

# HANOVER PARK REGIONAL HIGH SCHOOLS

## October 2021



## AVAILABLE DAILY

<b>Monday</b> 4	Lemon Chicken with Roasted Vegetables, Potatoes & a Roll	Mozzarella Sticks	<i>Deli Central</i>	<b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches 
<b>Tuesday</b> 5	Taco Tuesday – Seasoned Ground Beef with Cheese, Lettuce, Tomato & Salsa served with Mexican Rice <b>NJ</b>	Mozzarella Sticks	<b>PIZZA ZONE</b>	Assorted Specialty Pizzas
<b>Wednesday</b> 6	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll	Mozzarella Sticks	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
<b>Thursday</b> 7	Chicken Bowl – Mashed Potatoes topped with Corn, Crispy Chicken, Gravy & Cheese with a Roll	Mozzarella Sticks	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>
<b>Friday</b> 8	Johnny's Pizza	Mozzarella Sticks		

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Selections on The Farm Stand are included with lunch. Choose servings of fruit & vegetables from a variety of options daily.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change



Look for the **NJ** logo which shows items on the menu featuring locally grown items.



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<b>Monday 11</b>	<b>No School Columbus Day</b>	<b>No School Columbus Day</b>	<i>Deli Central</i>	<b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches 
<b>Tuesday 12</b>	General Tso's Chicken with Broccoli over Jeweled Brown Rice	Pizza Crunchers	<b>PIZZA ZONE</b>	Assorted Specialty Pizzas
<b>Wednesday 13</b>	Chicken Capri Sandwich with Marinated Chicken, Roasted Peppers & Balsamic Dressing NJ	Pizza Crunchers	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
<b>Thursday 14</b>	Buffalo Chicken Panini - Chicken Patty & Hot Sauce pressed on a Club Roll	Pizza Crunchers	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials Assorted salad selections are offered with a Roll
<b>Friday 15</b>	Johnny's Pizza	Pizza Crunchers		

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<b>Monday 18</b>	Grilled Chicken Bruschetta Sandwich with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll NJ	Cheese Steak Sandwich	<b>Deli Central</b>	<b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches 
<b>Tuesday 19</b>	Turkey Reuben with Russian Dressing, Sauerkraut & Swiss Cheese on Whole Grain Bread	Cheese Steak Sandwich	<b>PIZZA ZONE</b>	Assorted Specialty Pizzas
<b>Wednesday 20</b>	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll	Cheese Steak Sandwich	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
<b>Thursday 21</b>	Baked Chicken with Broccoli & Brown Rice	Cheese Steak Sandwich	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>
<b>Friday 22</b>	Johnny's Pizza	Cheese Steak Sandwich		

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<b>Monday</b> 25	Nachos Grande with Turkey Taco Meat, Brown Rice & Scoops Chips <b>NJ</b>	Popcorn Chicken & Fries	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; justify-content: space-between; width: 100%;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p><b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab &amp; Go Sandwiches</p>  </div> </div> <div style="display: flex; justify-content: space-between; width: 100%; margin-top: 20px;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>Assorted Specialty Pizzas</p> </div> </div> <div style="display: flex; justify-content: space-between; width: 100%; margin-top: 20px;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> </div> </div> <div style="display: flex; justify-content: space-between; width: 100%; margin-top: 20px;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>Assorted Grab &amp; Go Salad Specials <i>Assorted salad selections are offered with a Roll</i></p> </div> </div> </div>
<b>Tuesday</b> 26	Ricotta & Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce & a Dinner Roll	Popcorn Chicken & Fries	
<b>Wednesday</b> 27	Barbecue Pulled Pork with Coleslaw on a Bun	Popcorn Chicken & Fries	
<b>Thursday</b> 28	Baked Macaroni & Cheese with a Dinner Roll	Popcorn Chicken & Fries	
<b>Friday</b> 29	Johnny's Pizza	Popcorn Chicken & Fries	

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