

October 25, 2021

A Proud Past, **A Promising Future**

"There are moments when troubles enter our lives and we can do nothing to avoid them. But they are there for a reason. Only when we have overcome them will we understand why they were there." --Paulo Coelho, The Fifth Mountain

MONDAY, OCTOBER 25 - REPORT CARDS ISSUED PRE-ACT TESTING (10th Graders – 2nd Year HS Students)

Breakfast -Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

TUESDAY, OCTOBER 26

Breakfast –Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

Tennis @ Lower Richland – 5 p.m.

WEDNESDAY, OCTOBER 27 STUDENT EARLY RELEASE (1:05 p.m.)

Breakfast -Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

THURSDAY, OCTOBER 28

Breakfast -Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

JV Football @ Chesnee – 7 p.m.

FRIDAY, OCTOBER 29

Breakfast -Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk • Varsity Football vs. Chesnee – 7:30 p.m.

SATURDAY, OCTOBER 30

- Cheer @ Colonial Life Arena (Debbie Rogers Classic)
- Band State Finals @ Spring Valley High School

Good News

Congratulations to Emily & Erica Davis! Emily is the MCHS Newberry County Exchange Club Youth of the Month for September 2021 and Erica is the MCHS Newberry County Exchange Club Youth of the Month for October 2021. They were recognized at the Newberry County Exchange Club meeting on Tuesday, October 19.

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Opcoming Events

2021-2022 ACT Test @ MCHS December 11, 2021 February 12, 2022 April 2, 2022 July 16, 2022

2021-2022 SAT Test @ MCHS November 6, 2021 December 4, 2021 March 12, 2022 May 7, 2022 June 4, 2022



Parent Teacher Conferences will be held on Monday, November I from 12:00 PM - 7:30 PM. All meetings will be held by appointment only and can be done either in person or virtually.

Any parent wishing to meet with a teacher will need to sign up for a 10 minute time slot in advance. Once you sign up for a time, you will need to access the Google Meet link on November I at your designated time if the meeting is virtual. This link will be provided once your sign-up is confirmed.

If you would like to meet face to face, then parent/guardian(s) are asked to be present and on-time at the teacher's classroom during the time slot chosen. Face to face conferences will be by appointment only so we can manage the number of people in our buildings. Parents that come to our building for conferences will be required to wear a mask since they are visitors in our buildings.

If you have any questions about the sign-up process, please contact Ms. Felker (jfelker@newberry.k12.sc.us) or your child's teacher.

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Join Us Friday, October 29th, 2021 for Best MCHS Student Halloween Costume Categories: DIY, Scariest, Funniest, Best Couple / Group Students will be judged during each lunch.

** Please follow the school dress code and no mask**



..... SENIOR YEARBOOK PICTURE "LAST CALL"



We have scheduled a "LAST CALL" for senior yearbook pictures on Wednesday, November 10, 2021. You will need to schedule a time with us in the main office. Start time is 9 a.m. and will be in 15-minute intervals. Pictures will be taken in room 312.

DON'T MISS YOUR OPPORTUNITY TO BE IN THE YEARBOOK!

> MCHS 2021-2022 Underclassmen Picture Make-up Day

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Monday, November 15, 2021

..... DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

GRANDILOQUENT high sounding, pompous IMPERISHABLE to last forever, enduring м IMPLACABLE relentless, not capable of being appeased IMPLORE to beg, to besech T Ŵ IMPOVERISHED poor, destitute, lacking in material resources IMPREGNABLE invulnerable, cannot be assailed IMPROMPTU done without preparation, on the spur of the moment INCENSE to make very angry T F INCESSANT continual, unceasing INCONTROVERTIBLE indispensable, not open to question

Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities



Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

The Power of a Positive Educator

When I think about the teachers who made a difference in my life I realize they were all positive. Mrs. Liota smiled every day and made me feel loved. Coach Caiazza believed in me while Mr. Ehmann encouraged me to be my best. Years later as I think about the impact these teachers had on my life it's clear that being a positive educator not only makes you better it makes everyone around you better. Positive educators have the power to transform lives and inspire young minds to believe they can and will change the world. In this spirit here are seven ways we can all choose to be a positive educator.

I. Be Positively Contagious-Research shows that emotions are contagious. Sincere smiles, kind words, encouragement and positive energy infect people in a positive way. On the flip side your students are just as likely to catch your bad mood as the swine flu. So each day you come to school you have a choice. You can be a germ or a big dose of Vitamin C. When you choose to be positively contagious your positive energy has a positive impact on your students, your colleagues and ultimately your school culture. Your students will remember very little of what you said but they will remember 100% of how you made them feel. I remember Mrs. Liota and her smile and love and it made all the difference.

2. Take a Daily Thank you Walk-It's simple, it's powerful, and it's a great way to feed yourself with positivity. How does it work? You simply take a walk... outside, in a mall, at your school, on a treadmill, or anywhere else you can think of, and think about all the things, big and small, that you are grateful for. The research shows you can't be stressed and thankful at the same time so when you combine gratitude with physical exercise, you give yourself a double boost of positive energy. You flood your brain and body with positive emotions and natural antidepressants that uplift you rather than the stress hormones that drain your energy and slowly kill you. By the time you get to school you are ready for a great day.

3. Celebrate Success – One of the simplest, most powerful things you

can do for yourself and your students is to celebrate your daily successes. Instead of thinking of all things that went wrong at school each day focus on the one thing that went right. Try this: Each night before you go to bed think about the one great thing about your day. If you do this you'll look forward to creating more success tomorrow. Also have your students do this as well. Each night they will go to bed feeling like a success and they will wake up with more confidence to take on the day.

4. Expect to Make a Difference – When positive educators walk into their classroom they expect to make a difference in their student's lives. In fact, making a difference is the very reason why they became a teacher in the first place and this purpose continues to fuel them and their teaching. They come to school each day thinking of ways they can make a difference and expecting that their actions and lessons will lead to positive outcomes for their students. They win in their mind first and then they win in the hearts and minds of their students.

5. Believe in your students more than they believe in themselves - I tried to quit lacrosse during my freshman year in high school but Coach Caiazza wouldn't let me. He told me that I was going to play in college one day. He had a vision for me that I couldn't even fathom. He believed in me more than I believed in myself. I ended up going to Cornell University and the experience of playing lacrosse there changed my life forever. The difference between success and failure is belief and so often this belief is instilled in us by someone else. Coach Caiazza was that person for me and it changed my life. You can be that person for one of your students if you believe in them and see their potential rather than their limitations.

6. Develop Positive Relationships -Author Andy Stanley once said, "Rules without relationship lead to rebellion." {Tweet That} Far too many principals share rules with their teachers but they don't have a relationship with them. And far too many teachers don't have positive relationships with their students. So what happens? Teachers and students disengage from the mission of the school. I've had many educators approach me and tell me that my books helped them realize they needed to focus less on rules and invest more in their relationships. The result was a dramatic increase in teacher and student performance, morale and engagement. To develop positive relationships you need to enhance communication, build trust, listen to them, make time for them, recognize them, show them you care through your actions and mentor them. Take the time to give them your best and they will give them your best.

7. Show you Care - It's a simple fact. The best educators stand out by showing their students and colleagues that they care about them. Standardized test scores rise when teachers make time to really know their students. Teacher performance improves when principals create engaged relationships with their teachers. Teamwork is enhanced when educators know and care about one another. Parents are more supportive when educators communicate with their student's parents. The most powerful form of positive energy is love and this love transforms students, people and schools when it is put into action. Create your own unique way to show your students and colleagues you care about them and you will not only feel more positive yourself but you will develop positive kids who create a more positive world.

- Jon Gordon



Mid-Carolina High School

Volume 10, Issue 7

October 25, 2021

Important Dates

10/25	Report Cards Issued
10/25	Pre-ACT
10/25	Virtual SIC Meeting
10/27	Student Early Release
11/1	Parent Teacher Conferences (12 p.m.—7:30 p.m.) No School for Students
11/6	ACT
11/15	Underclassmen Picture Make- Up Day
11/15	Virtual SIC Meeting
11/16	Class Ring Delivery
11/19	ASVAB
11/22	Interim Reports Issued
11/24- 11/26	THANKSGIVING HOLIDAYS SCHOOLS/OFFICES CLOSED
12/4	SAT
12/8	Student Early Release
12/16	Exams
12/17	Exams Half Day for Students End of 2nd Nine Weeks
12/20- 12/31	WINTER HOLIDAYS SCHOOLS/OFFICES CLOSED
1/3	TEACHER PLANNING & PREPARATION (NO STUDENTS)
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FACULTY FUND Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.	
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