurt Parfait, Chicken biscuit, Sausage Biscuit, Honeybun, Pop tart & yogurt, Cereal bar & String Cheese, juice, fruit, milk offered as daily breakfast choices

Daily Menu Subject to change due to supply chain issues.

©Learning ZoneXpress • 1.888.455.7003 • www.learningzonexpress.com