

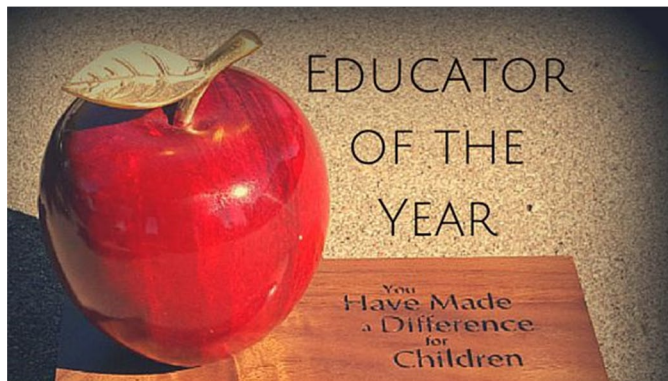
METUCHEN HIGH SCHOOL SHORTS

October 15, 2021

Student & Family Update

EDUCATOR OF THE YEAR NOMINATIONS

[Nominations](#) are now being accepted for Metuchen High School's Governor's Educator of the Year and Educational Services Professional of the Year. Please click on the hyperlink above to view the information that was shared by the district. All nominations are due to Mr. Porowski (either via email or by hard copy) by November 19, 2021.



MY CHILD IS QUARANTINED. NOW WHAT?

Metuchen School District's Road Forward Plan delineates when a student would be excluded from the school. Students are excluded if they are:

- COVID positive;
- Sick with multiple COVID symptoms (worse than baseline for chronic conditions – consult with school nurse);
- An unvaccinated close contact; or,
- Unvaccinated and have traveled out-of-the-tristate-area, per CDC guidelines.

A remote learning option is available only for students who are quarantined by the district or who have COVID-19.

Please review the district's [Quarantine Instruction Plan 2021-22](#) for more information on how instruction is established under these circumstances.

UP TO DATE ON SOCIAL MEDIA

STAY INFORMED! Follow Mr. Porowski on Twitter, Instagram, & TikTok...

MHSPorowski

SCHOOL PICTURES REMINDERS



ATTENTION: SENIORS!
IF YOUR SENIOR PORTRAITS HAVE ALREADY BEEN TAKEN, THE DEADLINE FOR YOU TO SELECT YOUR SENIOR PORTRAIT FOR THE YEARBOOK IS FRIDAY OCTOBER 22ND.

IF YOU DON'T CHOOSE BY THE DUE DATE, THE PHOTOGRAPHER WILL BE SELECTING YOUR YEARBOOK PORTRAIT FOR YOU!

Monday, October 25, 2021
Periods 1 & 2 in the Auditorium



Need a Retake?

Call PM Studios at 732-512-9644 and explain you would like to have your picture retaken.

Note: There may be a cost associated with your retake, depending on the reason.

Original pictures will need to be returned!

IMPORTANT DATES

| DATE(S) | EVENT(S) |
|---------|---|
| 10/21 | PT Council Meet the Candidates 7pm |
| 10/23 | ACT Testing |
| 10/25 | Picture Makeups |
| 10/26 | Board of Education Meeting 8pm |
| 10/28 | Winter Sports Physicals Tri-M Inductions |
| 10/29 | AP Registration & Payments Due |
| 10/31 | Sam Liss 5K Sponsored by BTCTE |
| 11/1 | MHS Early Dismissal 12:30pm Parent-Teacher Conferences |
| 11/2 | Election Day Staff Inservice Day |
| 11/3 | MHS Early Dismissal 12:30pm |
| 11/4-5 | NJEA Teachers Convention Schools Closed |
| 11/8 | PTO Meeting 7:30pm |
| 11/9 | Board of Education Meeting 8pm |
| 11/12 | First Marking Period Ends |
| 11/14 | MHS Hall of Fame Inductions |
| 11/20 | SAT I & II Testing |

THANK YOU!

Over the past few weeks, it has been very clear how each and every individual works together with one common purpose – supporting one another. This was evident through the collaboration and support shown during last week's Start Strong Assessments and this week's PSATs. It's not an easy feat to plan, implement, and accomplish these tasks. We'd like to specifically thank our front office staff, counselors, teachers, cafeteria workers, and custodial staff for helping to make the challenging days a success. Thank YOU for all of your cooperation, too! Your help (and patience) does not go unnoticed!

WINTER SPORTS PHYSICALS

IMPORTANT INFORMATION FOR ALL WINTER SPORTS ATHLETES!

Sports Physicals for Winter Sports Athletes will take place on **Thursday, October 28th in the Athletic Trainer's Office.**

If you are going to have a Sports Physical, **ALL COMPLETED PACKETS MUST BE SUBMITTED TO THE NURSE BY Monday, October 25th.**

Students can pick up a physical form from the Nurse's Office or find it on the High School Website. Go to the **Activities** tab and scroll down to **Athletics**. Next, click on Athletic Participation Form and print it out. Then, click on **Physical Athletics Packet** and print it out, too.

Physicals are valid for **365** days from the date of the examination and must be submitted directly to the school nurse.

ATTENTION PARENTS/GUARDIANS/STUDENT ATHLETES: If you choose to go to your own private physician (PMD), you are not cleared until the paperwork is reviewed by the school physician, as required by NJ state law. Sports Physicals completed by your PMD must be handed in to the school nurse **BY Monday, October 25th** to sign.

STATE REQUIREMENT: IF YOU CHOOSE TO USE YOUR PMD THEY ARE REQUIRED TO COMPLETE THE STUDENT-ATHLETE CARDIAC ASSESSMENT PROFESSIONAL DEVELOPMENT MODULE. YOUR PMD HAS TO HAVE COMPLETED THIS IN ORDER TO CLEAR YOUR CHILD FOR PARTICIPATION.

PARENT-TEACHER CONFERENCES

[Parent-Teacher Conferences](#) are quickly approaching. Information regarding conferences is available in the hyperlinked text above and on the school website. Please note that signups for conferences will begin on Monday, October 18th at 3:30pm through the Genesis Parent Portal. Please reach out with any questions!

VACCINATION STATUS

On Wednesday, October 13th, all MHS families received an email regarding vaccination status data collection. If you haven't already done so, please review the contents of this [LETTER](#) and update the Genesis Form. The first form is for single-sided vaccination cards. There is a second form for uploading double-sided vaccination cards. Thank you for your assistance!

FACE MASKS

Don't forget! All staff, students, and visitors must wear a mask, regardless of vaccination status, in the indoor premises of school buildings. Make sure your teenager has extra face masks packed in their school bag, please!

SEE YOU ON THE COURT AND WELCOME!

A quick thank you and best wishes to Ms. Kathy Glutz who has completed her time as our Interim Counseling Supervisor. Her assistance was greatly appreciated – see you soon on the Basketball Court!

Welcome to Ms. Ilana Kurtin, our School Counseling Supervisor, who started on Monday. We're happy you're here!

BIKES & SAFETY

We are excited to see so many of our students riding their bikes to school. We have been working with the Buildings & Grounds Supervisor who is assisting us in the purchase and anticipated installation of additional bike racks!

We have also observed many bike riders who are not wearing a helmet. Please reinforce that NJ law requires individuals 17 years old or younger to wear a safety helmet.