



**CRISP COUNTY  
ELEMENTARY SCHOOL  
AUGUST 2021 MENU**

**EVERY DAY AT LUNCH** All students can choose either the lunch main course or a peanut butter and jelly sandwich **and** choose between 2 different fruits and vegetables

**WELCOME BACK TO SCHOOL**

**LET'S HAVE A GREAT YEAR**

**Nutrition Tip:**

August is Family Meals Month!

Family meals around the table provide an opportunity to spend time together.

Make time for family meals when planning your household's schedule each week.

Try to cook, eat up, and clean up together!

Reference: USDA My Plate

This institution is an equal opportunity provider