

# OCTOBER 2021

## Crane Breakfast

Milk is offered daily with each meal  
White is 1% and Flavored Fat Free

Menu subject to change without notice

Monday

Tuesday

Wednesday

Thursday

Friday

All students eat for  
free

Only complete meals are  
free

Breakfast begins at  
7:25 AM

High School students will  
be offered a **Grab & Go**  
between 1<sup>st</sup> & 2<sup>nd</sup> periods  
inside the  
cafeteria

Practice  
Good  
Handwashing!!

Scrambled Eggs  
Toast  
Fruit

Donuts  
Fruit

Scrambled Eggs  
Fruit

Omelet  
Flour Tortilla  
Fruit

Breakfast Sandwich  
Fruit

Breakfast Pizza  
Fruit

Breakfast Sandwich  
Fruit

Yogurt Parfait  
w/ Berries  
Elf Grahams

Waffles  
Syrup  
Fruit

Muffin  
Yogurt  
Fruit

Pancakes  
Syrup  
Fruit

French Toast Sticks  
Syrup  
Fruit

Biscuits & Gravy  
Fruit

Biscuits & Gravy  
Fruit

Biscuits & Gravy  
Fruit

Biscuits & Gravy  
Fruit

Biscuits & Gravy  
Fruit

This institution is an equal opportunity provider  
Daily fruits will consist of either fresh, frozen or canned fruits or a combination of fruits  
Cereal variety w/ Toast and Juice are offered daily for breakfast

**NOTICE: Menu may change as some foods may not be available**

