

SOS Signs of Suicide:



Training Trusted Adults (Parents & Community)

In Person and Livestream Event: Wednesday, October 13, 2021

Hampton Academy - Dining Hall

7:00pm - 8:00pm



Presented by Connor's Climb Foundation:

Candice Porter, Executive Director

Kara LaMarche, Senior Marketing & Advocacy Manager

Training Trusted Adults - Agenda

- Youth suicide prevention basics
- ACT (Acknowledge, Care, Tell)
- What to do when your child ACTs
- Building coping skills
- Resources

If you plan to attend virtually, please click on the following link:

https://www.youtube.com/channel/UCII_l88OqLTtCBfjoqe4VBQ/live

Note: Please click on the link only at the scheduled livestream time otherwise you will be redirected to our general YouTube page.

****Self assessments need to be completed independently prior to entering into the Hampton Academy school building and masks need to be worn at all times.**

Additional Resources Resources:

SOS Signs of Suicide Parent Portal (provides resources and overview of the SOS Program)

<https://sossignsofsuicide.org/parent/signs-suicide-program>

NH lawmakers passed Senate Bill 282. RSA 193-J codifies suicide prevention education

<https://www.education.nh.gov/who-we-are/division-of-learner-support/bureau-of-student-wellness/office-of-social-and-emotional-wellness/suicide-prevention>

Article: How Can Parents Help Kids Help a Friend?

<https://www.washingtonpost.com/lifestyle/2019/05/15/social-media-self-harm-suicide-how-can-parents-help-kids-help-friend/>