

Wall ISD
School Health Services

Dear Parent/Guardian:

Our school will do spinal screenings for: **5th grade girls on November 8th 2022.**

State law requires that schools must screen students for abnormal spinal curvature in accordance with the following schedule:

- Girls will be screened two times once at fall semester of 5th grade (or age 10) and again at fall semester of 7th grade (or age 12).
- Boys will be screened one time at fall semester of 8th grade (or age 13 or 14).

Trained screeners will check your child for signs of spinal problems like scoliosis.

Catching a spinal problem early can make the treatment much easier. Not treating spinal problems can lead to serious health problems.

The screening is simple. Screeners will look at your child's back while he or she stands and bends forward.

Some recommendations for screening:

- Students should wear comfortable, elastic waist shorts or pants for the exam
- Girls should wear a sports bra or a two-piece swimsuit top underneath their shirt on exam day.
- It is recommended that they remove their shirt for the screening. Two adults will be present for the screening.
- Boys and girls will be screened separately and one at a time.

The school will notify you if your child does not pass the screening. The referral letter then sent home will tell you how to follow up with a doctor.

This screening is not a medical exam. Your child still needs to see a doctor for checkups.

If you do not wish to have your child screened for religious reasons, **you must notify the office no later than Monday November 7, 2022**