

ALL BREAKFAST and LUNCH OFFERED DAILY AT NO CHARGE FOR ALL STUDENTS ALL YEAR-This is 1 meal per student

CRISP COUNTY HIGH SCHOOL AUGUST 2021 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	30 CEREAL & MUFFIN/FRUIT or JUICE LUNCH ENTREES PIZZA LUNCH VEGETABLES ETC. CORN WATERMELON MILK
2 CEREAL BAR FRUIT or JUICE /MILK LUNCH ENTREES BREADED CHICKEN SANDWICH or SPAGHETTI PB&J SANDWICH LUNCH VEGETABLES SWEET POTATO FRIES FRUIT/MILK	3 CHICKEN BISCUIT FRUIT or JUICE LUNCH ENTREES BBQ SANDWICH or CHICKEN FAJITA OVER RICE LUNCH VEGETABLES GREEN BEANS ROLLS VEGGIE JUICE FRUIT/MILK	4 SAUSAGE BISCUIT FRUIT or JUICE LUNCH ENTREES CHILI CHEESE FRIES or SUB SANDWICH or CHEF SALAD LUNCH VEGETABLES FRIES CELERY STICKS FRUIT MILK	5 WAFFLES FRUIT or JUICE LUNCH ENTREES BEEF PATTY w/GRAVY or CHICKEN SALAD SANDWICH or CHEF SALAD LUNCH VEGETABLES MASHED POTATOES GREEN BEANS SIDE SALAD/FRUIT/MILK	6 MUFFIN/YOGURT FRUIT or JUICE LUNCH ENTREES CHILI DOG or PIZZA or PB&J SANDWICH LUNCH VEGETABLES BAKED BEANS VEGGIE STICKS CHIPS/FRUIT/MILK
9 CEREAL BAR FRUIT or JUICE /MILK LUNCH ENTREES GRILLED CHICKEN SANDWICH or CHICKEN TERIYAKI or CHEF SALAD LUNCH VEGETABLES CORN SWEET POTATO FRIES FRUIT MILK	10 CHICKEN BISCUIT FRUIT or JUICE LUNCH ENTREES OVEN FRIED CHICKEN or MEATBALL SUB Or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES GREEN BEANS MAC-N-CHEESE VEGGIE JUICE FRUIT /ROLLS/MILK	11 SAUSAGE BISCUIT FRUIT OR JUICE LUNCH ENTREES TACO SALAD or HAM & CHEESE SUB or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES SIDE SALAD GARBANZO BEANS FRUIT/MILK	12 WAFFLES FRUIT or JUICE LUNCH ENTREES SAUSAGE DOG or FISH SANDWICH or CHEF SALAD PB&J SANDWICH LUNCH VEGETABLES FRIES SWEET PEAS FRUIT/MILK	13 MUFFIN/YOGURT FRUIT or JUICE LUNCH ENTREES CHEESE BURGER or CHEF SALAD PB&J SANDWICH LUNCH VEGETABLES BAKED BEANS VEGGIE STICKS CHIPS FRUIT/MILK
16 CEREAL BAR FRUIT or JUICE/MILK LUNCH ENTREES CHICKEN NUGGETS or PIZZA or BBQ SANDWICH or CHEF SALAD or PBJ SANDWICH LUNCH VEGETABLES GREEN BEANS SIDE SALAD FRUIT/MILK	17 CHICKEN BISCUIT FRUIT or JUICE LUNCH ENTREES CHILI CHEESE DOG or TUNA SANDWICH or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES SIDE SALAD FRIES PASTA SALAD FRUIT/MILK	18 SAUSAGE BISCUIT FRUIT or JUICE LUNCH ENTREES STEAK NUGGETS or COMBO SUB or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES MASHED POTATO BROCCOLI w/CHEESE FRUIT/MILK	19 WAFFLES FRUIT or JUICE LUNCH ENTREES SOFT TACO or TURKEY & CHEESE SUB or FRUIT or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES CORN CINNAMON ROLLS FRUIT/MILK	20 MUFFIN/YOGURT FRUIT or JUICE LUNCH ENTREES CORNDOGS or CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES SIDE SALAD SUNCHIPS FRUIT / MILK
23 CEREAL BAR FRUIT or JUICE/MILK LUNCH ENTREES BREADED CHICKEN SANDWICH or SPAGHETTI CHEF SALAD or PB&J SANDWICH LUNCH VEGETABLES SWEET POTATO FRIES FRUIT/MILK	24 CHICKEN BISCUIT FRUIT/JUICE LUNCH ENTREES BBQ SANDWICH or CHICKEN FAJITA OVER RICE or CHEF SALAD or LUNCH VEGETABLES GREEN BEANS ROLLS VEGGIE JUICE FRUIT/MILK	25 SAUSAGE BISCUIT FRUIT or JUICE LUNCH ENTREES CHILI CHEESE FRIES or SUB SANDWICH or CHEF SALAD LUNCH VEGETABLES FRIES CELERY STICKS FRUIT MILK	26 WAFFLES FRUIT or JUICE LUNCH ENTREES BEEF PATTY w/GRAVY or CHICKEN SALAD SANDWICH or CHEF SALAD LUNCH VEGETABLES MASHED POTATOES GREEN BEANS SIDE SALAD/FRUIT/MILK	27 MUFFIN/YOGURT FRUIT or JUICE LUNCH ENTREES CHILI DOG or PIZZA or PB&J SANDWICH LUNCH VEGETABLES BAKED BEANS VEGGIE STICKS CHIPS/FRUIT/MILK

LINES 1-3 will have the hot entrée and vegetables **OR** sandwich choice and vegetables. Also check out our fresh fruit for your meals.
PIZZA on MONDAYS and FRIDAYS

Extra items below will cost these amounts:
Gatorade 1.00
Bottled water 1.00
CHIPS/COOKIES \$.50-1.00
THESE ITEMS ARE INCLUDED IN MEALS BUT CAN ALSO BE BOUGHT SEPERATELY OR IN ADDITION TO THE ONE MEAL

Sandwich/Pizza- 1.50
Entrée-1.50(NOT SALAD)
Milk .50
Fruit/Juice .50
Money must be in student's account or student must have cash at time of sale
Money can also be put in account for student at each school cafeteria or go ONLINE to put money into accounts for extra items at <https://www2.mypaymentsplus.com/welcome> OFFERED EVERY DAY ON LINE 4 are 3 MEAL CHOICES

PIZZA MEAL, as with all meals, REQUIRES 1/2 CUP FRUIT OR VEGETABLE

BREAKFAST-

THERE IS A GRAB N GO BREAKFAST CHOICE DAILY. It has 2 Cereal Bars and a Fruit that can go in your bookbag for later. No eating in the classrooms. Take it with you if you have a club activity.



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<p>30</p> <p>CEREAL BAR FRUIT or JUICE /MILK</p> <hr/> <p>LUNCH ENTREES GRILLED CHICKEN SANDWICH or CHICKEN TERIYAKI or CHEF SALAD</p> <p>LUNCH VEGETABLES CORN SWEET POTATO FRIES FRUIT MILK</p>	<p>31</p> <p>CHICKEN BUSCUIT FRUIT or JUICE</p> <hr/> <p>LUNCH ENTREES OVEN FRIED CHICKEN or MEATBALL SUB Or CHEF SALAD or PB&J SANDWICH</p> <p>LUNCH VEGETABLES GREEN BEANS MAC-N-CHEESE VEGGIE JUICE FRUIT /ROLLS/MILK</p>	<p>1</p> <p>SAUSAGE BISCUIT FRUIT OR JUICE</p> <hr/> <p>LUNCH ENTREES TACO SALAD or HAM & CHEESE SUB or CHEF SALAD or PB&J SANDWICH</p> <p>LUNCH VEGETABLES SIDE SALAD GARBANZO BEANS FRUIT/MILK</p>	<p>2</p> <p>WAFFLES FRUIT or JUICE</p> <hr/> <p>LUNCH ENTREES SAUSAGE DOG or FISH SANDWICH or CHEF SALAD PB&J SANDWICH</p> <p>LUNCH VEGETABLES FRIES SWEET PEAS FRUIT/MILK</p>	<p>3</p> <p>NO SCHOOL HOLIDAY</p>
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WELCOME BACK TO SCHOOL
LET'S HAVE A GREAT YEAR

Nutrition Tip:
August is Family Meals Month!

Family meals around the table provide an opportunity to spend time together.

Make time for family meals when planning your household's schedule each week.

Try to cook, eat up, and clean up together!

Reference: USDA My Plate

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