

AR  
Hardin Elementary School (White Hall School District)  
700 Schoolwood Drive  
Redfield AR 72132  
501-397-2450

**Health and Wellness School Improvement Priority**

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**Section I: School Information**

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<b>School Name:</b>	M.A. Hardin Elementary School
<b>School LEA Number:</b>	3500178

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**School Year: 2022-2023**

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**Section II: Needs Assessment****School Health Index Assessment**☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Hard535152
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**Reviewer Comments:**

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**Body Mass Index (BMI)**

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**Develop a brief narrative of student BMI trends based on the analysis of the data.**

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**Additional Health Data** (Optional)

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**Develop a brief narrative of other health and wellness data.** (Optional)

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**Reviewer Comments:**

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### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

**These checkboxes are required.**

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.
  - ☒ The LEA has implemented space in the facility to accommodate breastfeeding mothers **(AR Code §6-18-719)**.
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#### Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

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##### Goal 1 Measurable Objective

Lunch Menus are reviewed by Patsy Garner to insure they meet federal and state nutritional guidelines in the school's cafeteria. The menus are reviewed by appropriate stakeholders to ensure that they meet those guidelines at the school level.

Grade appropriate education is implemented at all grades of the school. Nutritional education is provided throughout the year during the health period at each grade level. This education is provided at appropriate times throughout the year according to Arkansas standards.

100% of Hardin students will engage in nutrition education once per month during the classroom Health instructional period during the 2023-2024 school year. This will be reviewed by classroom observations and lesson plans.

The school has provided a space in the facility to accomodat breastfeeding mothers.

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##### Goal 1 Activities

Activity	Person Responsible	Timeline
Review Lunch Menus	Patsy Garner	Quarterly
Insure Compliance with state and federal guidelines.	Patsy Garner	Quarterly
Grade level appropriate Health instruction at each grade level.	Jeff Glover	Weekly/Daily
Implements Health instruction according to AR Health Standards in the classroom.	Betsy McCarty	Weekly/Daily

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##### Reviewer Comments:

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#### Topic 2: Coordination and Implementation of Physical Activity and Education for Students

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##### Goal 2 Measurable Objective

Physical Education is provided for each student at 100 minutes per week. The state requirment is 40 minutes per week. Hardin Elementary and WHSD exceeds the requirement by 60 minutes during two

sessions of P.E. per week. Supervised physical activity is scheduled for each grade level 40 minutes daily. The physical activity is schedule in two 20 minute sessions. All students are given the opportunity to participate and we expect 100% of our students to participate during this period. We will know that this is accomplished by not allowing instructors to use this time for make up assignments or disciplinary measures and making sure tha these times are always available to students within our school schedule.

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**Goal 2 Activities**

Activity	Person Responsible	Timeline
Physical Education is required and is scheduled per state guidelines.	Jeff Glover	Daily/Weekly
Physical Activity is scheduled and accessed by each grade level.	Jeff Glover	Daily
Implement P.E. standards according to AR state standards.	Betsy McCarty/Jeff Glover	Daily
Insures that district policy is in compliance with state guidelines regarding P.E. and physical activity.	Debbie Jones	Yearly

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**Reviewer Comments:**

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**Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students**

**(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)**

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**Goal 3 Measurable Objective**

By reviewing the SHI for 2022-2023 we have found that we will focus on the following areas:

Module 3-

To prohibit exemptions and waivers from the P.E. classroom. We do this know but have a formal statement and communicate this process with stakeholders.

To provide timely and meaningful professional development for P.E. staff. We have been addressing this and will continue to do so.

Module 6- To add a fulltime counselor postion. This has been addressed and will be in place for the 2023-2024 school year.

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**Goal 3 Activities**

Activity	Person Responsible	Timeline
Prohibit exemptions and waivers	Betsy McCarty	2023-2024 School Year
Provide meaningful PD for PE Staff	Debbie Jones	2023-2024 School Year
Provide full time counseling services for the campus.	Jeff Glover	2023-2024

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**Reviewer Comments:**

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**Topic 4: Inclusion of School-wide Health Related Professional Development**

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**List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):**

Session Title	Trainer/Organization	Session Duration
Captureing Kids Hearts	Staff	6 HR
Understanding Mental Health	Blue Cross	3HR
SHAPE AR Training for Phys. Ed.	TBD	12 HR

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**Reviewer Comments:**

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**Topic 5: Inclusion of Built Environment Strategies**

**In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:**

The following spaces and areas are provided on campus for the benefit of students.

-A safe room/P.E. building in use on campus for all PE classes. All students have access to the facility that allows for meaningful activity.

-We have numerous pieces of playground equipment that students use daily.

-Students have access to basketball goals, soccer goals, 4 square, and a marked area for football and kickball. The staff keeps balls for these games and hula hoops and jump ropes are available for students during physical activity.

-We have a courtyard that staff and students help maintain and students have access when weather is available.

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**Reviewer Comments:**

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**Reviewer Response:**

☒ ADE Reviewed

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**Reviewer Comments:**

No revisions are needed at this time. Proceed to the Submissions Tab and click the submit button in order to complete the submissions process. Thank you, SW 4/14/23