



# Troy Newsletter

October 4, 2021

## Notes from the Principal, Mrs. Roux ...

Here we are in October and it's a good time to remind everyone that the weather is definitely cooler some mornings but still warm later in the day. Please be starting to send your child to school with sweatshirts or layers that can be put on and taken off as needed. Students have multiple opportunities to be outside each day and need to be prepared for the changing temperatures.

This week I am excited to share that we are bringing back our Troy Student Leadership Team. This is a team that consists of students in grades 4 and 5 who choose to go through an application/interview process to become a part of the team. The team meets as often as possible/needed to discuss topics important to our school such as special activities that we want to host, problems that need to be brainstormed, etc. This is a really great opportunity for our older students to strengthen their leadership skills, practice being responsible and to be positive role models in our school. We always have a lot of fun with this important part of our school culture.

Please be watching for information coming soon explaining how this year's parent/teacher conferences will be set up. This will be a great opportunity to review the results of your child's fall assessments and discuss the ways school and home can work together to ensure that your child has a great school year.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside. The school is not currently open to the full public.
- Important: Please ensure that your child comes to school with a clean mask, as well as a backup in case their mask gets dirty.
- Safety protocols including masks, frequent handwashing/hand sanitizing, and appropriate social distancing are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [lroux@rsu3.org](mailto:lroux@rsu3.org) school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

## Notes from the Office:

The Troy Fire Department will be visiting our classrooms on Thursday, October 7, to speak to our students about fire safety. The students enjoy having them visit our school.

## Important Upcoming Dates.....

October 7 - Fire Safety

Week of October 18 - Parent/Teacher conferences.

October 18 - Troy School Picture Day - Picture order forms have been sent home in backpacks. If you didn't find it and need one, please let the office know.

## Please help us recognize our Troy Students and Staff of the Week...



Rachel Nelson, Kitchen Manager



Kenzie earned points for the Siberians by remembering her manners



Joseph earned points for the Sabertooths by helping a friend

Check out what's happening at Troy School ... **Week of 9/27**

K-3	<p>The K-3 team has shared our classroom communication apps with all families. Mrs. Stauffer and Mrs. DeLorenzo are using the Bloomz app and Ms Kulalowski is using the Remind app. If you haven't had a chance to set up your account or if you need some help, please reach out. We will be sharing info and also some pictures of what's happening in the classroom. Please keep an eye out for parent/teacher info to be shared soon.</p>
4-5	<p>The 4-5 team worked more on writing about reading, different genre, and summaries. In math, we continued our work with place values, addition and subtraction. We started a "family" tree for our branches of government concentrating on the judicial branch this week. We also worked on Empathy playing a fun game.</p>
Music	<p>This week in music we focused our attention on the importance of being responsible and owning our actions. Students in 3rd - 5th grade watched another <a href="#">quick video</a> to prompt our conversation, while the K-2 students <a href="#">listened to a story</a>. We have been singing songs that align to our Troy CARES and are working on finding a way to share that with all of you! We also learned another new singing game to get our hearts pumping and our giggles flowing!</p>
 Art	<p>This week in art we made 3-D pumpkins! The students were so excited for this activity and did a wonderful job! Many made at least 2 or 3 to decorate their desk or home with!</p>
PE	<p>This was a great week in P/E. The cross-fit (stations) was brought back to a combined 4th/5th grade group. They absolutely loved it, crushed it and it was the best class I've ever had. I was so proud of their effort, energy and positive attitude/support for each other. (well done) The younger groups are every bit as excited and excelling at their own development. So much fun and can't wait to see what they all do next.</p>
Guidance	<p>This week in Guidance classes we are talking about using manners to be respectful. K-2 watched <a href="#">Do Unto Otters</a> and discussed the many ways we use our manners everyday. 3-5 watched the quiz show <a href="#">Look Mom I Have Good Manners</a> and showed off their manners knowledge. Find Mrs. Moring is Here to Help on Facebook for more info.</p>
 Garden	<p>While we continue to harvest vegetables out of our high tunnel, we are starting to prepare our gardens for the end of the growing season. We worked on making space for a fall cover crop by weeding around the crops still growing. The younger students also harvested tomatoes, peppers, and more eggplant! Students will be enjoying these roasted vegetables in the Italian Sausage Cacciatore lunch next week thanks to our school cook, Miss Rachel! Yum!</p>
Title One	<p>Starting to work with students this week!</p>



## Let's TACO About Elementary Guidance w/ Mrs. Moring

Fall Edition 

Welcome to the 2021-2022 school year! I wanted to take a moment to introduce myself. My name is Carrie Moring and I am the Elementary Guidance counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at [cmoring@rsu3.org](mailto:cmoring@rsu3.org). If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.

What do we do in Guidance classes?

I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week. For the first 4 weeks we will be discussing what it means to be **respectful** to others. Other topics we will be covering are kindness, self-esteem, recognizing and regulating emotions, and mindfulness.

Our classroom expectations for students are to be respectful, kind, safe, and mindful learners. Students have the opportunity to earn "taco" points when they are showing one of these qualities. When they have 10 taco points, they earn either lunch with Mrs. Moring or an inside/outside fun break with Mrs. Moring.



I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: [Mrs. Moring is Here to Help](#) and join the fun.

