

October 4, 2021

A Proud Past, **A Promising Future**

"Never regret a day in your life: good days give happiness, bad days give experience, worst days give lessons, and best days give memories."

MONDAY, OCTOBER 4

Breakfast -Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

TUESDAY, OCTOBER 5

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

- Cross Country @ Clinton
- Volleyball @ Lower Richland 5:30/7 p.m.

WEDNESDAY, OCTOBER 6

Breakfast – Manager's Choice, Juice, Milk

Lunch – Manager's Choice, Juice, Milk

• Volleyball vs. Newberry – 5:30/7 p.m.

THURSDAY, OCTOBER 7

Breakfast –Manager's Choice, Juice, Milk

- Lunch Manager's Choice, Juice, Milk
 - JV Football @ Lower Richland 6 p.m. •
 - Tennis vs. Lower Richland 5 p.m. •

FRIDAY, OCTOBER 8

Breakfast -Manager's Choice, Juice, Milk

Lunch – Manager's Choice, Juice, Milk

Varsity Football vs. Lower Richland – 7:30 p.m.

SATURDAY, OCTOBER 9

- Cross Country @ Coaches Classic
- Girls State Swim Meet 10 a.m.

Good News

Congratulations to the MC Competitive Cheer Team on their Ist place finish at River Bluff High School Battle at the Bluff Competition on Saturday, October 2.

Coaches are Sherry Bedenbaugh, Amber Goree, and Mallory Green.

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Upcoming Events

2021-2022 ACT 2021-2022 SAT <u>Test @ MCHS</u> November 6, 2021 December 4, 2021 March 12, 2022 May 7, 2022 June 4, 2022 <u>Test @ MCHS</u> October 23, 2021 December 11, 2021 February 12, 2022 April 2, 2022 July 16, 2022

HOMECOMING WEEK THEMES

Monday, October 4, Monday - Career Day - activity is best dressed contest at each lunch (winners receive a shirt)

Tuesday, October 5 - Tweedle Dee/Tweedle Dum (Twin Day) - Kahoot trivia during lunch activity period (winning class gets spirit stick until Thursday)

Wednesday, October 6 - Wachy Wednesday (tacky/crazy) -Music trivia at lunch by table (winning table gets a prize)

Thursday, October 7 - Country (camo/country attire) vs. Country Club (preppy/frat attire) – Kahoot trivia during lunch activity period (winning class gets spirit stick rest of the week)

Friday, October 8 - White Out (also the theme for the game) -Pay to have a teacher pied (top ten teachers who bring in the most money) Choices to see pied: Mrs. Haltiwanger, Coach Winch, Mrs. Jones, Mrs. Frick, Mrs. Barnes, Coach Thomas, Mr. Counts, Coach Moore, Coach Renee Joiner, Coach Levi Joiner, Dr. Fowler, Coach Middleton, Mrs. Chavis, Coach Wilbanks, Mr. Long, Coach Green, Mrs. Darr, Mrs. Wise, Ms. Caughman -----

ATTENTION SENIORS

A Virtual College Fair for High Schools will take place on Monday, October 11 and Tuesday, October. 12. You are encouraged to register online and participate to learn about a college of your choice. You will also have the opportunity to ask questions and interact with college admission counselors. There will be over 120 colleges participating and attendance is FREE for students and parents. Please visit the following link to register for the Virtual High School College Fair.

https://www.strivescan.com/carolinas/

Miss MCHS Pageant Interest Meeting When: Monday, October 11th at 11:00 a.m. during Lunch Activity period

Where: Media Center (If you are not on campus during this time, please join us on google meet if able. E-mail Mrs. Harmon for the code!)

Who: All ladies interested in participating in the Miss MCHS the pageant

If you are unable to make the meeting and would like more info, please email Mrs. Harmon (tharmon@newberry.k12.sc.us).

High School Semester Exam Schedule October 14th - 1st & 3rd block exams October 15th - 2nd & 4th block exams

MCHS 2021-2022 Sm Underclassmen Picture



Make-up Day Monday, November 15, 2021

..... ASVAB

(Nov 19, 2021 & March 18, 2022)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the <u>guidance department</u> and add your name to the test list.

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DON'T WAIT UNTIL THE LAST MINUTE. Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75. Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

- EQUIVOCAL ambiguous; intentionally misleading ERRATIC unpredictable; wandering M ľ
- ERRONEOUS mistaken; wrong ERUDITE learned scholarly
- **ESOTERIC** hard to understand; known only to the chosen few **ESPOUSE** adopt; support w
- **ESTEEM** respect; value; judge **ETHEREAL** light; heavenly; unusually refined ΤH
- **EULOGY** expression of praise; often on the occasion of someone's death **EUPHEMISM** mild expression used in place of an unpleasant one F

Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.



M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 4

October 4, 2021

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

FEED THE POSITIVE "IF YOU DON'T HAVE IT, YOU CAN'T SHARE IT!"

Having worked with countless leaders over the years in businesses, schools and professional sports I've realized that great leadership is really a transfer of belief. Great leaders share their belief, vision, purpose and passion with others and in the process they inspire others to believe, act and impact. Great leaders are positively contagious and they instill confidence and belief in others.

Great sales managers inspire their sales people to believe in themselves and their product/service. Great school principals inspire their teachers to believe they can make a difference. Great teachers inspire and empower their students to believe in themselves. Great pastors inspire their congregations to serve and impact the community. Great sports coaches inspire their teams to believe they can win. And the people who have changed the world have been those who instilled in others the confidence to step up, serve, take initiative and create positive change. You don't need a title to be a leader. You just need to lead.

But here's the key...

As a leader, if you don't have it you can't share it. That's why you need to make time to feed yourself with positivity each day so you can feed others. Your team needs your positive leadership so make sure you fuel yourself so you can fuel them.

TAKE ACTION

Talk to yourself instead of listen to yourself.

Dr. James Gills accomplished the remarkable feat of completing two triathlons back to back. Most of the world, including me, couldn't complete one triathlon, never mind two. Yet, Dr. James Gills, a man in his fifties, was able to complete a double triathlon six times.

When asked how he did it, he said, "I've learned to talk to myself instead of listen to myself."

He continued, "If I listen to myself I hear all the reasons why I should give up. I hear that I'm too tired-too old-too weak to make it. But if I talk to myself I can give myself the encouragement and words I need to hear to keep running and finish the race."

It's the same way with life.

Too often we listen to ourselves and hear all the complaints, selfdoubt, fear and negativity that lead to unhappiness, failure and unfulfilled goals.

But instead of listening to the negative we can choose to feed ourselves with the positive. We can fuel up with words, thoughts, phrases, and beliefs that give us the strength and power to overcome our challenges and create an extraordinary life, career and team.

Take out a sheet of paper, on the left side write down your frequent negative thoughts. On the right side write down the words of encouragement you will say to yourself. When the negative thoughts appear, say the encouraging words instead. Over time this will transform your life and leadership.

The greatest

dependability.

ability is

- Jon Gordon

Bob Jones



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Important Dates

10/11	Miss MCHS Pageant Interest Meeting
10/14	High School Semester Exams
10/15	High School Semester Exams
10/18	End of 1st Nine Weeks
10/22	Ed Op (11th & 12th Grades) 12:45 p.m 1:45 p.m.
10/23	ACT
10/25	Report Cards Issued
10/25	Pre-ACT
10/25	Virtual SIC Meeting
10/27	Student Early Release
11/1	Parent Teacher Conferences (12 p.m.—7:30 p.m.) No School for Students
11/6	ACT
11/15	Underclassmen Picture Make- Up Day
11/15	Virtual SIC Meeting
11/16	Class Ring Delivery
11/19	ASVAB
11/22	Interim Reports Issued
11/24- 11/26	THANKSGIVING HOLIDAYS SCHOOLS/OFFICES CLOSED
	eminders

FACULTY FUND Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.



