



# Power Your Performance October 11-15, 2021




## POWERUP!

### Marlette Jr/Sr High School

**Price:** All students are **FREE** through the end of the school year.

Lunch includes choice of entrée supplying protein and grain, fruit, and vegetable side dishes, and choice of milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AMERICAN CLASSICS</b>	Sloppy Joe Au Gratin Potatoes Green Beans	Beef Nachos Refried Beans Assorted Toppings	Chili Dog Curly Fries Baked Beans	Chicken Tenders Roll Mashed Potatoes Gravy Corn	No School
	Pepperoni Pizza Cheese Pizza	Bosco Sticks w/ Pizza Sauce	Pepperoni Pizza Cheese Pizza	Cheese Quesadilla Assorted Toppings	
<b>grilled</b>	Chicken Nuggets w/Roll Crinkle Fries	Fish Sticks Chicken Tenders Curly Fries	Turkey & Swiss on a Pretzel Roll Spicy Chicken Patty Crinkle Fries	Bacon Cheeseburger Curly Fries	
<b>ON THE GO</b>	Strawberry Yogurt Parfait with Granola  Crispy Chicken Salad w/ Roll  Cheese & Grapes Cup	Strawberry Yogurt Parfait with Granola  Ham & Turkey Sub w/ Cheese & Lettuce  Cheese & Grapes Cup	Strawberry Yogurt Parfait with Granola  Turkey, Cheese, Lettuce Sub  Cheese & Grapes Cup	Strawberry Yogurt Parfait with Granola  Chef Salad  Cheese & Grapes Cup	
<b>extra extra</b>	Baby Carrots Pineapple Tidbits Fresh Whole Fruit	Lettuce Salad Diced Peaches Fresh Whole Fruit	Fresh Broccoli Applesauce Fresh Whole Fruit	Lettuce Salad Fruit Cocktail Fresh Whole Fruit	

USDA is an equal opportunity employer and provider.

**Menu subject to change without notice.**

Questions or Comments? Please call Stacy Moyer, Food Service Director at 989-635-7425 ext. 44902