Gilboa – Conesville Central School Menu September 2022

September 2022				
WELCOME BACK			SEP. 7 BREAKFAST	SEP. 8 BREAKFAST
EVERYONE!! WE			WAFFLES	FRENCH TOAST
CANNOT WAIT				<u>STICKS</u>
TO SEE YOUR			<u>Lunch</u>	
SMILING FACES			Chicken Tenders	<u>Lunch</u>
		4	French Fries	Pepperoni or Cheese
COME THROUGH			Green Beans	Pizza
THE LUNCH			Tossed Salad	Tossed Salad
LINE!!		-	Fruit	Fruit
			Milk	Milk
<u>Sep. 11</u>	SEP. 12 BREAKFAST	SEP.13 BREAKFAST	SEP.14	SEP. 15 BREAKFAST
BREAKFAST	MINI CINNIS	PANCAKES	BREAKFAST	BAGEL
HOMEMADE	Louis		FRUDEL	
MUFFINS	Lunch	Lunch Grilled Cheese	Laurah	Lunch Cheese Pizza
Lumah	Turkey Taco w/ Toppings		Lunch Breakfast for	Tossed Salad
Lunch Chicken Patty on a	Corn Tossed Salad	Tomato Soup Broccoli	Lunch	Fruit
Roll	Fruit	Tossed Salad	Waffles	Milk
Rice	Milk	Fruit	Eggs	WIIIR
Green Peas	Will be a second of the second	Milk	Sausage *	
Tossed Salad		A MARKATAN AND AND AND AND AND AND AND AND AND A	Tossed Salad	
Fruit	7.75		Fruit	
Milk			Milk	4 10 100 1 10 10
SEP. 18	SEP. 19 BREAKFAST	SEP. 20 BREAKFAST	SEP. 21	SEP. 22 BREAKFAST
BREAKFAST	BREAKFAST BARS	ENGLISH MUFFINS	BREAKFAST	BREAKFAST PIZZA
CROISSANT	= 		WAFFLES	
	Lunch	Lunch		Lunch
Lunch	Chicken Quesadilla	Macaroni and Cheese	Lunch	Pizza Sticks w/ Sauce
Fish Sticks	Rice	Cooked Beets	Hot Dog on a Bun	Tossed Salad
Rice	Corn	WG Bread	Baked Beans	Fruit
Cooked Carriots	Tossed Salad	Tossed Salad	Herbed Rotini	Milk
Tossed Salad	Fruit	Fruit	Tossed Salad	The same of the sa
Fruit	Milk	Milk	Fruit	
Milk			Milk	200
SEP. 25	SEP. 26 BREAKFAST	SEP. 27 BREAKFAST	SEP. 28	SEP. 29 BREAKFAST
BREAKFAST	BREAKFAST BURRITO	MINI CINNIS	BREAKFAST	CROISSANT
MINI WAFFLES			BAGEL	
	Lunch	Lunch		<u>Lunch</u>
Lunch	Nachos w/ Beef	Grilled Cheese	<u>Lunch</u>	Cheese Pizza
BBQ Rib on a Roll	Corn	Tomato Soup	Pasta w/ Meatballs	Tossed Salad
Mixed Vegetable	Tossed Salad	Green Beans	Tossed Salad	Fruit
Rice	Fruit	Tossed Salad	WG Bread	Milk
Tossed Salad	Milk	Fruit	Fruit	
Fruit		Milk	Milk	
Milk				
			BREAKFAST IS A	<u>SANDWICHES</u>
			CHOICE OF	MONDAY TURKEY
			CEREAL OR	MONDAY-TURKEY
			SPECIAL, PLUS	THECOAY TUNA
	Choose MyPlate gov		MILK, JUICE, FRUIT	TUESDAY-TUNA
			FRUIT	WEDNESDAY ECC
				WEDNESDAY- EGG SALAD
			MENU IS SUBJECT	JALAD
			TO CHANGE	THURSDAY- HAM
			. O GIANGE	. HORODA I - HAM
				FRIDAY- PB & JELLY

State law requires that students must choose at least three of the five items offered to qualify for the full lunch. If you choose, less items then ala carte charges will apply.

PRE K-12 BREAKFAST- \$1.95, PRE K-3 LUNCH - \$2.65, 4-12 LUNCH- \$2.90, MILK-\$.50