



**Sabetha High School  
Athletic Department**

Scott Burger  
Athletic Director  
785-284-2155 Fax: 785-284-2600  
1011 Bluejay Blvd., Sabetha, KS 66534  
E-mail: burgers@usd113.org

## 2021 Class 3A Regional Cross Country Meet

Date: October 23, 2021

Time:	Coaches Meeting	9:30 pm
	Varsity Girls' Race	10:00 pm
	Varsity Boys' Race	10:40 pm*
	Awards	11:30 pm*

\*Times are approximates

SABETHA HS (Sabetha Golf Course) Scott Burger, Manager  
GIRLS - 10:00 a.m. BOYS - 10:40 a.m.

Easton-Pleasant Ridge HS, Hiawatha HS, Hoyt-Royal Valley HS, Kansas City-Bishop Ward HS, Marysville HS, Meriden-Jefferson West HS, Olathe-Heritage Christian Academy, Osage City HS, Perry-Lecompton HS, Pomona-West Franklin HS, Rossville HS, Sabetha HS, Santa Fe Trail HS, Seneca-Nemaha Central HS, Silver Lake HS, Wellsville HS

State Qualifiers: Top three (3) teams  
Top ten (10) runners  
Top five (5) runners from non-qualifying teams if not in the top ten  
**Coaches of qualifying teams/runners, don't forget to send in your CC-3 and CC-4 to the state manager (Not KSHSAA) after the regional meet.**

Location: Sabetha Golf Club  
2551 X Rd Sabetha, KS 66534  
(785) 284-2023

Take HWY 75 north of Sabetha 1 mile, turn left on 192<sup>nd</sup>. Go west 1 mile, turn right on 14<sup>th</sup> street. Go  $\frac{3}{4}$  mile north and golf course is on the left side (west) of the road.

Dressing: Teams should come dressed and ready to compete. There will be NO dressing rooms or showers available at the country club. Restroom facilities will be available at the course and we will have porta potties located by the starting line.

Packets: Please pick up a packet upon arrival. Contents will include:  
1. Extra Maps of the Course      2. Instruction Sheet      3. Safety Pins & Numbers

Entries: All schools are to submit their list of participants on the KSHSAA website by noon, October 18<sup>th</sup>. (CC-1 & CC-2. No additions will be allowed after this time. Substitutes are permitted only with KSHSAA approval for injury or illness and none will be approved after Monday, October 18, 2021. Teams qualifying for the state meet may enter ten (10) and run a maximum of seven (7).

Scoring: We will use HY-TEK meet manager to score the meet. Each runner will wear a number with a label showing their school and name.

Reminders: Please review the 2021 Cross Country Announcements brochure for rules relating to uniforms, visible apparel, and jewelry. Coaches, you will need to verify legal uniforms by turning in a Legal Uniform Message card.

Valuables: Each team will need to secure their own valuables.

Starter: Pat McAfee, Horton, KS

Course Marking: A white line will serve as a guide throughout the course. In addition, a golf cart will stay out in front of the lead runner.

Awards/Medals: Team plaques for Regional Champion and Runner-Up  
Individual medals for top 10 runners

Results: Results will be e-mailed to coaches and athletic directors immediately after the race. We hope to have a hard copy for each head coach before they leave the park.

Rules Committee Jon Thomas, Nemaha Central  
Derek Pretre, Marysville  
Kevin Brokaw, Silver Lake

We look forward to hosting you at this meet. If you have any questions or concerns, please contact me at 785-284-2155.

Scott Burger, Regional Manager  
Sabetha High School