

October 2021



Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Daily Alternative Meal: Protein Pack- Yogurt, String Cheese, Crackers, Fruit, Veggie



Menu subject to change

1 In House Pizza
Green Beans
Fresh Fruit Variety
1% Milk
Chocolate Milk
Fat Free Milk

4 Chicken Patty Sandwich
Fries
Fresh Fruit Variety
1% Milk
Fat Free Milk

5 Bean and Cheese Burrito
Salad
Honeydew Melon
1% Milk
Fat Free Milk

6 Pork Teriyaki Pepper & Onion Blend
Canned Pears
1% Milk
Fat Free Milk

7 Chicken Tamale
Black Bean Salad
Fresh Fruit Variety
1% Milk
Fat Free Milk

8 In House Pizza
Salad
Fresh Fruit Variety
1% Milk
Chocolate Milk
Fat Free Milk

11 Cheesy Pasta
Fruit cocktail
1% Milk
Fat Free Milk

12 Pork Taco
Cabbage, raw
Fresh Fruit Variety
1% Milk
Fat Free Milk
Cilantro lime Dressing

13 Potstickers and Teriyaki Fried Rice
Roasted Broccoli
Honeydew Melon
1% Milk
Fat Free Milk

14 Hot Dog
Salad
Watermelon
1% Milk
Fat Free Milk
Ranch

15 In House Pizza
Salad
Honeydew Melon
1% Milk
Chocolate Milk
Fat Free Milk

18 Chicken Quesadilla
Baby Carrots
Fresh Fruit Variety
1% Milk
Fat Free Milk

19 Bean and Cheese Burrito
Jicama Sticks
Fresh Fruit Variety
1% Milk
Fat Free Milk

20 Teriyaki Chicken Rice Bowl
Roasted Broccoli
Cantaloupe Melon
1% Milk
Fat Free Milk

21 Monte Cristo Biscuit
Salad
Fresh Fruit Variety
Fat Free Milk
1% Milk

22 Chicken Strips
Salad
Applesauce
1% Milk
Chocolate Milk
Fat Free Milk
Ranch

25 Hamburger
Salad
Canned Peaches
1% Milk
Fat Free Milk

26 Beef Tacos
Cabbage, raw
Fresh Fruit Variety
1% Milk
Fat Free Milk

27 Potstickers and Teriyaki Fried Rice
Roasted Broccoli
Canned Pears
1% Milk
Fat Free Milk

28 Nachos
Black Bean Salad
Fruit cocktail
1% Milk
Fat Free Milk

29 In House Pizza
Confetti Salad
Honeydew Melon
1% Milk
Chocolate Milk
Fat Free Milk