

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Gosnell Elementary
School LEA Number:	4708028

School Year: 2021-2022**Section II: Needs Assessment****School Health Index Assessment**

Hint

- ☒ Check box if completing the SHI Assessment online
- ☐ Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Well466796
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Reviewer Comments:**Body Mass Index (BMI)**

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.

Kindergarten females: 81.6% healthy weight, 16.6% obese, 1.8% overweight

Kindergarten males: 72.3% healthy weight, 18.4% obese, 9.3% overweight

2nd grade females: 46.5% healthy weight, 13.5% obese, 19.2% overweight, 2.5% underweight

2nd grade males: 58.9% healthy, 21.2% obese, 13.5% overweight, 1.1% underweight

4th grade females: 72.5% healthy, 13.2% obese, 8.2% overweight, 2.3% underweight

4th grade males: 52.6% healthy, 39.5% obese, 26.3% overweight

6th grade females: 50% healthy weight, 22% obese, 26% overweight

6th grade males: 69.8% healthy weight, 25.7% obese, 20.9% overweight

In summary, the males have a higher weight percentage in the obese category than the females. Students that are considered overweight and obese need help with healthy eating and exercise.

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

- ☒ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

Gosnell Elementary will incorporate a fresh fruit and vegetable program to assist students with healthy eating. A grant will help pay for the food and the number of students taking the provided snacks will increase by 40%.

Goal 1 Activities

Activity	Person Responsible	Timeline
Grant approval	Judy Herron	September 2021
Distribute and promote healthy snacks	Judy Herron	October 2021

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

Goal 2 Measurable Objective

Gosnell Elementary will invested in and installed new playground equipment to promote more physical activity.

They will added an additional resource for all grades to help students have more time to be physically active. Teachers will also use GoNoodle to get students to dance and increase their heart rate. Participation at recess will increase by 65% because of the new equipment.

A new PE teacher was hired to be able to increase the number of minutes a week that students receive physical education.

Goal 2 Activities

Activity	Person Responsible	Timeline
Purchase equipment	Tiffany Kennemore	December 2021
Hire new PE teacher	Tiffany Kennemore	July 2021

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Stress Management and Exercise	Jenna Weeks	1 hour
CPR/First Aid	Chandlor Sullivan	4 hours

Reviewer Comments:

Reviewer Response:

☐ ADE Reviewed

Reviewer Comments:

Close