

COVID Guidelines for Central District #51

SICK STUDENT

Students (vaccinated or unvaccinated) who have one or more of the following COVID-like symptoms must follow IDPH guidelines listed in the table.

Sore Throat	Fever 100.4 or higher	Shortness of breath
New Cough	New moderate or severe headache	Muscle or body aches
Vomiting	New loss of taste or smell	
Diarrhea	Fatigue from unknown cause	

Vaccinated and Unvaccinated Students	Siblings	Student may return to school when all criteria below are met:
<p>Keep student home and have COVID test completed. (Home test kits not allowed)</p> <p style="text-align: center;">OR</p> <p>If testing is not completed: Keep student home until the 10 day isolation period is completed - (Siblings must remain home for 10 days along with the student) All students qualify for remote learning.</p>	<p>IF a sick student is tested within 24 hours of symptom onset, siblings may attend school.</p> <p>If sick student is <u>not</u> testing within 24 hours of onset of symptoms, unvaccinated siblings <u>must</u> remain home until ALL COVID test results are received.</p> <p>Fully vaccinated** siblings who are not experiencing any symptoms do not need to stay home regardless of when the sick sibling is tested.</p>	<p>1. After ALL COVID test results are received by the school in writing. This includes both Point of Care (rapid) and PCR (lab) tests if both tests are performed by the student's healthcare provider.</p> <p style="text-align: center;">AND</p> <p>2. Symptoms have improved.</p> <p style="text-align: center;">AND</p> <p>3. Fever free for 24 hours without the use of fever reducing medication.</p> <p style="text-align: center;">AND</p> <p>4. Vomiting and diarrhea free for 48 hours.</p>
<p>If any household member is sick with COVID-like symptoms, follow the same guidelines above in order for students to return to school.</p>		

CLOSE CONTACT--an individual who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24 hour period.

Students in a classroom setting: Contacts who were within 3-6 feet of an infected student do not require exclusion as long as both individuals were consistently masked.

Fully vaccinated students** who are asymptomatic or students who have tested positive for COVID-19 within prior 90 days do not require exclusion from school but should be tested 3-5 days after exposure.

***An individual is considered fully vaccinated:*

- 2 weeks after their second dose in a 2-dose series (Pfizer or Moderna), OR
- 2 weeks after their single-dose vaccine (Johnson & Johnson)