



October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Maple Burst Waffles or Bagel or Cereal	Breakfast Pizza or Bagel or Cereal	Muffin or Bagel or Cereal	Blueberry Pancakes or Bagel or Cereal	Breakfast Sandwich or Bagel or Cereal
4	5	6	7	8
Cheeseburger or Sunbutter & Jelly	Fish Sticks or Sunbutter & Jelly	Chicken Stew w/dinner roll or Sunbutter & Jelly	Pizza or Sunbutter & Jelly	WORKSHOP DAY
11	12	13	14	15
HOLIDAY	Chicken Corn Dogs or Sunbutter & Jelly	Macaroni & Cheese w/dinner roll or Sunbutter & Jelly	Rib-b-que on a bun or Sunbutter & Jelly	Pizza or Sunbutter & Jelly
18	19	20	21	22
Cheese filled Breadsticks w/marinara or Sunbutter & Jelly	Chicken Quesadilla or Sunbutter & Jelly	Sloppy Jeff on a bun or Sunbutter & Jelly	Hot Dog on a bun or Sunbutter & Jelly	Pizza or Sunbutter & Jelly
25	26	27	28	29
Chicken Tenders or Sunbutter & Jelly	Pretzel w/cheese or Sunbutter & Jelly	Rotini w/dinner roll or Sunbutter & Jelly	Toasted Cheese w/tomato soup or Sunbutter & Jelly	Pizza or Sunbutter & Jelly

The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin.

This institution is an equal opportunity provider.