

# MOOD BOOST

## Marlette Elementary Lunch Menu Oct. 4-Oct.15, 2021

Mood Food: Beef  
What it Has: Iron  
What it Does: Assists oxygen flow to the brain.



**Price:** Meals are **FREE** to all students

Lunch includes entrée supplying protein and grain, fruit, and vegetable side dishes, and choice of 1% white or chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Patty Sandwich Or Cheeseburger on a Bun Crinkle Fries Baby Carrots Fruit Cocktail Whole Fresh Fruit	5 Mini Corn Dogs Or Cheeseburger on a Bun Cauliflower Florets Baked Beans Chilled Peaches Fresh Whole Fruit	6 Grilled Cheese Tomato Soup Or Cheeseburger on a Bun Steamed Broccoli Sliced Cucumbers Applesauce Fresh Whole Fruit	7 Meaty Rotini Pasta WG Dinner Roll Or Cheeseburger on a Bun Green Beans Cherry Tomatoes Pineapple Tidbits Fresh Whole Fruit	8 Pepperoni Pizza Or Cheeseburger on a Bun Corn Broccoli Florets Diced Pears Fresh Whole Fruit
11 Mini Pancakes Sausage Links Or Hot Dog on a Bun Tater Tots Baby Carrots Chilled Peaches Fresh Whole Fruit	12 Bosco Sticks Marinara Sauce Or Hot Dog on a Bun Green Beans Celery Sticks Fruit Cocktail Fresh Whole Fruit	13 Chicken Nuggets WG Dinner Roll Or Hot Dog on a Bun Golden Corn Cherry Tomatoes Diced Pears Fresh Whole Fruit	14 Beef Nachos Lettuce & Cheese Or Hot Dog on a Bun Peas Broccoli Florets Applesauce Fresh Whole Fruit	15 No School

Menus May Change As We Manage the National Supply Chain Challenges.

