



September 27, 2021

A Proud Past, A Promising Future

One kind word can change someone's entire day.

MONDAY, SEPTEMBER 27

- Breakfast - Manager's Choice, Juice, Milk
Lunch - Manager's Choice, Juice, Milk
Tennis vs. Newberry 5 p.m.

TUESDAY, SEPTEMBER 28

- Breakfast - Manager's Choice, Juice, Milk
Lunch - Manager's Choice, Juice, Milk
Cross Country @ Chester

WEDNESDAY, SEPTEMBER 29

- Breakfast - Manager's Choice, Juice, Milk
Lunch - Manager's Choice, Juice, Milk
Tennis @ Newberry 5 p.m.
Swim @ Newberry YMCA 5:30 p.m.
Volleyball vs. Chapin 5:30/7 p.m.

THURSDAY, SEPTEMBER 30

- Breakfast - Manager's Choice, Juice, Milk
Lunch - Manager's Choice, Juice, Milk
JV Football vs. Keenan - 6 p.m.

FRIDAY, OCTOBER 1

- Breakfast - Manager's Choice, Juice, Milk
Lunch - Manager's Choice, Juice, Milk
Varsity Football @ Kennan - 7:30 p.m.

SATURDAY, OCTOBER 2

- Cheer @ River Bluff High School (Battle at the Bluff)

Good News

Congratulations to MCHS August Students of the Month, Rafael Sosa, Gage Gilliam, Ethan Lindler, and Katelyn Belle Barbour.

Congratulations to Dr. Jonathan Fowler, MCHS' Teacher of the Month and Nurse Melanie Jenkins, Support Staff of the Month for August.

Congratulations to the Rebel Regiment on placing 3rd at the James F. Byrnes Tournament of Bands on Saturday, September 25.

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school cafe to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Upcoming Events

2021-2022 ACT Test @ MCHS October 23, 2021 December 11, 2021 February 12, 2022 April 2, 2022 July 16, 2022

2021-2022 SAT Test @ MCHS October 2, 2021 November 6, 2021 December 4, 2021 March 12 2022 May 7, 2022 June 4, 2022



2021-2022 MCHS Senior Picture Make-Up Day Tuesday, September 28, 2021

HOMECOMING WEEK THEMES

- Monday, October 4, Monday - Career Day - activity is best dressed contest at each lunch (winners receive a shirt)
Tuesday, October 5 - Tweedle Dee/Tweedle Dum (Twin Day) - Kahoot trivia during lunch activity period (winning class gets spirit stick until Thursday)
Wednesday, October 6 - Wacky Wednesday (tacky/crazy) -Music trivia at lunch by table (winning table gets a prize)
Thursday, October 7 - Country (camo/country attire) vs. Country Club (preppy/frat attire) - Kahoot trivia during lunch activity period (winning class gets spirit stick rest of the week)
Friday, October 8 - White Out (also the theme for the game) - Pay to have a teacher pied (top ten teachers who bring in the most money) Choices to see pied: Mrs. Haltiwanger, Coach Winch, Mrs. Jones, Mrs. Frick, Mrs. Barnes, Coach Thomas, Mr. Counts, Coach Moore, Coach Renee Joiner, Coach Levi Joiner, Dr. Fowler, Coach Middleton, Mrs. Chavis, Coach Wilbanks, Mr. Long, Coach Green, Mrs. Darr, Mrs. Wise, Ms. Caughman

ATTENTION SENIORS

A Virtual College Fair for High Schools will take place on Monday, October 11 and Tuesday, October, 12. You are encouraged to register online and participate to learn about a college of your choice. You will also have the opportunity to ask questions and interact with college admission counselors. There will be over 120 colleges participating and attendance is FREE for students and parents. Please visit the following link to register for the Virtual High School College Fair. https://www.strivescan.com/carolinas/

High School Semester Exam Schedule

- October 14th - 1st & 3rd block exams
October 15th - 2nd & 4th block exams

MCHS 2021-2022 Underclassmen Picture Make-up Day



Monday, November 15, 2021

ASVAB

(Nov 19, 2021 & March 18, 2022)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list.

DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

Table with 2 columns: Word and Definition. Words include ASCRIBE, CONSIGN, DEPARTMENT, DESIGNEE, DISSIMILARY, FACSIMILE, INSIGNIA, NONDESCRIPT, PORTMANTEAU, RAPPORT.



M-C FACULTY NEWS

Mid-Carolina High School

Volume 10, Issue 3

September 27, 2021

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

DON'T QUIT! 5 WAYS TO KEEP GOING

Life is not a marathon or a sprint. It's a series of sprints combined with a boxing match. You're not just running toward a goal but you're also getting hit along the way. I don't know where you are on your journey, but I know there will be times you want to give up on a goal or dream. I know the importance of the right words at the right time. Whether now is one of those times or perhaps you'll save this for a time you need to read it, I want to encourage you to keep going. Don't quit! Here are 5 ways you can fuel up your mind and soul for the journey ahead.

1) Keep your Vision Alive: It's so important to keep looking forward and seeing the future you want to create. If you can see it you'll keep moving towards it. Consider making a vision board or creating a vision notebook filled with pictures and words that remind you of what you are working towards. I still have the one I created before The Energy Bus was published. It's wild how many things I wrote down that actually came true.

2) Fuel up with Purpose: There will be many times you want to give up but always remember that your purpose is greater than your challenges. It is the ultimate fuel for a meaningful journey. It gives you meaning and mission which helps you over-

come adversity and avoid burnout. We don't get burned out because of what we do. We get burned out because we forget why we do it. As you are moving toward your vision keep reminding yourself why you are going there. Consider creating a purpose statement that you can look at each morning to keep you going.

3) Believe the Best is Yet to Come: We don't give up because it's hard. We give up because we get discouraged. No matter what challenges you face along the way keep encouraging yourself. Maintain hope. Believe the best is yet to come. If you believe in what you are doing and know that this is what you truly want, then keep believing it will happen. Research from Duke University shows that if you believe it you are more likely to take the actions necessary to achieve it.

4) Focus on the Process, not the Outcome: There will be many times where the outcome is not looking good. You may not be hitting the numbers you want or getting the results you desire. The key is to focus on the process and just work to get better each day. Focus on small victories. Strive to hit milestones. If you have a vision you want to create and focus on the process each day, you'll gradually move towards your goal and dream.

5) Trust in a Bigger Plan: Sometimes when all hope seems lost and you feel like there is nothing more you can do; I believe you can do something that will help everything. You can pray and trust in a bigger plan for your life. I did this many times when I was almost bankrupt after losing my job during the dot com crash. I did it when I second mortgaged my home to open a restaurant. I did it when The Energy Bus was rejected by over 30 publishers. I did it when my first book tour didn't go very well. And each time I did it I had renewed hope and optimism that led me to this very moment where I wrote this and you read it. There's a bigger plan and it includes both of us.

So don't give up! Keep going! Because, you'll be better for it and so will the people you impact along the way. I'm rooting for you!

- Jon Gordon



Important Dates

- 9/28 Senior Picture Make-Up Day
- 10/2 SAT
- 10/14 High School Semester Exams
- 10/15 High School Semester Exams
- 10/18 End of 1st Nine Weeks
- 10/22 Ed Op (11th & 12th Grades) 12:45 p.m. - 1:45 p.m.
- 10/23 ACT
- 10/25 Report Cards Issued
- 10/25 Pre-ACT
- 10/25 Virtual SIC Meeting
- 10/27 Student Early Release
- 11/1 Parent Teacher Conferences (12 p.m.—7:30 p.m.) No School for Students
- 11/6 ACT
- 11/15 Underclassmen Picture Make-Up Day
- 11/15 Virtual SIC Meeting
- 11/16 Class Ring Delivery
- 11/19 ASVAB
- 11/22 Interim Reports Issued
- 11/24- THANKSGIVING HOLIDAYS
- 11/26 SCHOOLS/OFFICES CLOSED

Reminders

FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.

Please check your mailboxes and e-mail for vital information early each morning.



HAPPY BIRTHDAY!



Happy belated birthday wishes to Hyman Rubin (9/14), Lorraine Kibler (9/17), Kindred Durant (9/18), James Merinar (9/18), and Amber Pennington (9/23).