

# MOOD BOOST

## Marlette Elementary Lunch Menu Oct. 18-Oct. 29, 2021

Mood Food: Citrus Fruit  
What it Has: Vitamin C  
What it Does: Necessary for healthy skin, hair, and nails



**Price:** Meals are **FREE** to all students

Lunch includes entrée supplying protein and grain, fruit, and vegetable side dishes, and choice of 1% white or chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>18</p> <p>Chicken Tenders WG Dinner Roll Or Turkey &amp; Cheese Hoagie Cheesy Broccoli Sliced Cucumbers Chilled Peaches Fresh Whole Fruit</p>	<p>19</p> <p>Creamy Macaroni and Cheese Muffin Or Turkey &amp; Cheese Hoagie Cauliflower Florets Steamed Peas Fruit Cocktail Fresh Whole Fruit</p>	<p>20</p> <p>Hot Dog on a Bun Or Turkey &amp; Cheese Hoagie Baked Beans Celery Sticks Pineapple Tidbits Fresh Whole Fruit</p>	<p>21</p> <p>Chicken Patty Sandwich Or Turkey &amp; Cheese Hoagie Green Beans Baby Carrots Applesauce Fresh Whole Fruit</p>	<p>22</p> <p>Pepperoni Pizza Or Turkey &amp; Cheese Hoagie Golden Corn Cherry Tomatoes Diced Pears Fresh Whole Fruit</p>
<p>25</p> <p>Popcorn Chicken w/ Roll Or Mini Corn Dogs Golden Corn Broccoli Florets Diced Peaches Fresh Whole Fruit</p>	<p>26</p> <p>Meatballs &amp; Gravy Roll Or Mini Corn Dogs Mashed Potatoes Celery Sticks Diced Pears Fresh Whole Fruit</p>	<p>27</p> <p>Fish Sticks Roll Crinkle Fries Or Mini Corn Dogs Cauliflower Florets Applesauce Fresh Whole Fruit</p>	<p>28</p> <p>Cheese Quesadilla Or Mini Corn Dogs Green Beans Cucumbers Pineapple Tidbits Fresh Whole Fruit</p>	<p>29</p> <p>Fiestada Pizza Or Mini Corn Dogs Baked Beans Cherry Tomatoes Fruit Cocktail Mini Rice Krispie Treat Fresh Whole Fruit</p>

Menus May Change As We Manage the National Supply Chain Challenges.

