

C.V. Koogler Middle School

Monthly Newsletter: October 2021



Hello Koogler Parents and Guardians,

It's hard to believe we are on the third month of school! It has gone by fast, and are seeing our kids learn so much!

The end of the quarter is fast approaching, it is October 15th. Grades will be posted the following week. Please get with your teachers about upcoming deadlines. Parents be sure to check Google classrooms for missing work and PowerSchool for current grades.

We have seen a recent uptick in Covid cases and want to ensure that we are keeping everyone safe. To do this we need your help. Do not send sick students to school and if anyone in your household has Covid, do not send your student to school. If your student is feeling sick, keep them home. If your student tests positive for Covid we need to know right away so we can check for those who were in close contact and stop the spread. We do not tell anyone who they have been in close contact with, just that they have been in close contact, quarantine guidelines, and their return date.

If your student is out on quarantine please make sure they get in their Google Classrooms and check both the Stream and Classwork each day for directions, assignments and instruction. Many teachers are posting videos, links, and electronic work to help students at home.

Mrs. Sledzinski

C.V. Koogler Middle School

Principal



WORLD'S FINEST CHOCOLATE

Our students are selling World's Finest Chocolate to help support our school.

- Our fundraiser will run from 10/1/21-10/15/21
- Koogler has successfully worked with **World's Finest Chocolate** in the past to raise funds to help our students and we would love to have your help this year!
- Please see the attached flier for information about how to get started with our annual fundraiser.

These funds help with many positive things for Koogler. Money from this fundraiser will go towards: Student Tiger Pride Incentives, Staff Training, Grade Incentives, Software, Computer Repairs for Students who cannot afford them, Field Trips, Outside Furniture, and End of the Year Awards.

Congratulations to our Parent Advisory Committee Representatives:

6th Grade: Lisa McClain

7th Grade: Tiffany Akin

8th Grade: April Dan



Athletic Eligibility:

Athletics have gotten well underway and we continue to have many questions about eligibility. These are state rules and not something we can change. Students must be eligible to participate in games and competitions. A reminder of the rules:

A Student shall have a 2.0 grade point average with no F's, based on a 4.0 grading scale, for the semester grading period immediately preceding participation. For students not eligible at the semester, the next nine week grading period can be used to regain eligibility.

In addition to the NMAA standards listed above Koogler Middle School will utilize the following higher standards to determine continued eligibility after the 1st and 3rd grading periods:

1. Eligibility to participate in activities/athletics will also be determined at the end of Q1 and Q3 grading periods. Any student who has a GPA below 2.0 or more than 1 F will be deemed ineligible for the following 9 weeks period.
2. If students lose eligibility based on the above provision he/she may regain eligibility by meeting the standard of 2.0 and no Fs for the current semester grade at the start of the next semester.

KOOGLER GIRLS BASKETBALL

Koogler Girls Basketball starts soon and we the coaching staff of the Lady Tigers would like to inform you of some key info and special dates. There is some paperwork that needs to be turned in and or uploaded to **RANK 1**, by you and your student athlete in order for them to begin the season. Some of the paperwork they will need are a Physical, a Concussion course, a Parent permission slip, and a Health form. ALL these forms can be located on the C.V. Koogler website. There will be a Parents Meeting on **WEDNESDAY OCTOBER 6th @5:30pm** in the Koogler Main Gym. We will do a quick over view of how to get onto Rank 1, onto Koogler website to find the forms needed, and also answer any questions you may have at the parents meeting. Season Begins on October 11th and this will also be the 1st day of tryouts, which will start after school. Also make sure your Athlete gets into the correct Basketball Google Classroom ASAP, 7th graders code: bvakqtv and 8th graders code: jfvc2qq. Thanks and look forward to meeting you all and teaching your Student Athlete.

Lady Tiger Coaching Staff

PARENTS PLEASE CHECK OUT IMPORTANT ATTACHMENTS ABOUT SOCIAL MEDIA AWARENESS

During this challenging year, school staff are working to teach students about mental health and how to seek help if they are worried about themselves or a friend. We are using a program called *SOS Signs of Suicide*. The program teaches students about this difficult topic and encourages them to seek help. We will be providing the training for both Koogler Middle School and Aztec High School the week of October 4th. We also suggest that you visit www.sossignsofsuicide.org/parent for information on warning signs for youth suicide, useful resources, and some of the key messages students will learn.

If you have any questions or concerns about your child's participation in this program please contact Mrs. Urban at 505-419-9926 or any of our school counselors

Attached with this newsletter are:

- An infographic for you to reinforce the ACT message at home
- A list of local counseling resources

Check with your student's ELA teacher for the exact date. Those wishing to opt out of this program may do so at:

https://docs.google.com/forms/d/e/1FAIpQLSfqhp1gFjtIDXaB5Jxj1T5oM_pIIRDHeLwqX4ePHZgmAjTICw/viewform?usp=sf_link

PARENT TEACHER CONFERENCES WILL BE HELD VIRTUALLY THIS FALL.

Students will have Early Release at 12 on Thursday 10/28 at 12:15.

Conferences will be from 1:30 pm -7 pm Thursday 10/28, and from 8am to 12 noon Friday 10/28.

Grade Level Teams will be in touch about setting up appointments for conferences.

Please Say No to Energy Drinks

We do not allow students to have Energy Drinks on Campus. Drinks such as Monster, AMP, and Red Bull are not safe for students to consume and we request that you not send your students with these to school. We have seen kids who are ill from these drinks and want our kids to be healthy and safe. According to U.S. News and World Report adverse effects from Energy Drinks in teens include "Abdominal pain, Breathing difficulties, Chest pains, Gastrointestinal problems such as nausea, vomiting and diarrhea, Headaches, Heart palpitations, Heightened anxiety,... Feeling jittery or experiencing tremors, Seizures". See the full article about the dangers of Energy Drinks and Teens here: <https://health.usnews.com/wellness/for-parents/articles/2018-06-06/teens-and-energy-drinks-a-potentially-dangerous-combination>