



# Troy Newsletter

September 27, 2021

## **Notes from the Principal, Mrs. Roux ...**

As we are wrapping up September, I would like to share again that we have had a very successful start to the school year. Despite a continued focus on extra safety precautions, including unfortunately not being able to welcome families into the school building, we are having a relatively typical beginning to the school year. All classrooms are continuing to focus on the very important work at the beginning of the year of establishing positive classroom communities and reviewing all routines, and expectations. Please continue to support this work by reviewing behavioral expectations at home as well, reminding your child that part of his/her job, in addition to giving his/her best effort on academic assignments, is to be safe, respectful and responsible. As we finish collecting data from our fall assessments, all classrooms need to be ready to dive into the instructional work that these assessments indicate, and students following behavioral expectations is a large part of teachers being able to deliver the engaging and effective lessons they have planned.

Please be watching for information coming soon explaining how this year's parent/teacher conferences will be set up. This will be a great opportunity to review the results of your child's fall assessments and discuss the ways school and home can work together to ensure that your child has a great school year.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside. The school is not currently open to the full public.
- Important: Please ensure that your child comes to school with a clean mask, as well as a backup in case their mask gets dirty.
- Safety protocols including masks, frequent handwashing/hand sanitizing, and appropriate social distancing are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [lroux@rsu3.org](mailto:lroux@rsu3.org) school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

## **Notes from the Office:**

School Picture Day is coming soon - be watching for information!

## **Important Upcoming Dates.....**

Week of October 18 - Parent/Teacher conferences. Specific details for your child will be coming soon.

Check out what's happening at Troy School ...

Week of 9/20

K-3	<p>We are continuing our conversations about what it looks like to be responsible. K/1 made great posters with examples for all to see what CARE looks like to them.</p>
4-5	<p>4/5 students worked on some fun concepts in math. They worked on coordinate grids, place value to the billions and different number forms. We explored some interesting mummy facts on Friday and wrote about a favorite book that we got “wrapped up in.”</p>
Music	<p>This week at Troy School, music students focused on the importance of being respectful. The older students watched a <a href="#">short video</a> of what that looks and sounds like and had great discussions on what that might look like in music class. The younger students also watched a <a href="#">video clip from sesame street</a> that exemplified what respect might look like for kids! We also continued singing, playing games and dancing!!</p>
<p>Art</p> 	<p>This week in art class we continued our work learning about tessellations! Students were asked to use their imaginations and turn a shape into what they saw. Many images such as cats, fish, foxes and flags were created and put together like a puzzle.</p>
PE	<p>The Troy children are doing tremendous work, especially the 5th grade group. They are showing incredible enthusiasm and energy during class, at their break movements during school and at home. I went to one of their soccer games during the week and spoke to a couple of the parents. They both said that this is the most physical and outgoing their children have been. (really 4th and 5th are on fire)</p>
Guidance	<p>This week in Guidance classes we are talking about interrupting. We read the book My Mouth is a Volcano and <a href="#">we watched a video on mindfulness</a>. Please check out Mrs. Moring is Here to Help on facebook for more information.</p>
Garden	<p>Wow! The vegetables keep coming! We harvested pound after pound of eggplants, tomatoes, and peppers today. The students love eating the sweet peppers from our high tunnel! Ms. Bears' class also weeded and decorated our garden in front of the school. Happy harvest everyone!</p> 



## Let's TACO About Elementary Guidance w/ Mrs. Moring

Fall Edition



Welcome to the 2021-2022 school year! I wanted to take a moment to introduce myself. My name is Carrie Moring and I am the Elementary Guidance counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at [cmoring@rsu3.org](mailto:cmoring@rsu3.org). If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.

What do we do in Guidance classes?

I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week. For the first 4 weeks we will be discussing what it means to be **respectful** to others. Other topics we will be covering are kindness, self-esteem, recognizing and regulating emotions, and mindfulness.

Our classroom expectations for students are to be respectful, kind, safe, and mindful learners. Students have the opportunity to earn "taco" points when they are showing one of these qualities. When they have 10 taco points, they earn either lunch with Mrs. Moring or an inside/outside fun break with Mrs. Moring.



I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: [Mrs. Moring is Here to Help](#) and join the fun.

