




South Central Grade School

October



Breakfast is the first menu and includes oj. All meals include milk.

Go to www.southcentralschools.org for all current updates.

<p>4 Belvita cookie</p> <p>Chicken quesadilla Salsa Romaine salad Mixed fruit</p>	<p>5 Mini cinnis</p> <p>Corndog Nacho/cheese Green beans Peaches</p>	<p>6 Donut holes</p> <p>Spaghetti/meat sauce Bosco stick Corn Pears</p>	<p>7 Egg omelet</p> <p>Beef stew Hot roll String cheese Applesauce</p>	<p>8 Muffin</p> <p>Cheeseburger on bun Chex mix Carrots Ranch dip Apple</p>
<p>11</p>  <p>NO SCHOOL</p>	<p>12 Scc bagel</p> <p>Pizza Corn Spinach salad Mandarin oranges</p>	<p>13 Sausage links</p> <p>Chili Uncrustable Cheese/crackers Peaches</p>	<p>14 Scrambled eggs</p> <p>BBQ rib on bun Curly fries Cowboy beans Applesauce</p>	<p>15 Long john</p> <p>Hot dog on bun Baked Cheetos Cucumber slices Ranch dip Grapes</p> <p>1st Quarter Ends</p>
<p>18 Apple Bosco</p> <p>Cheesy bites Marinara sauce Green beans Applesauce Treat</p>	<p>19 Sausage pancake on stick</p> <p>Chicken noodles Cheesy mashed potato Bread and butter Mandarin oranges</p>	<p>20 Oatmeal</p> <p>Biscuit & sausage gravy Triangles Scrambled eggs Mixed fruit</p>	<p>21 Tornado (ft)</p> <p>Ravioli Grilled cheese Peas Peaches</p>	<p>22 Pancake</p> <p>Turkey & cheese on bun Sunchips Broccoli Ranch dip Banana</p>
<p>25 Bfst pizza</p> <p>Chicken strips BBQ sauce Baby bakers Bread and butter Peaches</p> <p>Red Ribbon Week Pajama Day</p> 	<p>26 Cinnamon roll</p> <p>Chicken tetrazzini Bread stick Romaine salad Fruit salad</p> <p>Hat Day</p> 	<p>27 Crumb square</p> <p>Meatloaf Mashed potato Green beans Applesauce</p> <p>Staff Wear WOW Shirts</p> <hr/> <p>Crazy Hair Day</p> 	<p>28 Waffle stix</p> <p>Uncrustable Munchos Carrots Ranch dip Crasins</p> <p>Halloween Costume Day</p> <hr/> <p>Early Dismissal @ 11:45</p> <hr/> <p>Parent Teacher Conference 3:00 7:00 p.m.</p>	<p>No School Parent Teacher Conference 8-noon</p> 