



Troy Newsletter

October 14, 2021

Notes from the Principal, Mrs. Roux ...

I hope everyone is enjoying the beautiful fall weather. The colors are certainly making it a nice way to start and end the day as I drive to and from school. This is a busy month at Troy School. We are in the final days of collecting our fall data and specific instructional groups are being implemented. Your child will likely have the opportunity to work with several different adults this year as we are able to group and regroup students based on their specific needs. We are very excited to be able to offer this type of programming.

I'd like to send out a huge thank you to the Troy Fire Department (including our very own Shawn Quimby) for their special visit during our fire safety presentation. They spent time with all students talking about important fire safety tips, practicing Stop, Drop and Roll, and checking out the cool fire truck.

Next week we will be hosting our virtual Parent/Teacher conferences. If you have not signed up for a conference, we strongly encourage you to do so. Please reach out to your child's teacher(s) if you have questions about this. These conferences are a crucial part of the home and school team approach that we strive for and will be a great chance to check in on where your child is starting the year academically, behaviorally, and socially/emotionally. It is very important for families to be a part of developing plans that will best support your child in having a productive and positive school year. We are excited to meet with every family!

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside. The school is not currently open to the full public.
- **Important:** Please ensure that your child comes to school with a clean mask, as well as a backup in case their mask gets dirty.
- Safety protocols including masks, frequent handwashing/hand sanitizing, and appropriate social distancing are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Reminder: Please be sure to contact the Troy office whenever your child is absent. It is very important that we hear from families whenever a student will not be at school. We appreciate your help with this.

Important Upcoming Dates.....

Week of October 18 - Parent/Teacher conferences.

October 18 - **Troy School Picture Day** -If you still need a picture order form, please contact the office.

Please help us recognize our Troy Students and Staff of the Week...



Thank you, Miss Walker, Title One Teacher, for all the support you give



Logan earned points for the Sabertooths for following directions



Celia earned points for the Sabertooths for sharing materials

Check out what's happening at Troy School ...

Week of 10/4

K-3	<p>In recognition of Fire Prevention Week, students were visited by members of the fire department. They had the opportunity to practice "Stop, Drop and Roll" and they reviewed many fire safety rules. Shawn, our own local firefighter, was on hand to demonstrate what a firefighter looks like wearing all the safety gear. The whole school participated in a fire drill. The culminating activity was definitely exciting. The students were able to climb aboard one of Troy Fire Department's fire engines! Please remember to check your smoke detectors. :)</p>
Music	<p>Music this week was spent setting goals in regards to our Troy CARES. We watched a video about goals and set individual goals. We continued our work on becoming confident singers and supportive friends. We also had the chance to play old and new games!</p>
Art	<p>This week in art class students grades learned how to draw realistic pumpkins using oil pastels or crayons. Students learned about how to make an object look round using curved lines, shading and color choice!</p> 
Library	<p>This week, we are sharpening our alphabet skills so we can look for books easier. The younger grades are doing letter hunts, while the older grades are doing mazes and other activities. The excitement of coming to the library has not worn off yet!</p>
Guidance	<p>This week we are focused on learning how to have polite and respectful conversations with others. We did an interactive activity and did some role plays to practice our new skills. Check out Mrs. Moring is Here to Help on Facebook for more info.</p>
Garden	<p>Because of the professional development day last Friday, we didn't have Garden Class. However, students across the district enjoyed roasted vegetables from our school in the Italian Sausage Cacciatore at lunch last week!</p>



Let's TACO About Elementary Guidance w/ Mrs. Moring

Fall Edition



Welcome to the 2021-2022 school year! I wanted to take a moment to introduce myself. My name is Carrie Moring and I am the Elementary Guidance counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at cmoring@rsu3.org. If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.

What do we do in Guidance classes?

I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week. For the first 4 weeks we will be discussing what it means to be **respectful** to others. Other topics we will be covering are kindness, self-esteem, recognizing and regulating emotions, and mindfulness.

Our classroom expectations for students are to be respectful, kind, safe, and mindful learners. Students have the opportunity to earn "taco" points when they are showing one of these qualities. When they have 10 taco points, they earn either lunch with Mrs. Moring or an inside/outside fun break with Mrs. Moring.



I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: **Mrs. Moring is Here to Help** and join the fun.





TRUNK 'N TREAT

Brooks' Community Park, 24 Community Park Drive,
Brooks, Maine

October 31, 2021 3 p.m. to 7 p.m.

Treats from Trunks

Tractor pulled Hayrides

Jack-o-Lanterns

Witches Dancing Around Their Cauldron

Music

Concession stand open to purchase hot dogs, apple cider,
hot chocolate

This is not an RSU 3 sponsored
event/program.

Mount View Alumni Recognition Nominations are Now Open for 2022!



The purpose of the Mount View Alumni Recognition Award is to inspire current students by highlighting exceptional alumni achievements. The personal and professional accomplishments of previous Mount View graduates will encourage present-day students to reach for the stars!

Nomination forms for the 2022 Alumni Recognition Award are due at the Mount View High School office no later than December 31st, 2021. Anyone may make a nomination. To receive more information, requirements, and the application form, please email mvalumni@rsu3.org or call Vicki at 568-3782 to receive a hard copy.