



Since 1981, **The Leadership School at Kieve Wavus** has been developing leaders and strengthening communities by challenging students, teachers, and parents to take positive risks, set meaningful goals, make healthy decisions, all while being supportive team members and strong leaders. Adolescents still face a world of challenging choices and conflicting messages: our approach to supporting them as they face the challenges of growing up remains the same

<https://www.kwe.org/the-leadership-school/>

Dear Parents and Guardians,

Seventh graders will be attending the Leadership School at Kieve this Fall (**October 18th-22nd**). This is an overnight camp that BRES students have participated in for over 30 years. Students develop skills in communication, relationships, decisions, adventure, and team building that are reinforced throughout the school year. Students attend classes during regular school hours. In the afternoon students choose from several organized activities and an evening activity after dinner. The students live in heated cabins with standard bathroom facilities. In this packet you will find a packing list, curriculum guide, sample day at Kieve, and a waiver. The waiver and front page of this packet need to be returned to your child's homeroom teacher. The final part of the registration will be conducted differently this year. Email addresses are needed to send the link for registration. Please write your email address below.

The Kieve Leadership School is supported through grants and endowments, but families are asked to cover the remaining cost of **\$212.50**.

You may choose to make the payment in full or spread it out over multiple payments. If you have questions about payments, the program, or individual student needs please indicate them below. Feel free to contact Ms. Gordon with any questions 633-5097 (sgordon@aos98schools.org)

_____My child will be attending the Leadership School at Kieve and we will be able to make payments within the scheduled time.

_____I would like to speak with someone about payment questions. The best number and time to be reached are:_____

_____I would like to learn more about the program and speak to a BRES staff member to make a plan that will best meet my child's needs

_____My child will not participate in Kieve and will attend an alternate program at school.

Student:_____

Parent Signature:_____

Email Address:_____

Thank you for your support,

BRES Staff



PACKING LIST

PACKING

We spend a lot of time outside. Please plan for the season and use the following as a guide. Reach out to us with any questions or concerns..

PLEASE LEAVE TECHNOLOGY AT HOME

Phones, tablets, computers, hair dryers, radios, smart watches... technology is a no-go at TLS. Cameras and watches which only take pictures and/or tell time are the *only* exceptions. If unpermitted technology is brought to TLS, it will be safely held and returned at the end of the program.

PLEASE DO NOT PACK YOUR CHILDREN WITH EXTRA FOOD

We will feed your students very well. Any food sent to TLS should be communicated through our Student Health Form, at which point our Healthcare and Risk Director will coordinate dietary supplements with our Food Services Director.

- **Clothing appropriate for the season and the length of your stay:** Shorts should be fingertip length if arms are hanging at your sides to prevent climbing harness discomfort.
- **Closed-toed and -heeled shoes:** You will be active and must have shoes that meet these requirements to get around camp and climb.
- **Rain gear:** Unless there is thunder and lightning, we will spend a ton of time outside.
- **Cold weather gear:** Gloves, hats, scarves, coats, winter boots, etc.
- **Socks, socks, socks:** If you get wet or cold, you are going to want warm feet.
- **Pillow and sleeping bag:** Or three blankets and two sheet sets.
- **Personal items:** Toothpaste, toothbrush, soap, shampoo, towel, sunscreen, bug repellent, etc.
Medications must be submitted, held, and administered by the school staff on your trip.
- **Miscellaneous Gear:** Water bottle, flashlight, book, playing cards, etc. No technology or extra food!

Things occasionally get lost and left behind. While we make every effort to return lost and found items, it isn't always possible, so please leave your favorites at home! It is helpful to label items with your child's name (in Sharpie); especially items commonly left behind like jackets, water bottles, sweatshirts, hats, etc.



THE LEADERSHIP SCHOOL CURRICULUM

SELF-AWARENESS

Teaching students to be aware of themselves and to process how they feel during activities, sign-ups, and cabin time. The activities assist students in their reflection and evaluation of what they contribute to their group.

SELF-MANAGEMENT

Students will learn through activities focusing on impulse control, personal boundaries, and goal setting. These high energy activities are engaging and a TLS favorite.

SOCIAL AWARENESS

We build off the skills each student has already learned in their first activities to better understand how their actions affect others. These activities help each group learn more about each other, and highlight the similarities that are revealed.

RELATIONSHIP SKILLS

Learning to identify emotions, to build community connections, and to be empathetic. Students discuss and visualize who they are, where they come from, and where they want to go.

RESPONSIBLE DECISION MAKING

Students will engage in activities that allow them to reflect on decisions they make on a daily basis and the effects of those decisions. Each group will rely on each other to make the best decisions for their community.

CLIMBING

Our climbing blocks take the skills the students have been working on in the classroom to a real life setting. They need to be aware of their boundaries, the boundaries of others, and make the right decision for themselves and their class- whether on our high ropes course or indoor climbing wall.

LOW ELEMENTS

Using cables or wooden structures no higher than 2' off the ground, the students rely on each other to accomplish a group challenge. This process uses critical thinking skills and collaboration to be successful.

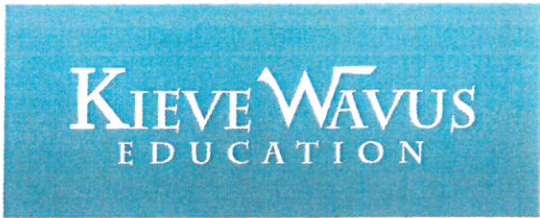
ENVIRONMENTAL EDUCATION

The environmental education class will explore the natural habitats on campus to learn how we are connected to those habitats. Students will learn about native species, weather patterns, the night sky, the lake ecosystem and more. Classes will follow the seasons with the goal of making student discovery central to each day.



A DAY IN THE LIFE AT THE LEADERSHIP SCHOOL

| | | |
|-------------|--|---|
| 7:00-7:50 | Wake Up! | Hot showers, brush your teeth, get dressed, and layer |
| 7:55-8:00 | Flag | Raise the flag and reflect on the day |
| 8:00-8:40 | Breakfast in Cabin Groups | Pancakes, cereal, eggs, fruit, and more |
| 8:45-9:15 | Morning Duties | Sweep the cabin, pick up sticks, take out the trash, and more - environmental stewardship in practice |
| 9:15-9:30 | Morning Meeting | Warm-up activity for the whole group |
| 9:30-10:30 | EASEL Block | Self management |
| 10:30-10:45 | Snack | |
| 10:45-11:45 | EASEL Block & Morning Debrief | Self awareness |
| 12:00-12:40 | Lunch in Class Groups | Tacos, pizza, salad bar, and more |
| 12:45-1:45 | Climbing Block | Indoor climbing wall or high ropes course |
| 1:45-2:45 | EASEL Block | Relationship skills |
| 2:45-4:00 | EASEL Block & Afternoon Debrief | Social awareness |
| 4:00-4:15 | Sign-ups & Snack | |
| 4:15-5:15 | Sign-up Activities | Soccer, improv, arts & crafts, and more |
| 5:15-5:30 | Flag | Lower the flag and reflect on the day |
| 5:30-6:10 | Dinner in Cabin Groups | Hamburgers, French fries, salad, and more |
| 6:10-6:30 | Evening Activity Prep | Get dressed, prep a skit, and more |
| 6:30-7:45 | Evening Activity | Air guitar, egg drop, campfire, and more |
| 7:45-8:00 | Snack | |
| 8:00-9:00 | Cabin Time | Debrief the day and get ready for bed |
| 9:00 | Lights Out | |



THE LEADERSHIP SCHOOL

MINOR PARTICIPANT RELEASE & WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

Please read carefully. This document affects your legal rights and is legally binding. By signing this Agreement, you are releasing KWE from all liability and forever giving up any claims, therefore.

1. Assumption of Risk. I, in my legal capacity as the parent/guardian of the minor named below ("Minor") acknowledge and agree that any use of KWE facilities, services, equipment and premises ("Facilities") and any participation in KWE programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I voluntarily, for myself and Minor, accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

2. Waiver, Release, Indemnification and Covenant not to Sue. In consideration of Minor's use of Facilities and participation in Programs, I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor that KWE, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by Minor, however occurring including, but not limited to, the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

3. I further agree, in my legal capacity as the parent/guardian of Minor, on behalf of Minor, myself, and any and all legal successors and proxies, to release and hereby release, waive and covenant not to sue, Releasees from and for any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which Minor, myself, and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however, the injury or damage occurs, including, but not limited to the negligence of Releasees.

4. I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor, to indemnify and hold harmless Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by it or any and all Participants making use of the Facilities.

Minor's Name (print clearly)

Date

Parent/Guardian Signature

Parent/Guardian Name (print clearly)

Program Name



Boothbay Region Elementary School

238 Townsend Avenue, Boothbay Harbor, ME 04538

Telephone: 207-633-5097 · Fax: 207-633-7130

<http://bres.aos98.net>

Shawna Kurr · Principal
Matt Lindemann · Assistant Principal

Kim Dionne · Guidance Counselor (K-4)
Sarah Gordon · Guidance Counselor (5-8)

Kieve Scholarship

Thanks to the generosity of community members who donate funds to BRES for the 7th grade Kieve trip there are scholarships available. The cost of the trip (\$212.50) can be a barrier to students attending Kieve. Family contributions help our funds to reach even further. We will do our best to ensure that we are able to support as many students as possible. Please fill out the attached information and return to your students homeroom teacher.

If there are any further questions please contact Ms. Gordon by email sgordon@aos98schools.org or phone (207) 633-5097.

Name of Student: _____ Date: _____

Family Contribution: _____

Scholarship Amount Needed: _____