

ELEMENTARY SCHOOL MENU

OCTOBER 2021

Mon	Tue	Wed	Thu	Fri
*All bread products, rice, pasta, wraps, breaded products, crackers, and chips are whole grain.	*National School Lunch Week October 11-15* <i>Receive a free snack when you get your school lunch this week!</i>	***Some menu items are due to change. If a change is made, it will be let known by morning announcements***		1 Spicy chicken patty sandwich Broccoli and cheese Curly fries Mixed fruit or fresh fruit Milk Ketchup
4 Pork BBQ sandwich Green beans Coleslaw Pineapple tidbits or fresh fruit Milk Ketchup	5 Cheeseburger Potato salad Baked beans Diced pears or fresh fruit Milk Ketchup Mustard	6 Chicken fajita wrap Shredded cheddar cheese Fiesta black beans Corn Mandarin oranges or fresh fruit Milk Ketchup Salsa	7 Hot dog on bun Baby carrots w/ ranch Curly fries Mixed fruit or fresh fruit Milk Ketchup Mustard	8 Pepperoni pizza Collard greens Sweet potato fries Applesauce or fresh fruit Milk Ketchup
11 Chicken nachos Shredded cheddar cheese Glazed carrots Fiesta black beans Diced pears or fresh fruit Milk Ketchup, salsa	12 BBQ pork rib patty sandwich Coleslaw Potato tots Pineapple tidbits or fresh fruit Milk Ketchup	13 General Tso popcorn chicken Brown rice Steamed broccoli Corn Mixed fruit or fresh fruit Milk Ketchup	14 Salisbury steak Roll Mashed potatoes Green beans Spiced peaches or fresh fruit Milk Ketchup	15 Cheese pizza Steamed vegetable medley Green peas Applesauce or fresh fruit Milk Ketchup
18 'Breakfast for lunch' Sausage patties French toast sticks Potato tots Green beans Baked apples or fresh fruit Milk Syrup, ketchup	19 Corn dog nuggets Baked beans Glazed carrots Mixed fruit or fresh fruit Milk Ketchup Mustard	20 Teriyaki chicken Brown rice Steamed broccoli Mixed vegetables Mandarin oranges or fresh fruit Milk	21 Crispy chicken wrap Lettuce Shredded cheddar cheese Corn Green beans Diced peaches or fresh fruit Milk Ketchup, ranch dressing	22 Max sticks Collard greens Sweet potato fries Applesauce or fresh fruit Milk Ketchup Marinara sauce
25 Chicken patty sandwich Broccoli and cheese Curly fries Mixed fruit or fresh fruit Milk Ketchup	26 Meatballs w/ marinara sauce Garlic breadstick Glazed carrots Peas Diced pears or fresh fruit Milk Ketchup	27 Soft shell taco w/ shredded cheese and salsa Corn Fiesta Black Beans Diced peaches or fresh fruit Milk Ketchup	28 Macaronni & Cheese Roll Steamed broccoli Mixed vegetables Mandarin oranges or fresh fruit Milk Ketchup	29 Pizza crunchers Baby carrots w/ ranch Potato wedges Applesauce or fresh fruit Milk Ketchup

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ALTERNATIVE LUNCH ENTREES

SERVED DAILY:

CRISPY CHICKEN SANDWICH, A CHOICE OF TWO VEGETABLES, AND FRESH FRUIT OR FRUIT CUP.

ANYTIMERS TURKEY & CHEESE LUNCHABLE, A CHOICE OF 2 VEGETABLES AND FRESH FRUIT OR FRUIT CUP.

PB&J WITH CHEESESTICK & FISH CRACKERS, A CHOICE OF TWO VEGETABLES, AND FRESH FRUIT OR FRUIT CUP.

SERVED TUESDAY THROUGH FRIDAY:

CHEF SALAD WITH CROUTONS, A CHOICE OF ONE VEGETABLE, FRESH FRUIT OR FRUIT CUP, AND A CHOICE OF SALAD DRESSING.

BREAKFAST OFFERED DAILY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast pizza w/ graham crackers	Breakfast pizza w/ graham crackers	Breakfast pizza w/ graham crackers	Breakfast pizza w/ graham crackers	Breakfast pizza w/ graham crackers

Chicken biscuit French toast sticks Cereal and PopTart Strawberry cream cheese bagel	Pancake & sausage wrap Yogurt and PopTart Cereal and PopTart Mini Chocolate donuts	Chicken biscuit French toast sticks Cereal and PopTart Strawberry cream cheese bagel	Pancake & sausage wrap Yogurt and PopTart Cereal and PopTart Mini Chocolate Donuts	Chicken biscuit French toast sticks Cereal and PopTart Strawberry cream cheese bagel
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Assorted fruit, fruit juice, 1% unflavored milk, and fat-free chocolate milk are offered with all breakfast entrees.

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