

AR
Hardin Elementary School (White Hall School District)
700 Schoolwood Drive
Redfield AR 72132
501-397-2450

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	M.A. Hardin Elementary
School LEA Number:	3500178

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Hard535152
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Reviewer Comments:

In the future, please keep in mind that at least 2 actions are required when completing the SHI. SW 4/13/2

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

Overall, BMI classification results for Hardin Elementary School show:

Approximately 22.31% of all children measured were in the overweight category. This is a 5.13% increase from the previous school year.

Approximately 22.6% of all children measured were identified as obese. This is a 2.6% increase from the previous school year.

Female students were 47.62% Healthy Wt.; 21.1% Obese; 23.6% Overweight

Male students were 54.5% Healthy Wt.; 23.9% Obese; 20.02% Overweight

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.
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Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

Lunch Menus are reviewed by Patsy Garner to insure they meet federal and state nutritional guidelines in the school's cafeteria. The menus are reviewed by appropriate stakeholders to ensure that they meet those guidelines at the school level.

Grade appropriate education is implemented at all grades of the school. Nutritional education is provided throughout the year during the health period at each grade level. This education is provided at appropriate times throughout the year according to Arkansas standards.

100% of Hardin students will engage in nutrition education once per month during the classroom Health instructional period during the 2021-2022 school year. This will be reviewed by classroom observations and lesson plans.

Goal 1 Activities

Activity	Person Responsible	Timeline
Review Lunch Menus	Patsy Garner	Quarterly
Insure compliance with state and federal guidelines.	Patsy Garner	Quarterly
Grade level appropriate Health instruction at each grade level.	Jeff Glover	Weekly/Daily
Implements Health instruction according to AR Health Standards in the classroom.	Betsy McCarty	Health/PE Teacher

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

Physical Education is provided for each student at 100 minutes per week. The state requirement is 40 minutes per week. Hardin Elementary and WHSD exceeds the requirement by 60 minutes during two sessions of P.E. per week.

Supervised physical activity is scheduled for each grade level 40 minutes daily. The physical activity is scheduled in two 20 minute sessions. All students are given the opportunity to participate and we expect 100% of our students to participate during this period. We will know that this is accomplished by not allowing instructors to use this time for make up assignments or disciplinary measures and making sure that these times are always available to students within our school schedule.

Goal 2 Activities

Activity	Person Responsible	Timeline
Physical Education is required and is scheduled per state guidelines.	Jeff Glover	Daily/Weekly
Physical Activity is scheduled and accessed by each grade level.	Jeff Glover	Daily
Implement P.E. standards according to AR state standards.	Betsy McCarty/Jeff Glover	Daily
Insures that district policy is in compliance with state guidelines regarding P.E. and physical activity.	Debbie Jones	Yearly

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

By reviewing the SHI for 2020-2021 we have found that we will focus on the following areas:

Module 4-

-Insure that healthy choices for snacks outside of the classroom are available.

-Communication & Collaboration between teaching staff and cafeteria staff regarding healthy meals and drink availability to students.

Module 6-

-Establish and communicate an effective referral system between counselor and teaching staff.

Goal 3 Activities

Activity	Person Responsible	Timeline
Insure healthy choices are available to students for snacks in the classroom where applicable.	Jeff Glover	Daily
Communication & Collaboration between teaching staff and cafeteria staff regarding healthy meals and drink availability to students.	Vicki Waits	Daily
Establish and communicate an effective referral system between counselor and teaching staff.	Amy Allen	Daily

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Guide For Life Training-SEL	Amy Allen	1 HR
Understanding Mental Health	Blue Cross	3 HR
SHAPE AR Training for Phys. Education	TBD	6 HR

Reviewer Comments:

Reviewer Response:

☒ ADE Reviewed

Reviewer Comments:

In the future, remember to include at least 2 actions are required within the SHI. In the future, this submission will be returned for the revisions per the comments provided in each section above. SW 4/13/22