



May, 10, 2018

Dear Parents/Guardians,

In an effort to help identify and manage concussions among our young athletes, Boothbay Region Schools will be offering the ImpACT Concussion Management baseline testing for all 8th and 10th grade students. The 8th grade will be testing on Monday May 21st, the 10th grade will be testing the week of May 14th. Your 8th or 10th grade student should be bringing a letter home this week.

The ImpACT test is a computerized exam, set up in a video game format. The test takes approximately 30- 45 minutes to complete. It tracks information such as memory, reaction time, speed, and concentration. Essentially the ImpACT test is a preseason physical of the brain, it is not an IQ test. This service is offered free of charge to all students.

As part of a concussion policy aimed at protecting the health and safety of all students, this baseline testing is mandatory for participation in any school-sponsored sport. It is optional for non-athlete students but highly encouraged. We plan on offering this test during the school day over the next few weeks.

While these tests are optional, we strongly recommend that all students be baseline tested. **If you would like to decline testing for your student please complete and return the form below.** If your student chooses to participate in a school sport they will need to make arrangements to take the ImpACT baseline test before they are allowed to play.

If you have any questions or concerns about ImpACT testing or the BRHS concussion policy, please don't hesitate to call the school nurse, Kate Schwehm 633-9814.