



Olympia Food Service Manager
 Donna Waters 309-379-6011 ext. 1140
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Middle School High School October Menu

Breakfast and Lunch meals are currently provided free of charge for all Olympia Students

Adult Meal Prices: Breakfast 1.50 - Lunch 3.40
Menus are subject to change without notice

BREAKFAST

Breakfast Meals includes a whole grain entrée, choice of fruit, 100 % fruit juice, and/or milk. Fruit or juice must be taken with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk

LUNCH

Each Lunch Meal includes an entrée, choice of fruit, veggies and/or milk. A serving of fruit or vegetables is required to be taken with every meal.



Monday	Tuesday	Wednesday	Thursday	Friday
4 Bosco Sticks/Marinara Golden Corn Baby Carrots Assorted Fruit Choice of Milk	5 Sweet n Sour Chicken & Rice/Roll Peas, Garden Salad Assorted Fruit/Juice Choice of Milk	6 EARLY OUT LUNCH Cheeseburger (MS) Deli Sandwich (HS) Baby Carrots Assorted Fruits, Choice of Milk	7 Ravioli Garlic Bread/Stick Green Beans Garden Salad Assorted Fruits, Juice Choice of Milk	8 Breaded Pork Patty Baked Beans Tomatoes Assorted Fruits Choice of Milk
11 No School	12 Fish Nuggets Mac N Cheese Green Beans Garden Salad Assorted Fruits, Juice Choice of Milk	13 Chicken Patty/Bun Spicy Chicken/Bun Coleslaw, Baked Beans Assorted Fruits Choice of Milk	14 Avantis Gondola Loaded Baked Potato Cheesy Broccoli Garden Salad Assorted Fruits, Juice Choice of Milk	15 Pizza Day Cheesy Broccoli Baby Carrots Assorted Fruits Choice of Milk
18 Meatball Subs/Bun Green Beans Baby Carrots Assorted Fruits Choice of Milk	19 Chicken Drumstick Mashed Potatoes/Gravy Garden Salad Assorted Fruits, Juice Choice of Milk	20 Mini Corndogs Baked Beans Coleslaw Assorted Fruits Choice of Milk	21 Chicken Nuggets Potato Salad Baby Carrots Assorted Fruits Choice of Milk	22 Pizza Day Cheesy Broccoli Baby Carrots Assorted Fruits Choice of Milk
25 Grilled Cheese & Tomato Soup Celery sticks Baby Carrots Assorted Fruits, Juice Choice of Milk	26 Sloppy Joes Potato Smiles Garden Salad Assorted Fruits, Juice Choice of Milk	27 Spaghetti/Meat Sauce Garlic Bread/Twist Baby Carrots Green Beans Assorted Fruits Choice of Milk	28 Avantis Gondola Loaded Baked Potato Cheesy Broccoli Garden Salad Assorted Fruits, Juice Choice of Milk	29 Pizza Day Baked Beans Baby Carrots Assorted Fruits Choice of Milk

A variety of entrée substitutes are offered daily and may include:
Cheeseburgers, Uncrustables, Deli Sandwiches, Wraps, Chef Salads,