

# OCTOBER 2021

## Crane Jr. & Sr. High Lunch

Milk is offered daily with each meal  
White is 1% and Flavored Fat Free  
**HS- High School Only**

Menu subject to change without notice

Monday

Tuesday

Wednesday

Thursday

Friday



Pizza  
Corn  
Fruit  
Cookie  
**2<sup>nd</sup> Option:**  
Chicken Sandwich

*Practice Good Handwashing!!*  
*(And cough into your sleeve)*

Biscuits & Gravy  
Sausage  
Hashbrown  
Applesauce  
**2<sup>nd</sup> Option:**  
Waffles w/ Syrup

Chicken Patty  
Mashed Potatoes & Gravy  
Fruit  
Breadstick-HS  
**2<sup>nd</sup> Option:**  
Cook's Choice

Vegetable-Beef Soup  
Grilled Cheese/& Crackers  
Pasta Salad- **HS only**  
Fruit  
**2<sup>nd</sup> Option:**  
Chicken Strips

Pizza  
Corn  
Fruit  
Cookie  
**2<sup>nd</sup> Option:**  
Chicken Sandwich

*All students eat for free*  
**Only complete meals are free**

Spaghetti w/ Meat Sauce  
Green Beans  
Fruit/ Breadstick-HS  
**2<sup>nd</sup> Option:**  
Bosco Cheese Sticks w/ Marinara Sauce

Chicken Patty  
Mashed Potatoes & Gravy  
Fruit  
Breadstick-HS  
**2<sup>nd</sup> Option:**  
Cook's Choice

Soft Tacos  
Ranch Beans  
Fruit  
**2<sup>nd</sup> Option:**  
Burrito

Pizza  
Corn  
Fruit  
Cookie  
**2<sup>nd</sup> Option:**  
Chicken Sandwich

*Go to bed early to be awake and ready to start the day at school refreshed*

Orange Chicken w/Rice  
Peas & Carrots  
Fruit  
Egg Roll  
**2<sup>nd</sup> Option:**  
Pizza

Chicken Patty  
Mashed Potatoes & Gravy  
Fruit  
Breadstick-HS  
**2<sup>nd</sup> Option:**  
Cook's Choice

BBQ Tacos  
Baked Beans  
Coleslaw  
Fruit  
**2<sup>nd</sup> Option:**  
Cheeseburger

Pizza  
Corn  
Fruit  
Cookie  
**2<sup>nd</sup> Option:**  
Chicken Sandwich

*A peanut puree' with grape reduction on wheat brioche (or other sandwich) is offered with lunch as an option*

Chicken Alfredo  
Broccoli  
Fruit/ Breadstick-HS  
**2<sup>nd</sup> Option:**  
Bosco Cheese Sticks w/ Marinara Sauce

Chicken Patty  
Mashed Potatoes & Gravy  
Fruit  
Breadstick-HS  
**2<sup>nd</sup> Option:**  
Cook's Choice

Cheeseburger  
French Fries  
Fruit  
**2<sup>nd</sup> Option:**  
Loaded Baked Potato w/ Breadstick

Pizza  
Corn  
Fruit  
Cookie  
**2<sup>nd</sup> Option:**  
Chicken Sandwich

**This institution is an equal opportunity provider**

Daily fruits will consist of either fresh, frozen, or canned fruits or a combination of fruits

**There will be limited or no Garden Bar available at this time**

**NOTICE: Menu may also change as some foods may not be available**