

CRISP COUNTY PRIMARY SCHOOL

AUGUST 2021 MENU

EVERY DAY AT LUNCH All students can choose either the lunch main course or a PBJ (soy butter and jelly sandwich) **and** choose between 2 different fruits and vegetables

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	30 PANCAKES or WAFFLES JUICE or FRUIT PIZZA SOY BUTTER & JELLY SANDWICH CORN/WATERMELON/MILK
2 CEREAL or CEREAL BAR / JUICE or FRUIT HAM AND CHEESE SANDWICH GREEN PEAS/CARROTS FRUIT/MILK	3 BREAKFAST PIZZA FRESH JUICE or FRUIT HOTDOGS BAKED BEANS COLE SLAW APPLESAUCE CUP/MILK	4 SAUSAGE BISCUIT JUICE or FRUIT OVEN FRIED CHICKEN BROCCOLI FRUIT/MILK	5 PANCAKE PUPS / JUICE or FRUIT BBQ SANDWICH CORN FRUIT VARIETY/MILK	6 CEREAL or CEREAL BAR / TOAST / JUICE or FRUIT CHEESEBURGERS FRIES CARROTS FRUIT/MILK
9 WAFFLES/SYRUP/ JUICE or FRUIT TACO SALAD PB&J SANDWICH CORN FRUIT/MILK	10 BLUEBERRY MUFFIN/ JUICE or FRUIT CORN DOG BAKED BEANS/COLE SLAW FRUIT MILK	11 CHICKEN BISCUIT FRESH JUICE or FRUIT BEEF PATTY W/ GRAVY RICE/GREEN BEANS WHEAT ROLL/FRUIT/MILK	12 PANCAKE PUP/ JUICE or FRUIT CHICKEN NUGGETS MASHED POTATOES GREEN PEAS ROLLS/FRUIT/MILK	13 SAUSAGE/BISCUIT / JUICE or FRUIT SLOPPY JOE SWEET POTATO FRIES APPLESAUCE CUPS/MILK
16 CEREAL or CEREAL BAR / JUICE or FRUIT PIZZA SALAD CALIFORNIA BLEND FRUIT /MILK	17 FRENCH TOAST STICKS/ JUICE or FRUIT BBQ SANDWICH CORN FRUIT VARIETY/MILK	18 APPLE STRUDEL FRUIT SPAGHETTI BROCCOLI COLE SLAW/FRUIT/MILK	19 BREAKFAST PIZZA / JUICE or FRUIT CHICKEN FAJITA RICE/GREEN PEAS ROLLS/FRUIT/MILK	20 PANCAKES or WAFFLES JUICE or FRUIT HAMBURGERS FRESH POTATO FRIES FRUIT/MILK
23 CEREAL BAR / TOAST with JELLY/ JUICE or FRUIT HAM AND CHEESE SANDWICH GREEN PEAS/CARROTS FRUIT/MILK	24 BREAKFAST PIZZA FRESH JUICE or FRUIT HOTDOGS BAKED BEANS COLE SLAW APPLESAUCE CUP/MILK	25 SAUSAGE BISCUIT JUICE or FRUIT OVEN FRIED CHICKEN BROCCOLI FRUIT/MILK	26 PANCAKE PUPS / JUICE or FRUIT BBQ SANDWICH CORN FRUIT VARIETY/MILK	27 CEREAL or CEREAL BAR / TOAST / JUICE or FRUIT CHEESEBURGERS FRIES CARROTS FRUIT/MILK
30 WAFFLES/SYRUP/ JUICE or FRUIT TACO SALAD PB&J SANDWICH CORN FRUIT/JUICE/MILK	31 BLUEBERRY MUFFIN/ JUICE or FRUIT CORN DOG BAKED BEANS/COLE SLAW FRUIT MILK	1 CHICKEN BISCUIT FRESH JUICE or FRUIT BEEF PATTY W/ GRAVY RICE/GREEN BEANS WHEAT ROLL/FRUIT/MILK	2 PANCAKE PUP/ JUICE or FRUIT CHICKEN NUGGETS MASHED POTATOES GREEN PEAS ROLLS/FRUIT/MILK	3 HOLIDAY NO SCHOOL

BREAKFAST and LUNCH SERVED AT NO CHARGE DAILY FOR ALL STUDENTS FOR THE ENTIRE SCHOOL YEAR EVERY DAY AT LUNCH

All students can choose either the lunch main course or a soy butter and jelly sandwich **and** choose between 2 different fruits and vegetables

BREAKFAST also has some choices

THE FOLLOWING ITEMS ARE INCLUDED IN MEALS BUT CAN ALSO BE BOUGHT SEPERATELY OR IN ADDITION TO THE ONE MEAL for each of the BREAKFAST and LUNCH periods .

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|---------------------|--------------------|
| SANDWICH 1.50 | ENTREES 1.50 |
| Milk -\$.50 | Fruit/Juice -\$.50 |
| Small Side-\$.50 | Large Side- \$.75 |
| Cereal bars - \$.50 | FRIES \$1.25 |

NO CHARGING ALLOWED. Money must be in account or collected when these items are purchased. STUDENTS can add money to account at school cafeteria, have money ready when selecting these items or put money into account at

<https://www2.mypaymentsplus.com/welcome>

ALLERGIES PLEASE request an allergy form for any students who have food allergies or a food disability. These can be picked up from either the front office or the kitchen staff

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WELCOME BACK TO SCHOOL LET'S HAVE A GREAT YEAR

Nutrition Tip:

August is Family Meals Month!

Family meals around the table provide an opportunity to spend time together.

Make time for family meals when planning your household's schedule each week.

Try to cook, eat up, and clean up together!

Reference: USDA My Plate