

Lake Placid Elementary School

Head Injury Notification to Parent

Date

To Parents/Guardians:

Today, your child sustained a head injury at school today and was seen in the school health office. At that time, your child did not experience any problems. However, problems related to a head injury may not always occur right away. In some instances, the signs of concussion do not become obvious until several hours or even days after the injury. If you see any of the symptoms listed below, contact your healthcare provider immediately. Be sure to inform them that your child recently sustained a head injury.

Common Signs and Symptoms:

- Sleep problems, difficulty falling asleep or awakening. Fatigue.
- Nausea and/or vomiting
- Headache-especially one that increases with intensity
- Mental confusion, memory loss, Behavior changes
- Bleeding or discharge from the ear
- Double vision, blurred vision, or pupils of different sizes
- Weakness, loss of muscle control, numbness of arms or legs or trouble with walking
- Breathing irregularly, or dizziness
- Convulsions, seizure activity.

Please call the school's Health Office if you have any questions or concerns.

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