

PANDEMIC FLU

FAMILY EMERGENCY HEALTH INFORMATION SHEET

It is important to think about health issues that could arise if an influenza pandemic occurs, and how they could affect you and your loved ones. For example, if you are seeing a health care provider other than your family provider or going to a treatment center, you may need to provide as much information as you can about your medical history when you go, especially if you have a serious health condition or allergy.

Create a family emergency health plan using this information. Fill in information for each family member in the space provided. Like much of the planning for a pandemic, this sheet also can help prepare for other emergencies.

1. FAMILY MEMBER INFORMATION:

| Family Member | Blood Type | Allergies | Past/Current Medical Conditions | Current Medications and Dosages |
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2. EMERGENCY CONTACTS:

| Contacts | Name/Phone Number |
|---|-------------------|
| Local personal emergency contact | |
| Out-of-town personal emergency contact | |
| Hospitals near: Work School Home | |
| Family physician(s) | |
| Local health department | |
| Pharmacy | |
| Health insurance company and policy numbers | |
| Life insurance company and policy numbers | |
| Employer contact and emergency information | |
| School contact and emergency information | |
| Religious/spiritual organization | |
| Veterinarian | |