



# SSD CORONAVIRUS (COVID-19) PROTOCOLS

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## Definition of Exposure:

Fewer than 6 feet away for more than 15 cumulative minutes during a 24-hour period to a positive case during the infectious period. An individual's infectious period is the 2 days prior to his/her test or first symptoms, until no longer showing symptoms or 10 days after their positive test.

### COVID-19 Symptoms with NO Known Exposure

Cough, shortness of breath, fever, loss of smell or taste, sore throat, new or unusual headache, runny nose, congestion, fatigue, severe muscle aches, chills, nausea, vomiting, diarrhea

Inform your campus front office by phone during office hours or email

EEE: [eeecovid19@sheridanschools.org](mailto:eeecovid19@sheridanschools.org)  
EEL: [eeicovid19@sheridanschools.org](mailto:eeicovid19@sheridanschools.org)  
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SES: [sescovid19@sheridanschools.org](mailto:sescovid19@sheridanschools.org)  
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ALC: [alccovid19@sheridanschools.org](mailto:alccovid19@sheridanschools.org)

Follow ADH guidelines:  
Stay at home, separate yourself from others, contact your healthcare provider

**You can return to work/school when:**  
✓ Free of fever, diarrhea, and vomiting for at least 48 hours without mitigating medications

### Known or Possible Exposure to COVID-19 Positive Individual

**Non-close contact:**  
I was more than 6 feet away or I was closer than 6 feet for less than 15 minutes

Follow ADH guidelines:  
Maintain good hygiene, continue physical distancing, continue frequent hand washing, wear a mask

**Return to work/school**  
Monitor for symptoms

**If you are tested for COVID-19, you must quarantine while awaiting test results.**

**Close Contact:**  
I was exposed (see definition above), starting from 2 days prior to the known positive individual's illness onset or positive test until the individual was isolated

Begin quarantine from the last known contact with known positive individual

If symptoms develop during the quarantine, begin 10-day isolation from the day symptoms began

**You can return to work/school when:**  
✓ Quarantine/isolation time is complete and  
✓ Free of fever, diarrhea, and vomiting for at least 48 hours without mitigating medications and  
✓ Respiratory symptoms are improving

### Positive COVID-19 Test or Diagnosis

Inform your campus front office by phone during office hours or email

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ALC: [alccovid19@sheridanschools.org](mailto:alccovid19@sheridanschools.org)

Begin 10-day isolation from the time of your test or the onset of symptoms, whichever is earlier

**Note:** This flyer was developed based on ADH guidelines for informational purposes.

**NOTIFICATION PROCEDURE:** When SSD becomes aware of a positive case, we will immediately contact the health department and will ensure all staff and students who are identified as a probable close contact are appropriately notified in accordance with health department guidelines and privacy laws. Probable close contacts will be contacted by phone and directed to begin the quarantine. Should a closure become necessary for a large cohort of students (e.g. pod, grade, entire campus) to slow the spread of COVID-19, families will be notified by text through the SSD text messaging system.