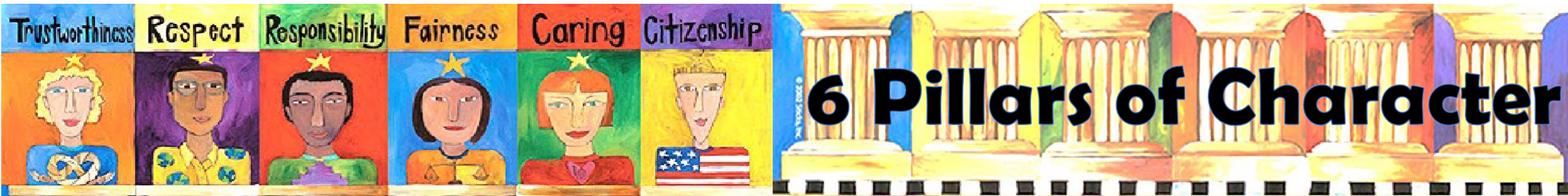
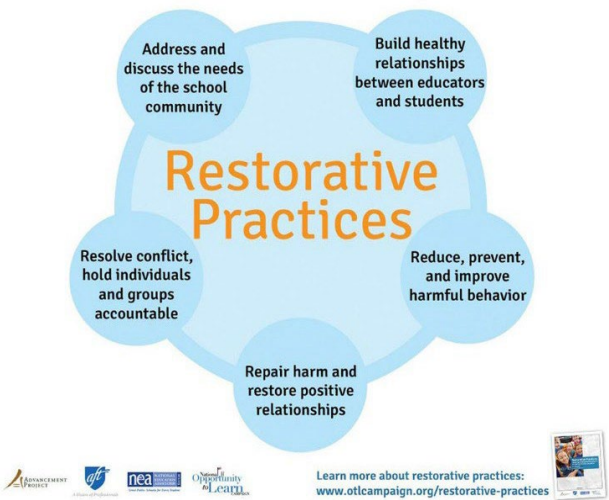


Old Bridge Public Schools supports Character Education, Social-Emotional Learning, and the wellbeing of all students. We recognize it is the shared responsibility of parents, teachers, and members of the community, to come together to promote the positive development of our youth. Together we teach the values and skills necessary to help children succeed and develop socially, emotionally, and academically. Please take a moment to review our elementary schools’ core values and review them with your child.



Self-awareness (Fairness, Trustworthiness)	Self-management (Citizenship)	Social Awareness (Respect)	Relationship Skills (Caring)	Responsible Decision Making (Responsibility)
Ask for help	Listen to others	Do nice things for others	Take turns when you talk	Do the right thing
Identify how you are feeling	Follow the rules	Stand up for others	Get along with others	Own your actions
Demonstrate honesty and integrity	Pay attention to your work	Shows concern for others	Ask others to do things with you	Respect other people's things
Have a growth mindset	Stay calm with others	Forgives others	Practice teamwork and collaborative problem-solving	Do your part in a group
Develop interests and a sense of purpose	Express your feelings	Shows kindness to others when they are upset	Make compromises	Listen to different ideas
Experiencing self-efficacy	Uses appropriate language when upset	Taking others' perspectives	Resolves disagreements calmly	Say when there is a problem
Tell others about your skills	Receives feedback without getting upset	Recognizing strengths in others	Say please and thank you	Demonstrating curiosity and open-mindedness
Practice optimism	Managing one's emotions	Demonstrating empathy and compassion	Communicating effectively	critical thinking
Integrate personal and social identities	Identifying and using stress management strategies	Understanding and expressing gratitude	Develop positive relationships	Identifying solutions for personal and social problems
Identifying personal, cultural and linguistic assets	Exhibiting self-discipline and self-motivation	Identifying diverse social norms, including unjust ones	Demonstrate cultural humility	Anticipating and evaluating the consequences of one's actions
Linking feelings, values, and thoughts	Setting personal and collective goals	Recognizing situational demands and opportunities	Resolving conflicts constructively	
Examining prejudices and biases	Using planning and organizational skills		Resisting negative social pressure	
	Showing the courage to take initiative		Showing leadership in groups	
			Seeking or offering support and help when needed	



How you can help support practices:

- Participate in the PTA and various committees if you are able
- Reinforce school-wide expectations at home by encouraging your child to practice expected behaviors
- Model the expected behaviors of your child
- Volunteer in school activities if you are able
- Attend parent workshops if you are able
- Communicate with your child's teacher and the school counselor regularly

Before they come to school, teach them to be successful socially, emotionally, and academically!

Teach your child to:

- ✓ Ask for help when needed
- ✓ Practice using kind words
- ✓ Say, "Please, Thank you, and Excuse Me."
- ✓ Ask questions when unsure about something
- ✓ Identify and express their feelings when frustrated, confused, intimidated, worried, or disappointed
- ✓ Try their best!

