



RCES

This institution is an equal opportunity provider.

October 2021

Please see the website for menus and other key information.

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin 27 Applesauce Milk/Juice	Rice Krispie Treat 28 Fruit in a Cup Milk/Juice	Mini Powdered Donuts 29 Banana Milk/Juice	Breakfast Pizza 30 Orange Slices Juice/ Milk	Honey Bun 1 Apple Slices Milk/Juice
Chicken Tenders Cooked Corn Apple Milk	Chicken Patty on Bun Tater Tots Mandarin Oranges Milk	Cheesy Pull a Part Marinara Carrots and Dip Sliced Peaches Milk	Corn Dog Baked Beans Diced Pears Milk	Pepperoni Pizza Salad Apple Slices Milk
Mini Pancake 4 Applesauce Milk/Juice	PopTart 5 Fruit in a Cup Milk/Juice	Chocolate mini Donuts 6 Banana Milk/Juice	Frudel 7 Clementine Milk/Juice	NO SCHOOL Teacher Institute Day
Chicken Nuggets Baked Beans Mixed Fruit Milk	Hamburger on bun Tater Tots Apple Milk	Bosco Sticks Marinara Carrots and Dip Mandarin Oranges Milk	Taco in a Bag Salsa Pineapple Milk	
NO SCHOOL Columbus Day	Rice Krispie Treat 12 Fruit in a Cup Milk/Juice	Mini Powdered Donuts 13 Banana Milk/Juice	Breakfast Pizza 14 Orange Slices Juice/ Milk	Honey Bun 15 Apple Slices Milk/Juice
	Mr. Ribb on Bun Corn Mandarin Oranges Milk	Cheesy Pull a Part Marinara Carrots and Dip Mixed Fruit Milk	Sub Sandwich Green Beans Sliced Peaches Milk	Pepperoni Pizza Salad Apple Slices Milk
Mini Pancake 18 Applesauce Milk/Juice	PopTart 19 Fruit in a Cup Milk/Juice	Chocolate mini Donuts 20 Banana Milk/Juice	Frudel 21 Clementine Milk/Juice	Cini Mini 22 Apple Slices Milk/Juice
Popcorn Chicken Baked Beans Mandarin Oranges Milk	Cheeseburger on Bun Tater Tots Apple Milk	Bosco Sticks Marinara Carrots and Dip Diced Pears/ Milk	Taco in a Bag Salsa Pineapple Chunks Milk	Cheese Pizza Salad Apple Slices Milk
Muffin 25 Applesauce Milk/Juice	Rice Krispie Treat 26 Fruit in a Cup Milk/Juice	Mini Powdered Donuts 27 Banana Milk/Juice	Breakfast Pizza 28 Orange Slices Juice/ Milk	Honey Bun 29 Apple Slices Milk/Juice
Chicken Tenders Cooked Corn Apple Milk	Chicken Patty on Bun Tater Tots Mandarin Oranges Milk	Cheesy Pull a Part Marinara Carrots and Dip Sliced Peaches Milk	Corn Dog Baked Beans Diced Pears Milk	Pepperoni Pizza Salad Apple Slices Milk

Variety of Milk served with each meal

Reminder:
You can deposit money into your students Food Service account through Skyward Family Access.

*Menu is Subject to Change.
** Extra grains may be added to each meal.

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50



Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department



	Prices
Breakfast	\$2.25
Reduced	.35
Adult Breakfast	\$3.35
Lunch	\$2.85
Reduced	.45
Adult	\$4.30
EXTRA MILK	.50