

Rock County Christian Elementary School

Lunch Menu

October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11 JC Chicken Nuggets French Fries Veggie beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Milk or Water only	12 JC A Milk or Water only	13 JC Hot Ham and Cheese sliders chips veggie beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Milk or Water only	14 JC A Milk or Water only	15 JC A Milk or Water only	16
17	18 JC Bacon cheeseburger pasta fruit or veggies beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Milk or Water only	19 JC A Milk or Water only	20 JC Hamburger fries veggie/fruit beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Milk or Water only	21 JC A Milk or Water only	22 JC A Milk or Water only	23
24	25 JC English muffin pizza Fruit, veggies beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Meal w/EXTRAS Main dish plus extras	26 JC A Milk or Water only	27 JC Chicken patty sandwich chips fruits/veggie beverage JC A Meal w/EXTRAS Main dish plus extras JC A Sandwich Peanut butter and jelly cheese stick fruit/veggies beverage JC A Milk or Water only	28 JC A Milk or Water only	29 JC A Milk or Water only	30
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