

Tioga FCCLA "Explore the Kitchen" One-Day Cooking Camp

Do you love to spend time in the kitchen? Are you afraid of spending time in the kitchen? Do you love to eat? Then this one-day "Explore the Kitchen" cooking camp is for you! Six hours of kitchen fun!

By the end of the cooking camp, campers will have learned safety and sanitation guidelines, basic knife skills, proper cooking temperatures, basic seasonings, proper measuring techniques, and a little about the science of baking.

Best of all – they will learn how to wash dishes!!!



When: Friday June 8th

Time: 9am-3pm

Where: Tioga High School FACS Classroom

Who: Students who *completed* grades 4-6

Cost: \$50

Limit: 16 Students

Camp Schedule (subject to change)

9am-11am

Session 1

-Safety and Sanitation

-Knife Skills

****Make Salsa (fruit and veggie)**

-Kitchen Flavors

****Explore basic seasonings**

11am-12pm **Make Lunch**

-Individually seasoned

**Hamburgers and homemade
Mac & Cheese.**

12pm-1pm **Eat Lunch and Clean up**

1pm-3pm

Session 2

-Proper Measuring Techniques

-Science of Baking

****Learn about leavening agents**

****Make Scones**

To register or if you have questions call or text Sarah Carkuff at 701-509-6067.

Please have the information below ready when calling.

Students Name: _____ Grade (completed) _____

Parents Name: _____ Phone Number _____

****All Proceeds from FCCLA "Explore the Kitchen" Camp go towards sending FCCLA students to National FCCLA Conference June 28-July 2****