

# CARLSBAD MUNICIPAL SCHOOLS HIGH SCHOOL OCTOBER 2021

OFFERED DAILY FOR BREAKFAST : FRUIT  
FRUIT JUICE & MILK VARIETY

OFFERED LUNCH: FRUIT & CONDIMENT BAR  
CHEF SALAD & FRUIT BOWL  
MILK VARIETY



|  |  |  |  |   |          |
|--|--|--|--|---|----------|
|  |  |  |  | MINI BITES<br>FRUIT<br>MILK & JUICE                                     | <b>1</b> |
|  |  |  |  | PULLED PORK<br>MASHED POTATOES<br>BROWN GRAVY<br>HOT ROLL<br>APPLESAUCE |          |
|  |  |  |  | ASADO BURRITOS<br>REFRIED BEANS<br>APPLESAUCE                           |          |
| <b>4</b>   | <b>5</b>   | <b>6</b>   | <b>7</b>   | <b>8</b>  |          |
| BREAKFAST PIZZA<br>FRUIT<br>MILK & JUICE   | CEREAL BAR<br>CHEESE STICK<br>FRUIT<br>MILK & JUICE                      | SAUSAGE BISCUIT<br>FRUIT<br>MILK & JUICE   | CREAM CHEESE BAGEL<br>FRUIT<br>MILK & JUICE                                      | CINNAMON TWIST<br>FRUIT<br>MILK & JUICE                                 |          |
| SPICY CHICKEN ON BUN<br>CHIPS<br>PINEAPPLE TIDBITS                                 | CHEESEBURGER<br>CURLY FRIES<br>PEACHES                                   | CHICKEN NUGGETS<br>MASHED POTATOES<br>CREAM GAVY<br>HOT ROLL<br>PEARS            | ASIAN CHICKEN<br>FRIED RICE<br>ORIENTAL VEGGIES<br>FORTUNE COOKIE<br>APPLESAUCE  | NACHO'S<br>REFRIED BEANS<br>MIXED FRUIT                                 |          |
| PERSONAL PIZZA<br>FRENCH FRIES<br>PINEAPPLE TIDBITS                                | FRITO PIE<br>RANCH BEANS<br>PEACHES                                      | TACO SALAD<br>REFRIED BEANS<br>SHREDDED LETTUCE<br>DICED TOMATO<br>PEARS         | SLOPPY JOES<br>CJIPS<br>APPLESAUCE   | SPAGHETTI<br>GREEN BEANS<br>CHEESE BREADSTICK<br>MIXED FRUIT            |          |
| <b>11</b>  | <b>12</b>  | <b>13</b>  | <b>14</b>  | <b>15</b>   |          |
| <b>NO SCHOOL</b>   | MORNING SAUSAGE ROLL<br>FRUIT<br>MILK & JUICE                            | PANCAKE ON A STICK<br>FRUIT<br>MILK & JUICE                                      | BENEFIT BAR<br>FRUIT<br>MILK & JUICE   | DONUT<br>FRUIT<br>MILK & JUICE  |          |
|  | CAJUN CHICKEN<br>CORN<br>CHEESE BREADSTICK<br>PEARS                      | STEAK FINGERS<br>MASHED POTATOES<br>BROWN GRAVY<br>HOT ROLL<br>PINEAPPLE TIDBITS | CHICKEN FAJITA BURRITO<br>REFRIED BEANS<br>PEACHES                               | FRITO PIE<br>RANCH BEANS<br>MIXED FRUIT                                 |          |
|  | CHEESEBURGER<br>CURLY FRIES<br>PEARS                                     | CHILI CHEESE<br>TATOR TOTS<br>MIXED VEGGIES<br>CHEESE BREADSTICK                 | PIZZA<br>FRENCH FRIES<br>PEACHES   | GRILLED CHEESE<br>CHIPS<br>MIXED FRUIT                                  |          |
| <b>18</b>  | <b>19</b>  | <b>20</b>  | <b>21</b>  | <b>22</b>   |          |
| BREAKFAST PIZZA<br>FRUIT<br>MILK & JUICE   | CHERRY FRUDEL<br>FRUIT<br>MILK & JUICE                                   | COCOA CHERRY BAR<br>FRUIT<br>MILK & JUICE  | YOGURT/CHEESE STICK<br>FRUIT<br>MILK & JUICE                                     | CINNAMON TWIST<br>FRUIT<br>MILK & JUICE                                 |          |
| POTATO STEAK BURRITO<br>REFRIED BEANS<br>PINEAPPLE TIDBITS                         | SPICY CHICKEN<br>TATER TOTS<br>MIXED FRUIT                               | FRITO PIE<br>RANCH BEANS<br>PEACHES  | CHICKEN NUGGETS<br>MAC & CHEESE<br>MIXED VEGGIES<br>ROLL<br>PEARS                | IND PIZZA<br>FRENCH FRIES<br>APPLESAUCE                                 |          |
| CHICKEN NUGGETS<br>MASHED POTATOES<br>CREAM GRAVY<br>HOT ROLL<br>PINEAPPLE TIDBITS | TACO'S<br>PINTO BEANS<br>SHREDDED LETTUCE<br>DICED TOMATO<br>MIXED FRUIT | CHICKEN PATTY<br>MASHED POTATOES<br>CREAM GRAVY<br>HOT ROLL<br>PEACHES           | CHEESEBURGER<br>CURLY FRIES<br>PEARS   | BBQ RIBLET ON HOAGIE<br>CHIPS<br>APPLESAUCE                             |          |
| <b>25</b>  | <b>26</b>  | <b>27</b>  | <b>28</b>  | <b>29</b>   |          |
| BREAKFAST PIZZA<br>FRUIT<br>MILK & JUICE   | BENEFIT BAR<br>FRUIT<br>MILK & JUICE                                     | MORNING SAUSAGE ROLL<br>FRUIT<br>MILK & JUICE                                    | OATMEAL<br>BISCUIT<br>FRUIT<br>MILK & JUICE                                      | DONUT<br>FRUIT<br>MILK & JUICE  |          |
| STEAK FINGERS<br>MASHED POTATOES<br>BROWN GRAVY<br>HOT ROLL<br>PEARS               | TACO SALAD<br>REFRIED BEANS<br>APPLESAUCE                                | COMBO BURRITO<br>CHIPS<br>PINEAPPLE TIDBITS                                      | GRILLED CHEESE<br>TATER TOTS<br>MIXED FRUIT                                      | NACHO'S<br>REFRIED BEANS<br>PEACHES                                     |          |
| CHEESEBURGER<br>CURLY FRIES<br>PEARS   | SPICY CHICKEN ON A BUN<br>CHIPS<br>APPLESAUCE                            | CAJUN CHICKEN<br>GREEN BEANS<br>CHEESE BREADSTICK<br>PINEAPPLE TIDBITS           | ASIAN CHICKEN<br>FRIED RICE<br>ORIENTAL VEGGIES<br>FORTUNE COOKIE<br>MIXED FRUIT | IND PIZZA<br>FRENCH FRIES<br>PEACHES                                    |          |