



Olympia Food Service Manager
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ELEMENTARY October Menu

Breakfast and Lunch meals are currently provided free of charge for all Olympia Students

Adult Meal Prices: Breakfast 1.50 - Lunch 3.40
Menus are subject to change without notice

BREAKFAST

Breakfast Meals includes a whole grain entrée, choice of fruit, 100 % fruit juice, and/or milk. Fruit or juice must be taken with every meal.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| Breakfast Pizza Or Breakfast Bar Or Mini Cinnies Or Cereals Fruit, Juice Choice of Milk | Pancakes or Waffles Or Breakfast Bar Or Mini Cinnies Or Cereal Fruit, Juice Choice of Milk | Biscuits N Gravy Or Breakfast Bar Or Mini Cinnies Or Cereal Fruit, Juice Choice of Milk | Pancakes or Waffles Or Breakfast Bars Or Mini Cinnies Or Cereal Fruit, Juice Choice of Milk | Breakfast Sandwich Or Breakfast Bars Or Mini Cinnies Or Cereal Fruit, Juice Choice of Milk |



LUNCH

Each Lunch Meal includes an entrée, choice of fruit, veggies and/or milk.

A serving of fruit or vegetables is required to be taken with every meal.

Uncrustable Sandwiches and Yogurt, Cheese & Bread are available daily as an alternate entrée

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| 4 Cheese Pizza Green Beans Celery Sticks Assorted Fruits Choice of Milk | 5 Meatballs & Mac n Cheese Baby Carrots, Celery Pretzels Assorted Fruits Choice of Milk | 6 Early Out Lunch Manager's Sandwich Choice Baby Carrots Assorted Fruits Choice of Milk | 7 Chicken Sticks Baked Beans Broccoli Florets Assorted Fruits Choice of Milk | 8 Cheese Quesadilla Garden Salad Baby Carrots Garlic Bread/Stick Assorted Fruits Choice of Milk |
| 11 No School  | 12 Lion Bites (popcorn chic) Elephant Trunks (Carrot & Celery Sticks) Parrot Treats (crackers) Jungle Fruit Mud Pies (pudding) Choice of Milk | 13 Hungry Hungry Hippo Hamburgers/Bun Crocodile Cucumbers Baboon Baked Beans Snake Eggs (Grapes) Choice of Milk | 14 Gorilla Gondola Giraffe Munchies (Broccoli & Cauliflower) Safari Trail Mix Monkey Snack (Banana) Choice of Milk | 15 Cheetah Cheese Bites Golden Corn Safari Salad Jungle Fruit Choice of Milk |
| 18 Fish Nuggets Green Beans Baby Carrots Choice of Juice or Fruit Choice of Milk | 19 Bosco Sticks Golden Corn Garden Salad Assorted Fruits Choice of Milk | 20 Chicken Drumstick With Mashed Potatoes & Gravy Peas Assorted Fruits Choice of Milk | 21 Hotdog/Bun Baked Beans, Cucumbers Assorted Fruits Choice of Milk | 22 Cheese Pizza Garden Salad Baby Carrots Goldfish Crackers Assorted Fruits Choice of Milk |
| 25 Breaded Mozzarella Sticks/Marinara Green Beans Baby Carrots Choice of Juice or Fruit Choice of Milk | 26 Chicken Nuggets Baked Beans Baby Carrots Graham Treat Assorted Fruits Choice of Milk | 27 Breaded Pork/Bun Potato Smiles Tomatoes Assorted Fruits Choice of Milk | 28 Avantis Gondola Broccoli & Cauliflower Baked Chips Assorted Fruits Choice of Milk | 29 Cheese Pizza Garden Salad Corn Assorted Fruits Choice of Milk |

It's National School Lunch Week!! We're Wild about School Lunch!

