

October 18, 2021

## A Proud Past, A Promising Future

*"Be the attitude you want to be around."*  
— *Tim DeTellis*

### MONDAY, OCTOBER 18 – END OF 1<sup>st</sup> 9 WEEKS

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### TUESDAY, OCTOBER 19

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

### WEDNESDAY, OCTOBER 20

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- **Cheer @ Gilbert HS (Tomahawk Cheer Classic)**
- **Cross Country @ Region Championship (Fairfield Central)**

### THURSDAY, OCTOBER 21

#### **PTC Accuplacer Testing**

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- **JV Football @ Chester – 6 p.m.**
- **Varsity Volleyball vs. West Oak – 6 p.m.**

### FRIDAY, OCTOBER 22

**Breakfast** – Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- **Varsity Football vs. Chester – 7:30 p.m.**

*(Homecoming and Senior Night Activities rescheduled from 10/8/2021.)*

### SATURDAY, OCTOBER 23

- **Cheer @ Chapin High School (Lake Murray Invitational)**
- **Upper State Band Competition @ Boiling Springs High School - 6:30**

## Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

## On-going/Upcoming Events

2021-2022 ACT  
Test @ MCHS  
October 23, 2021  
December 11, 2021  
February 12, 2022  
April 2, 2022  
July 16, 2022

2021-2022 SAT  
Test @ MCHS  
November 6, 2021  
December 4, 2021  
March 12, 2022  
May 7, 2022  
June 4, 2022

**NEWBERRY COLLEGE CONSOLIDATED COLLEGE FAIR**  
Friday, October 22, 2021 - 8 a.m. – 11 a.m.

Newberry College is having a College Fair! All Junior and Seniors who are interested in finding out about different colleges and universities in our region and state are invited to attend. College representatives will be in attendance to discuss their college and answer any questions students may have regarding the college admission process. MCHS Juniors will attend from 8:30 a.m. until 9:15 a.m. and MCHS Seniors will attend from 10:00 a.m. until 10:45 a.m. Bus transportation will be provided for students; however, students can drive their own vehicles. Whether riding the bus or driving one's on vehicle, each student must return a signed field trip permission

*Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.*

form or the parental agreement to allow transport form. All permission forms are due by Tuesday, October 19, 2021. If you plan to attend, please contact your school counselor ASAP.

Join Us **Friday, October 29th, 2021**  
for Best MCHS Student Halloween  
Costume

Categories: DIY, Scariest, Funniest, Best  
Couple / Group  
Students will be judged during each lunch.  
\*\* Please follow the school dress code and  
no mask\*\*



MCHS 2021-2022  
Underclassmen Picture  
Make-up Day



Monday, November 15, 2021

## Senior Financial Aid – FAFSA Night

Date: Wednesday, November 17 - 5:30 pm -7:30 pm  
Location: Mid-Carolina High School

Students and parents should bring the following:

- A laptop
- 2020 Federal Tax returns for the student and parents
- Social Security Numbers for the student and parents
- Any additional Income Information
- State Issued Driver's License
- A list of colleges the student is interested in attending
- It is also very helpful if the student and 1 parent create their FSA ID before coming. They can do that at [fsaid.ed.gov](https://fsaid.ed.gov) and here is a link to instructions: <https://studentaid.gov/sites/default/files/creating-using-fsaid.pdf>

\*\*\* Please see your counselor for any questions regarding Financial Aid Night.

## ASVAB

**(Nov 19, 2021 & March 18, 2022)**

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the [guidance department](#) and add your name to the test list.

### DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

*Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.*

## WORD POWER

<b>M</b>	<b>PAROXYSM</b> any sudden, violent outburst; a fit of violent action or emotion <b>PASSIVE</b> not participating readily or actively; inactive; unresponsive
<b>T</b>	<b>PECCANT</b> violating a rule, principle, or established practice; faulty; wrong <b>PEERLESS</b> of unequalled excellence or worth
<b>W</b>	<b>PEREMPTORY</b> leaving no opportunity for denial or refusal; imperative <b>PHENOMENAL</b> Extraordinary or marvelous
<b>PH</b>	<b>PHILOSOPHIZE</b> To seek ultimate causes and principles. <b>PLACID</b> Serene
<b>P</b>	<b>PLAUSIBLE</b> seeming likely to be true, though open to doubt; believable <b>POLEMICS</b> the art of controversy or disputation or controversy



# M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 6

October 18, 2021

**Our mission: To engage students in educational experiences that ensure success and life-long learning.**

*Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.*

## IT'S ALWAYS YOUR STATE OF MIND

One day you are in traffic and it bothers you. The next day you are in the same traffic, but it doesn't bother you because you are in a great mood. Is it the traffic that causes how you feel? If it was the traffic, you would have the same response all the time. It must be 100% for it to be truth.

One day you have a paper or project due and you feel stuck. You can't think clearly or write. But the next day you have a moment of inspiration and clarity. You finish the project in a few hours. Was it the paper or project causing you to feel a certain way?

Two brothers grow up in the same family and crime ridden neighborhood. One becomes a neurosurgeon. The other lives a life of crime and drugs. We often hear that the environment causes someone to be a certain way but if it was the environment everyone would turn out the same way because of the environment.

We've been taught to believe that it's the circumstance, event, situation and environment that causes us to think, feel and act the way we do but the truth it's never the traffic. It's never the event or circumstance.

It's always your state of mind.

The events and circumstances in life contribute to our life experience but our state of mind (level of consciousness) determines how we see the event, how it affects us and how we respond to it.

When you have a high state of mind, you have a lot of clarity, peace, confidence and you are able to rise about your circumstance and situation.

When you have a low state of mind, you have a lot of clutter, doubt and insecurity, easily get upset and instead of rising about your circumstance, your situation brings out the worst in you.

When you have a high state of mind the traffic doesn't bother you.

When you have a low state of mind it does.

When you have a high state of mind the bad call by the referee doesn't bother you. You move forward and keep playing. When you have a low state of mind, the bad call leads to you yelling at the referee.

When you have a high state of mind, you don't even think twice about seeing a negative comment on social media. Life is good, you could care less what someone thinks, and you enjoy the rest of day. When you have a low state of mind, the negative comment triggers you and you end up arguing with someone you don't even know.

When you have a high state of mind you are able to see that an event doesn't define you and you forgive and heal. When you have a low state of mind you hold on to pain and wounds of the past that continue to hurt you.

Life is always coming at us, and our state of mind determines how we respond.

So, the big question you are most likely asking right now is: How does one elevate their state of mind?

First, understanding how this all works automatically enhances your state of mind. This level of awareness automatically elevates consciousness. You may forget this truth from time to time but the minute you remember it, you go higher.

Second, knowing the truth that circumstances have no power over you and that you create your world

from the inside out, elevates your state of mind. It's why *The Coffee Bean* is such a popular, powerful book, lesson and message.

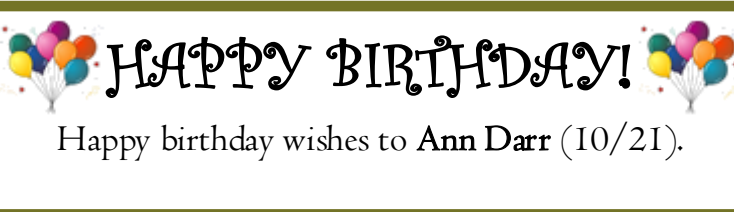
Third, meditation, prayer, music, stillness, exercising, dancing, and doing something you love can help elevate your state of mind. For me, daily walks of gratitude and prayer have elevated my state of mind in amazing ways and changed the course of my life.

Finally, the most powerful way to elevate your state of mind is to love. Love dissolves hate and anger. Love casts out fear. Love is patient and kind. Love drives grit and causes you to keep going when others say you should quit. When you love others, and love what you do you tap into the most powerful force in the universe and rise above it all with more clarity, connection and confidence.

It's important to understand that each of us will experience high and low states of mind. It's the ebb and flow of consciousness and life. The key is to recognize the low and transform it to a high. The more you do this, the more you'll transform your default response.

Please know that I'm not saying the events in your life are meaningless. Many of them are powerful experiences that may have led to pain and trauma. I know this in my own life. My purpose in sharing this lesson with you is to remind you that you are more powerful than your circumstance and that you have the power to transform, transcend and triumph in any situation.

- Jon Gordon



## Important Dates

- 10/18 End of 1st Nine Weeks
- 10/18 Pre-ACT Bubble Party
- 10/20 Senior Night w/PTC 5:30 p.m.
- 10/21 PTC Accuplacer Testing
- 10/22 Newberry College Consolidated College Fair—8 a.m.—11 a.m.
- 10/23 ACT
- 10/25 Report Cards Issued
- 10/25 Pre-ACT
- 10/25 Virtual SIC Meeting
- 10/27 Student Early Release
- 11/1 Parent Teacher Conferences (12 p.m.—7:30 p.m.) No School for Students
- 11/6 ACT
- 11/15 Underclassmen Picture Make-Up Day
- 11/15 Virtual SIC Meeting
- 11/16 Class Ring Delivery
- 11/19 ASVAB
- 11/22 Interim Reports Issued
- 11/24-11/26 THANKSGIVING HOLIDAYS SCHOOLS/OFFICES CLOSED



## Reminders

### FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.

Please check your mailboxes and e-mail for vital information early each morning.

