

Milk is offered daily with each meal  
White is 1% and Flavored Fat Free

# SEPTEMBER 2021

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Sandwich Fruit	2 Waffles Syrup Fruit	3 Biscuits & Gravy Fruit
6 <i>All students eat for free</i>	7 Donuts Fruit	8 Breakfast Pizza Fruit	9 Muffin Yogurt Fruit	10 Biscuits & Gravy Fruit
13 <b>Breakfast begins at 7:25 AM</b>	14 Scrambled Eggs Fruit	15 Breakfast Sandwich Fruit	16 Pancakes Syrup Fruit	17 Biscuits & Gravy Fruit
20 High School students will be offered a <b>Grab &amp; Go</b> between 1 <sup>st</sup> & 2 <sup>nd</sup> periods inside the cafeteria	21 Omelet Flour Tortilla Fruit	22 Yogurt Parfait w/ Berries Elf Grahams	23 French Toast Sticks Syrup Fruit	24 Biscuits & Gravy Fruit
27 <i>Practice Good Handwashing!!</i>	28 Bagel w/ Cream Cheese Fruit	29 Oatmeal or Breakfast Bar Toast Fruit	30 Pancake & Sausage on a Stick Syrup Fruit	

**This institution is an equal opportunity provider**

Daily fruits will consist of either fresh, frozen or canned fruits or a combination of fruits  
Cereal variety w/ Toast and Juice are offered daily for breakfast

**NOTICE: Menu may also change as some foods may not be available**

