

CHIRENO ISD EXTRA CURRICULAR HANDBOOK 2022-2023

ATHLETICS
CHEERLEADING
UIL ACADEMICS
ONE-ACT PLAY



Table of Contents:

Statement of Purpose.....	3
Athletic Philosophy.....	3
Athlete Expectations of Coaches.....	4
Student Participation & Selection of Teams.....	4
Parent/Athlete/Coach Communication Guide.....	5
Athletic Code of Conduct.....	6
Participation.....	7
Available Sports.....	7
Responsibilities of the Athlete.....	7
Student Eligibility.....	9
Physical and Medical Forms.....	10
Procedures When ill or Injured.....	10
Practice Times/Schedules.....	11
Social Media.....	11
Dropping or Dismissal From a Sport.....	14
Lettering Policy.....	14
Athletic Department Policies.....	14
Athletic Coaches & Athletic Administration.....	17
Letter of Acceptance.....	18
Parent/Guardian & Athlete Handbook Acknowledgement.....	19

STATEMENT OF PURPOSE

Athletics exist as a part of the educational system of society and in the schools as an integral part of the educational process. Through athletics, direction is given to the physical development of students utilizing a variety of motor activities, integrated with cognitive skills, to learn discipline and responsibility and to represent the athletic department in a positive light. The athletic program provides activities based on the needs of participants. These activities promote the respect for rules and authority, opportunities for physical excellence, and an understanding of the value of cooperation and competition through practice and interscholastic games. Individual sports in the athletic program will begin and end on the dates specified in the Constitution and Contest Rules of the University Interscholastic League. Winning within the spirit of the rules is of prime importance as an objective of the athletic program and necessitates that every participant understand and comply with the rules of the University Interscholastic League.

ATHLETIC PHILOSOPHY

At Chireno Independent School District, the program of competitive athletics should be comprehensive, diversified, and flexible to meet individual needs, interests, and abilities of its students. It should comprise an integral and vital part of the district's total educational program. Whenever and wherever competitive athletics are planned or played, it is mandatory that definite rules, regulations, and procedures be developed and implemented for the proper conduct of these activities. It is also essential that these procedures be commensurate with school district policies and in accordance with the accepted and established philosophy of education that prevails in the district. The athletic department believes that each student should be given a fair chance to participate in competitive athletics according to his own individual and personal choices. However, we also believe that all students should be encouraged and motivated by coaches to participate in a variety of activities in accordance with their interests, needs and abilities. A coach will not coerce an athlete to specialize in one sport. The athletic department believes that athletics can do more for students than teach them to play the sport or sports that they have chosen. We believe that athletics instills the desire to win, to attain personal goals ensuring maximum team effort, to build strength of body and mind, and strength of character. The latter of these qualities determines the success of the first three. It is the belief of the athletic department that strength of character is the foundation upon which to build the well-developed, well-polished individual. Their peers, teachers, and the community are routinely monitoring them. By continually being under this scrutiny, athletes must possess strength of character and constantly be aware of the role they have assumed as representatives of themselves, their family, and our school. They must be certain they represent to their peers, teachers, and community the respect, sincerity and honesty expected of a young lady or gentleman.

ATHLETE EXPECTATIONS OF COACHES

Each athlete can expect the coach to:

- Run a well-organized program to enable each athlete to function effectively.
- Maintain an atmosphere conducive to working.
- Listen to your problems.
- Give you responsibility within your sport activity.
- Treat you with dignity and respect both privately and publicly.
- Be concerned about you and your family regardless of what problems confront you.
- Be loyal to you and to do everything possible to help you advance athletically.
- Sell you to other coaches and to the public.
- Allow you to participate on the field or court within your abilities and in accordance with the overall team goals.
- To correct you in a professional manner. Remember coaches are human and also make mistakes.
- Work within the system for a total program.
- To provide you with lessons that will serve to prepare you for future triumphs and adversities.
- Will promote and model safe practices that help protect athletes from exposure to COVID-19 to the best of their ability in accordance with TEA, UIL, and district mitigation guidelines.

STUDENT PARTICIPATION AND SELECTION OF TEAMS

Athletes

The goal of the athletic program is to offer the opportunity of participation to all students. Interscholastic athletics fosters competition and cooperation. It also represents an area of great potential for teaching dedication, perseverance, courage, poise and practicing the pursuit of excellence. However, no student is obligated to take part in athletics. Participation in the Chireno ISD Athletic Program is a privilege, not a right. Since it is a privilege, the coaching staff has the authority to suspend or revoke the privilege when the rules, regulations, or standards of the athletic program are not followed.

The head coach of each sport will determine the players on each team. The selection of teams will include, but is not limited to: skill level, knowledge of sport, attitude, and experience in the sport. Junior High and High School sub-varsity team members will receive adequate playing time based upon performance and meeting expectations. Members of varsity teams are not guaranteed playing time.

Team Managers:

High School team managers or essential personnel with any auxiliary responsibilities associated with the team should be comprised of high school students. However, the coach may choose to extend these duties to junior high students in the event the number of high school students does not meet the needs of the team. No junior high students shall miss any class time to perform these duties, however. In the case of junior high, only junior high team managers deemed essential personnel will serve the team. The coach may also elect to allow a student younger than junior high age to sit on the bench under the following provisions:

- a) The student cannot miss any class time;
- b) The student cannot leave the bench or the team once the game begins;
- c) The student becomes the sole responsibility of the head coach;
- d) Permission is granted by the athletic director.

PARENT/ATHLETE/COACH COMMUNICATION GUIDE

Our Philosophy:

Athletic achievement requires sincere commitment from all athletes, parents, coaches, and administrators. For all of us to be successful, effective communication must occur. The school's athletic department and administration believe strongly in being accessible to parents and supportive of the coaching staff. We are continually attempting to improve communication with students and parents. For our program to be truly successful, it is necessary that everyone understand the focus and direction of the program.

Expectations of the Parent/Guardian:

It is reasonable to expect your child's coach to inform you:

- When and where practices and contests are held.
- About his/her coaching philosophy.
- About the expectations he/she has for all athletes on the squad as well as your individual child.
- What is required to be a part of the team, i.e., fees, special equipment, off-season conditioning, lettering requirements, etc.
- If your child is injured during participation in a practice or contest.
- Whenever any disciplinary action results in your son/daughter being denied participation in a practice or contest.

Typical concerns of parents that are appropriate to discuss with a coach are:

- Any unhealthy mental or physical strain you detect in your child at home (especially when it affects his/her academic performance).

- How you can contribute to your child's skill improvement and development.
- Any dramatic changes you detect in your child's behavior.

Our Expectations:

It is inappropriate to discuss with a coach:

- Playing time.
- Team strategy or play calling.
- Other student athletes.

Coaches often need parents to inform them of:

- Any specific health concerns about your son/daughter expressed directly and informally to the head coach at a mutually convenient time.
- Notification of any schedule conflicts well in advance.

If you have a concern to discuss with a coach, what procedure should you follow?

- Make an appointment with the coach. Do not approach the coach after a game unless the coach requests this.
- If the coach cannot be reached, call the Athletic Director to set up a meeting.
- Please do not attempt to confront a coach before, during, or following a contest or during practice. These can be busy and emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

ATHLETIC CODE OF CONDUCT

Participation in athletics means more than competition between the individuals or opposing teams. It teaches fair play, sportsmanship, understanding, and appreciation of teamwork. It also teaches that quitting means failure while hard work means success. With these goals in mind, this guide was set up for the use of all concerned, because the conduct of an athlete is closely observed in many areas of life. In the area of athletic competition, a responsible athlete does not use profanity or illegal tactics. He or she learns that winning and losing are part of the game, and that they should be modest in victory and gracious in defeat. It is always courteous to congratulate the opponent on a well-played game after the contest. This demonstrates integrity, good character, and class. Self-interested athletes often display fits of temper, poor attitude, lack of effort, etc., when things fail to go as desired or when replaced by a teammate. Mature athletes have complete control of themselves at all times. Officials in a game are there for the purpose of ensuring that both teams will receive a fair deal. Officials do not lose a game for you. It is an athletic tradition and rule that no one except the coach and/or appointed captain, and then in the tone of respect and for the purpose of clarifying a rule, will talk to the

officials. Any behavior contrary to that, which has been stated, is often perceived as a direct reflection of your school, your teammates, and coaches. This will not be tolerated.

PARTICIPATION

It is the goal of this athletic program to offer the opportunity of participation to every student who has the desire to do so. However, no student is obligated to take part in athletics nor is participation in athletics required. It is to be stressed that participation in the Chireno ISD Athletic Program is a privilege, not a right. Since it is a privilege, the coaching staff, in accordance with Chireno ISD board policy and due process procedures, has the authority to suspend or revoke the privilege when the rules and standards of this athletic program are not followed.

AVAILABLE SPORTS

The following sports are available for student athletes in the Chireno ISD:

- Boys Basketball (Varsity, Junior Varsity, Junior High)
- Girls Basketball (Varsity, Junior Varsity, Junior High)
- Boys Cross Country (Varsity, Junior High)
- Girls Cross Country (Varsity, Junior High)
- Tennis (High School Boys & Girls)
- Track (High School Boys & Girls, Junior High Boys & Girls)
- Baseball (High School Boys)
- Softball (High School Girls)
- Powerlifting (High School Boys & Girls)
- Swimming
- Cheerleading

*Teams may be increased or reduced pending participation when necessary.

RESPONSIBILITIES OF THE ATHLETE

All athletes have the responsibility to give their best, play to win, follow training guidelines, and demonstrate good conduct and fair play at all times so as to be a credit to this school. Athletes, like coaches, are always on display; we are judged by the company we keep. Our actions in everyday life, both private and public, are a direct reflection on this athletic program and our school. The following are set expectations for any CISD student athlete.

General Expectations of the athlete:

- Abide by all rules set forth in the athletic handbook
- Abide by the coaches directions, instructions, and decisions
- Respect coaches, teammates, teachers, staff, administrators, and classmates
- Refrain from unsportsmanlike conduct of any manner
- Comply with Chireno ISD Board Policies, the District Code of Conduct, and the District Student Handbook

In the classroom, an athlete:

- Must realize that he/she is a student first, an athlete second. The student athlete must give time and energy to their academic courses and responsibilities to achieve acceptable grades that meet both local, TEA, and UIL requirements for participation.
- Must maintain a satisfactory citizenship and behavior record. Tardiness, disrespect for teachers, and unacceptable behavior will not be tolerated. Any unsatisfactory behavior may result in expulsion from Athletics or from their sport in season.
- Be present at school the day of competition to be eligible to compete unless approved by the Athletic Director or Principal.

During the Athletic Period and Before/After School Practice, an athlete:

- Will notify the coach if he/she needs to miss a game or practice that is scheduled after school hours. Athletes that leave school and will miss athletic class or practice must notify the head coach of that sport.
- Will be dressed out and prompt for roll check.
- Will maintain a neat and clean locker space.
- Will shower for hygiene purposes after each workout.
- Will dress decently as he/she leaves the dressing room.
- Will be responsible for workout clothes daily.
- Will be responsible for proper care of all issued clothing, uniforms, and equipment.
- Will social distance, wash/sanitize hands regularly to protect themselves and others from potential exposure to harmful germs and viruses.

During Team Travel, an athlete:

- Will travel to and from all out of town contests with the team. If for some reason you need to ride home with your parents/guardians, you must clear it with the coach in charge prior to leaving and must present a written note of release signed by your parents/ guardians. Under no circumstances will you be released to ride with anyone other than your parent/guardian or person designated by your family.
- Will dress neatly and properly on all trips. The type of competition, time, length of the trip, and coach's discretion may dictate the type of dress acceptable.

- Will conduct himself/herself properly on the school bus or school appointed vehicle and follow student code of conduct established in the Student Handbook.
- Will receive permission from the coach before bringing any radios, electronic games, etc. aboard the bus.
- Will be informed of the departure and return times for each trip. Every effort will be made by the coaching staff to notify the proper personnel as to unexpected changes in arrival time.
- Will not be allowed to bring parents, family members, or friends on bus trips.
- Will practice social distancing to the extent possible while traveling on the bus.
- Will wear a mask or face shield while on another school's campus if required to do so by that school. These can only be removed for active participation in competition.
- Due to COVID-19 concerns, a student's coach may deem it necessary for him/her to ride to and from a game with parents. The coach will notify the Athletic Director/Superintendent before permission is granted.

Dress Code:

- Athletes will follow the dress code established in the Student Handbook. Hair color will be of a natural color only, and will be worn in acceptable styles only (Ex. No green or purple hair, no Mohawks, etc.)
- Caps and hats are not to be worn inside buildings or on trips, unless approved by the coach.

STUDENT ELIGIBILITY

A student in grades 7-12 may participate in extracurricular activities on or off campus at the beginning of the school year, only if the student has earned the cumulative number of credits in state-approved courses indicated in the subsection:

Beginning at the 7th Grade year -promoted from the 6th to 7th Grade

Beginning at the 8th Grade year -promoted from the 7th to 8th Grade

Beginning at the 9th Grade year -promoted from the 8th to 9th Grade

Beginning at the 10th Grade year -earn a minimum of (5)five credits toward graduation

Beginning at the 11th Grade year -earn a minimum of (10) ten credits toward graduation or pass (5) five credits the previous 12 months

Beginning at the 12th Grade year – earn a minimum of (15) credits toward graduation or pass (5) five credits the previous 12 months

In order to be eligible to participate in extracurricular activities for a six week period following the initial six weeks period of the school year, a student must not have received a grade lower

than 70 on a scale of 0-100 in any course for that preceding six weeks period. A student whose recorded six weeks grade average, in any course, is lower than a 70 at the end of the six weeks grading period shall be suspended from contest in any extracurricular activity during the succeeding 3 weeks periods until the end of a 3 weeks period during which the student achieves a course grade average of at least 70 in all classes. The student will be expected to attend all practices and tutorial sessions that are made available by their teacher. Absences from these tutorial sessions will result in disciplinary action which may lead to expulsion from athletics.

PHYSICAL and Medical Forms

All athletes are to have on file in the Athletic Director's office a copy of the following athletic forms. These will be updated at the beginning of each school year. These include:

Physical/Medical History Form - All incoming 7th, 9th, and 11th grade students and any other student new to the athletic program at Chireno ISD must have a physical and have their completed medical history form on file with the district. Students must also have a completed physical if certain boxes indicated on the medical history form are checked "yes." See your sport's coach for details if you have any questions. Current information regarding the health standing of each athlete must be completed on a standardized form and signed by the parent/guardian.

Parent/Guardian Athletic Handbook Acknowledgement Form - signed form required by the UIL for participation.

Concussion Acknowledgment Form – signed form relating the danger of concussions

Cardiac Awareness Form – form indicating about cardiac arrest and the dangers to athletes

Steroid Agreement – form indicating the dangers of steroid use, and a pledge not to use them

Copy of Letter of Acceptance -form indicating receipt of Student Athletic Handbook.

PROCEDURES WHEN ILL OR INJURED

Your health is not only a personal concern but also a concern of the participating team. In the event you feel ill and your condition does not improve, see a doctor as soon as possible. Any student-athlete that is injured during the course of the season or experiences an illness of a minor nature and is unable to participate due to this injury or illness must continue to follow all expectations, rules, and regulations, if the student-athlete wishes to remain a part of the team. Injured athletes who are unable to participate with their team will be required to attend all practices, team activities, and will sit with the team during competitions. Failure to do so can result in the dismissal from the team. Athletes learn from each practice session, whether they are actually working out or simply observing.

PRACTICE TIMES/SCHEDULES

According to UIL rules, school teams shall be prohibited from practicing team skills before or after school except during specific practice dates set forth by the UIL, and during the one allowable period during the school day. The respective coach in conjunction with the Athletic Director and other coaches of in-season sports will arrange practice schedules for each sport. Attempts will be made to ensure that practice times for one sport will not interfere with practice times for a coinciding sport. Student athletes competing in multiple sports may at times be subject to overlapping practice schedules. **The sport in competition season has priority. Conflicts between two sports in competition season will be handled by the head coaches of those sports.**

SOCIAL MEDIA

Student-athletes are high-profile representatives of the Chireno Independent School District, and their behavior is subject to scrutiny by their peers, the campus, community, and the media. The actions of a single student-athlete can reflect positively or negatively not only on the individual student-athlete, but also on his or her team and coaches, the Athletics Department and the entire school campus. Therefore, student athletes are expected to represent themselves and Chireno ISD with honor, dignity and integrity at all times – including when interacting on social networking websites and in other online environments. The popularity of social networking websites (ie: Facebook, Twitter, YouTube, Instagram, Snapchat, etc.) has grown tremendously over the last several years. These websites can serve as valuable communication tools when used appropriately. The use of social media, however, has the potential to cause problems for both the student-athlete and the school environment. Almost anything a student-athlete posts on a social networking site may be viewed by others, and both the media and the general public are more likely to view the profiles of student athletes than the profiles of other students.

The Athletics Department has developed this Student-Athlete Social Networking Guideline in order to:

- provide recommendations and suggestions for student-athletes to help them use social media in a safe and responsible manner
- outline important rules that student-athletes must follow when using social media

Important Suggestions & Recommendations Regarding Social Networking Sites

Some students mistakenly believe social networking websites have a veil of privacy about them and assume their profiles are viewed only by a close circle of friends and fellow students. To the contrary, the content on most of these sites is accessible by anyone in the general public unless security and privacy features are used. The public nature of these websites has created personal safety and welfare concerns. For example, student athletes have been stalked, sexually harassed, and/or assaulted as a result of their Facebook profiles. Fans of opposing teams have taunted student-athletes based on information obtained from social networking sites. Student-athletes also should be aware that potential employers along with both undergraduate and graduate school admissions officers now regularly screen applicants by conducting internet searches of an applicant's name and by reviewing the applicant's social networking profiles. It is important to note that many students are being passed over for interviews and denied admission to universities based on the content of their profiles.

Student-athletes should be very careful about what personal information they share on the internet. For their own security, protection, welfare, and that of their teammates and friends, the Athletics Department strongly recommends and advises student-athletes to:

- Keep phone numbers, physical addresses, birthdates, current whereabouts, travel plans and other personal information strictly confidential. This information should not be contained in a student athlete's personal online profile.
- Limit the access of others to e-mail addresses and screen carefully those whom a student-athlete may accept as "friends" on a social networking site.
- Use whatever security and privacy features are available to restrict the ability of others to view a student-athlete's site or to post pictures, messages and other content on a student-athlete's site.
- If an individual contacts a student-athlete via a social networking site and the nature of the contact makes the student-athlete concerned for his or her safety or uncomfortable in any way, the student athlete should immediately contact a parent, a coach, or a campus administrator.

Rules Regarding Social Networking Sites

Again, participation in Chireno ISD Athletics is a privilege and not a right. As a condition of being a student-athlete in this school, student-athletes must abide by the following rules related to the use of the internet and social networking sites:

- Any postings or communications via social networking websites which disrupt either the educational or athletic environments or which advocate the violation of any school or

team policy would be unacceptable. As a result, any athlete that engages in such activity will be subject to consequences to be determined by the head coach or CISD administration.

- Student-athletes may not post online any pictures, information or other content that might cause embarrassment to themselves, fellow student-athletes, teams, coaches, the Athletics Department or the campus (examples: obscene images or language, nudity, pictures at parties with alcohol, references to drugs, sex, or illegal activities).
- Student-athletes may not post any content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual, teammate, coach, faculty member, or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach or team at another school). No posts should depict or encourage unacceptable or illegal activities (including but not limited to hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).
- Student-athletes may not post any content online that would constitute a violation of the Chireno ISD Student Code of Conduct. Student-athletes may not post any information that is sensitive or personal in nature or is proprietary to the Athletic Department or the school which is not public information (examples: tentative or future team schedules, student-athlete injuries and eligibility status, travel plans/itineraries or information).
- Student-athletes are required to abide by all laws related to the use of the internet (including state and federal privacy laws such as FERPA and HIPPA), and student athletes are personally liable for any violations of those laws.

Student-athletes in Chireno ISD are required to abide by rules set forth in these guidelines.

The failure to do so will be considered a violation of the student-athlete code of conduct and/or the Chireno ISD student code of conduct. The violation may result in disciplinary action by the athletics department and the campus.

1st Offense - Warning and parent meeting with the head coach. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

2nd Offense – Parent meeting with the head coach and the Athletic Director. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

3rd Offense – Parent meeting with the head coach, principal and the district Athletic Director. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

DROPPING OR DISMISSAL FROM A SPORT

There will be times when some athletes find it necessary to quit playing a sport before, during, or after the season. Reasons for such a decision will vary widely, but despite the reason, the following should be adhered to:

- The athlete should think the whole situation through before reaching a final decision and talk with the head coach. As such, an athlete will be given 24 hours to make his/her decision.
- The athlete should talk to the coach to see if a solution can be reached without having to quit. A conference between the parents, athlete, and Athletic Director or any combination thereof, may be required and is highly recommended before an athlete reaches a final decision to quit.
- All equipment must be returned clean. Missing equipment must be paid for.
- If an athlete wants to return to a sport, he/she must consult the appropriate coach. The decision will be left to the discretion of the coach with regard to allowing the athlete to return or not to the team. Disciplinary measures will be up to the coach's discretion.
- If the athlete decides to quit one sport or is suspended from a sport, before that athlete can join or return to another sport they must have a conference with the Athletic Director and the coaches involved. If it is decided to allow the student to return, the student may be asked to complete a physical and potentially strenuous activity by the current or previous sport's coach in order to be allowed to rejoin the team. The nature of the activity will be determined by the head coach and the athletic director. (This does not keep the student from practice – only contests.)

LETTERING POLICY

Student athletes may receive from the school only one major award during their high school career (UIL-related). Chireno ISD awards one letter-jacket (jacket, letter, and sport symbol only) to a student athlete during their high school career. In order to letter in a sport, the student athlete must be on a varsity team and satisfy the requirements stated in the "Athletic Awards and Honors" section of the CISD Student Handbook.

ATHLETIC DEPARTMENT POLICIES

The following rules and policies apply to all Chireno ISD athletes during the school year. This is not an all-inclusive list as there may be scenarios that arise that are unforeseen. However, prudent judgment will be made in assessing disciplinary action for the various offenses.

Personal Belongings:

Student athletes should not leave personal items, especially jewelry, money, phones, or other electronic devices exposed, unprotected, and in plain view, especially in unsupervised areas. The athletic department will issue all athletes a lock to secure their personal belongings. **Chireno ISD and the Athletic Department are not responsible for lost or stolen items.**

Absence from Contest/Practice:

Practice time is valuable to you and your teammates. If you must be absent from practice or a contest, you must notify the head coach. If you are sent home during the school day for any reason, it is important that you let the coach in charge know that you will not be at practice. Failure to do so in a timely manner may result in extra conditioning or physical activity to be determined by the head coach.

Team Travel:

All regular school transportation rules and regulations apply when on an athletic trip. All student-athletes are expected to ride the transportation provided by Chireno ISD to all competitions. There may be extenuating circumstances that occur but these should be addressed and discussed with the head coach. **The approval of the head coach must be obtained and all procedures followed for a student athlete to return home with his/her parent or guardian.**

Uniforms:

Student athletes will be issued a set of practice clothes that may include but not limited to shirt, shorts, sweats, practice uniform, or wind-suits. These clothes will be worn during participation in athletic practice or competition only. At the end of the season or school year (depending on the sport), the issued clothes will be returned. Student athletes will pay a replacement fee for all clothing or equipment not returned at the end of the season or school year. Student athletes will not be allowed to participate at the next grade level until outstanding fines are paid in full. Consequences for not being dressed out in proper practice attire will be at the discretion of the head coach.

Tobacco

Tobacco is not allowed on CISD school property. Therefore, it is also not allowed within the Athletic Department. Any athlete that uses tobacco on campus or during any team activity will be subject to disciplinary measures to be determined by the head coach, the athletic director, and the principal. For more information regarding the use of tobacco, please refer to the CISD Student Handbook and Student Code of Conduct.

Alcohol

Alcohol and the consumption of alcohol is not allowed on CISD school property. Any athlete that consumes alcohol on campus or during any team activity will be immediately suspended from athletics and subject to disciplinary measures to be determined by the head coach, the athletic director, and the principal. For more information regarding the use of alcohol, please refer to the CISD Student Handbook and Student Code of Conduct.

Illegal Drugs

The consumption of or being in possession of illegal drugs is prohibited on CISD school property. Any athlete that is caught in possession will be immediately suspended from athletics and will be subject to disciplinary measures to be determined by the principal.

Profanity/Disrespectful Behavior

Profanity and disrespectful behavior will not be permitted on the field, court, dressing room, or on the school campus. Disciplinary action for these offenses will be outlined at the beginning of the season. Discipline will in all cases match the severity of the offense. This can include additional running to probation and suspension. Additional offenses will result in expulsion from the program.

Refusal of Disciplinary Measures

Any athlete who refuses disciplinary measures will be suspended from participation until they have fulfilled the coach's requirements to return. This also means that the student cannot participate in another sport until requirements from the sport they quit are fulfilled.

Appeal

Athletes may appeal expulsion at a meeting with the coach, athletic director, principal, and parent/guardian. If a compromise can be reached, the athlete may be reinstated.

Athletic Program Coaches

Crystal Zienko: Cross Country, Powerlifting, Tennis, Swimming, Asst. Track

Kase Hooper: Asst. Basketball, Asst. Baseball

Rebel Bleile: Baseball

Donald Mayhugh: Asst. Girls Basketball, Head Softball

Darren Cook: Boys Basketball, Track

Tray Turner: Girls Basketball, Asst. Softball

Stephanie Williams: Cheerleading

UIL Academic & UIL Coaches

Kim Sloane: UIL Academics (including all speaking and debate events)

Alicia Mathews: One-Act Play

Administration

Superintendent/Athletic Director: Brian King

Secondary Principal: Brian Gandy

Elementary Principal: Larry Cupit

Executive Director of Curriculum and Instruction: Heather Hagle

Business Manager: Jeanne Holloway

LETTER OF ACCEPTANCE

The rules, regulations, and standards set forth in this Athletic Handbook are designed to give each athlete a sense of responsibility and pride through membership in the Chireno ISD Athletic Program whether they are on the field/courts of play, in the classroom, in our community, or while visiting another city. Therefore, your signature commits you to abide by all regulations set forth in its content. As a Chireno ISD student athlete, you must also abide by the following additional regulations. Failure to do so may result in suspension from a team or total athletic program.

- I will strive for excellence in all my activities at all times while a member of the Chireno ISD Athletic Program.
- I will faithfully abide by the training rules set forth in the handbook.
- I realize that failure to do so will result in the specified consequences.
- I will abide by the practice schedules and complete my workouts each day.
- I will personally notify the athletic department when I cannot attend workouts and will only miss under extreme circumstances.
- I will abide by the coaches directions, instruction, and decisions of the athletic department.
- I will be responsible for the proper care of school issued equipment.
- I will pay for any equipment I am responsible for losing, damaging, or destroying.
- I have read the Athletic Handbook thoroughly and fully understand my obligations, responsibilities, and duties to myself, my parents, my coaches, my school, and the community of Chireno.

Student Signature

Date

Parent/Guardian
Athletic Handbook Acknowledgement Form

I understand the policies and procedures of the Chireno ISD Athletic Department as outlined in this handbook. If at any time I have questions regarding the handbook, I will address these questions to the head coach and/or the athletic director. I understand the athletic director and coaching staff will enforce these policies, procedures, and if necessary, the appropriate consequences for my child's actions.

Parent/Guardian Signature

Date

This page is intentionally left blank