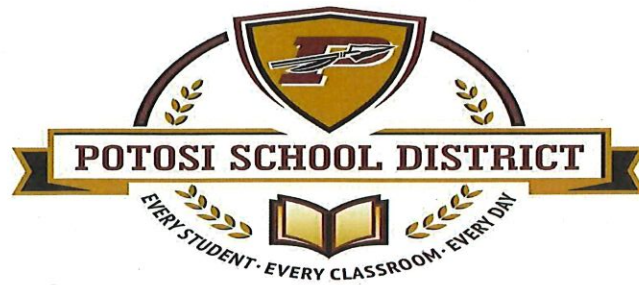


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Pupil Services Director  
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**Mike Uppena**  
K-12 Principal  
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Athletic Director  
(608) 763-2161

Dear 1st grade parents,

Your son or daughter may have been exposed to hand, foot, and mouth disease. **Hand, foot, and mouth disease is caused by viruses.** A person infected with one of these viruses is contagious, which means that they can pass the virus to other people.

The virus can spread to others through an infected person's

- Nose and throat secretions, such as saliva, drool, or nasal mucus
- Fluid from blisters or scabs
- Feces (poop)

People with hand, foot, and mouth disease are usually **most contagious during the first week** that they are sick. People can sometimes spread the virus to others for days or weeks after symptoms go away or if they have no symptoms at all.

Symptoms of hand, foot, and mouth disease usually include fever, mouth sores, and skin rash commonly found on the hands, mouth, and/or feet. Most children have mild symptoms for 7 to 10 days.

If your child is having any of these symptoms, please keep your child home from school due to this virus being contagious.

<https://www.cdc.gov/hand-foot-mouth/index.html>

If you have any other questions, please contact your healthcare provider,

Potosi Schools

**"Every Student, Every Classroom, Every Day"**