



GOLD COAST JOINT BENEFITS TRUST

c/o Delta Health Systems • P.O. Box 80 • Stockton, CA 95201-3080 • 800-556-5918

## INDEMNITY MEDICAL PPO PLAN PARTICIPANTS

### 2021 PHARMACY FLU VACCINATION PROGRAM AT **EXPRESS SCRIPTS** **PHARMACIES**

**Date:** October 6, 2021

**To:** All Active and Retired Employees and their Dependents, including COBRA Beneficiaries and Adult Children up to Age 26 Enrolled in the Indemnity Medical PPO Plan

**From:** Gold Coast Joint Benefits Trust Fund

**Subject:** 2021 Flu Vaccination Program

To help you stay healthy during the 2021 flu season, this notice explains how you can receive influenza vaccinations. **The Plan will pay the entire cost of the vaccination if administered by an Express Scripts participating pharmacy.**

Vaccines administered at one of the Express Scripts participating pharmacies do not typically require an appointment and they use the same effective medications as your physician's office. There are several ways to locate a participating pharmacy:

1. Online at [www.express-scripts.com](http://www.express-scripts.com) for a list of participating pharmacy providers. **Please be advised that Walgreen's is not a pharmacy provider for the Gold Coast Joint Benefits Trust.**
2. Call the number on the back of your Member ID card (800-711-0917) to find a participating pharmacy near you.
3. Go to a participating pharmacy where you currently have a prescription on file.

***You may want to contact your participating pharmacy in advance to inquire about vaccine availability, any age restrictions for individuals at risk, and current vaccination schedules. Also, don't forget to present your Member ID card to the pharmacist at the time of service.***

**The best way to avoid influenza and related complications is to get a flu shot.** Every year in the U.S. an estimated 5-20% of the population gets the flu. According to the Centers for Disease Control and Prevention (CDC), the single best way to prevent seasonal flu is to get vaccinated each year. CDC recommends a yearly flu vaccine for everyone 6 months of age and older.

We hope the Pharmacy Flu Vaccination Program will help you and your family stay healthy throughout the year.