



**Cooperstown Elementary School  
Extracurricular Activities Guide  
2021-2022**



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**Title of Extracurricular:** College for Every Student (CFES) Elementary School

**Name of Advisor:**

**Contact Information:**

**Eligible Grade Levels:** K-6

**Description of Extracurricular:** Sixth grade students are selected as mentors to establish supportive, school-based relationships with mentees to help them become college and career ready. Mentors are positive role models who can provide advice and guidance to help mentees get ready for college and a job. This program is sponsored in part by CFES Brilliant Pathways.

**Goals and Objectives for Extracurricular:** To provide mentoring opportunities that raise educational aspirations and academic performance for students in the elementary school.

**Proposed Major Activities or Projects:** Mentoring and School Community Service

**Schedule of Meetings:** Embedded throughout the school day.



**Title of Extracurricular:** Elementary STEAM Club

**Name of Advisor:** David Peplinski

**Contact Information:** [dpeplinski@cooperstowncs.org](mailto:dpeplinski@cooperstowncs.org)

**Eligible Grade Levels:** 5-6

**Description of Extracurricular:** The steam club is open to grades 5 and 6. The club focuses on hands-on science activities and is designed to be low stress fun environment. It is a great transition into technology club in the Jr/Sr High.

**Goals and Objectives for Extracurricular:** The club's mission is to get kids to explore new areas of science in a fun, hands-on way.

**Proposed Major Activities or Projects:** Rockets, Crystals, Hot Air Balloons, egg drop, bridge building, liquid nitrogen demonstrations, Air pressure gliders, water rockets

**Schedule of Meetings:**

- **Location:** Wednesdays, Elementary School RM 106, 3:00PM - 4:00PM



**Title of Extracurricular:** Girls on the Run

**Name of Advisor:** April Green

**Contact Information:** [agreen@cooperstowncs.org](mailto:agreen@cooperstowncs.org)

**Eligible Grade Levels:** 3-5

**Description of Extracurricular:** Character Building Goal Setting Program

**Goals and Objectives for Extracurricular:** Students Work on Setting a Goal to Complete a 5k, while working on health goals, peer relationships, and body awareness.

**Proposed Major Activities or Projects:** The program culminates with a 5k at the Clark Sports Center. We also do a Community Service Project.

**Proposed Associated Costs:** There is a fee for the students, it's approximately \$100 for the program t-shirt, race t-shirt, 5K reward and registration.

**Schedule of Meetings:**

- **Date, Location, time:** It typically begins in March and runs through June. Days are to be determined by the individual coaches and the program, but it is twice a week (usually Mon and Wed), after school from 3-4:30pm.



**Title of Extracurricular:** Junior Jazz-Rock Ensemble

**Name of Advisor:** Mr. Daum

**Contact Information:** [pdaum@cooperstowncs.org](mailto:pdaum@cooperstowncs.org)

**Eligible Grade Levels:** 6-8

**Description of Extracurricular:** The Junior Jazz-rock Ensemble is an extracurricular instrumental music group that focuses on introducing students to how to play various jazz and rock styles together. The instrumentation is varied, but not limited to concert band instruments plus piano, guitar, and bass guitar. At least one year of experience on an instrument is required.

**Goals and Objectives for Extracurricular:**

1. To familiarize all members with outstanding examples of various types of jazz and rock band music.
2. For all members to know their role in contributing to a jazz-rock performing ensemble.
3. For all members to get experience with how a jazz-rock ensemble rehearses and performs.
4. For all members to obtain the necessary skills needed to perform in a jazz-rock ensemble.

**Proposed Major Activities or Projects:**

1. Elementary December concert
2. Cabaret night - January
3. District-wide jazz concert - May
4. CCS Artshow at Cooperstown Village Library - May

**Schedule of Meetings:** **Schedule of Meetings:** One weekly meeting per week according to the weekday with the least conflicts among the members from 3-4 pm.

- **Location:** High School Band room



**Title of Extracurricular:** Kid Garden

**Name of Advisor:** Bella Anania

**Contact Information:** [ianania@cooperstowncs.org](mailto:ianania@cooperstowncs.org)

**Eligible Grade Levels:** K-12

**Description of Extracurricular:** A garden Based Learning program which provides supplemental education in all areas of learning. Every class, K-12 is welcome to use the garden as an outdoor classroom in order to achieve these additional learning experiences.

**Schedule of Meetings:** Due to the nature of the Kid Garden, there are no regular meetings.



**Title of Extracurricular:** Red Hot Ropers

**Name of Advisor:** Bella Anania & Monica Wolfe

**Contact Information:** [ianania@cooperstowncs.org](mailto:ianania@cooperstowncs.org), [mwolfe@cooperstowncs.org](mailto:mwolfe@cooperstowncs.org)

**Eligible Grade Levels:** 3-6

**Description of Extracurricular:** Mission: Jumping rope helps develop coordination, agility, self-confidence, and creativity while providing lots of exercise and fun! Performance opportunities exist, but the main benefit remains the practice, learning and enjoyment.

**Goals and Objectives for Extracurricular:** We jump rope, learn new tricks, create routines and partner routines. We use equipment and do double dutch and various forms of long rope. We perform three times a year with the whole group: the first is an assembly at the elementary school to teach our own students about jumping rope. Then, we do two basketball halftime shows. One is at a High School Varsity Basketball game and another is at a college basketball game. In addition, selected 5<sup>th</sup>/6<sup>th</sup> grade Ropers go on a field trip to a nearby school to spend the day teaching their students jump rope tricks and putting on a show. That generally happens in late winter or early spring. This sharing program has been going on for over 15 years with many area schools.

**Proposed Major Activities or Projects:** Halftime Performances at High School Basketball game and College Basketball games & Field Trip to local schools to model and teach other students.

**Schedule of Meetings:**

- **Date, Location, time:** Monday and Wednesday, Elementary Gymnasium, 3:00-4:00 PM from November until February Break.